

# Coles County

Partners in the Aging Network  
Directory of Services

## ADULT PROTECTIVE SERVICES:

Care Horizon, Inc. Elder Abuse Intervention Service 217-849-3065 Or 1-800-626-7911

Assists older persons who are victims of abuse, neglect and exploitation. Trained individuals use existing service systems to assure adequate and timely response to the needs of elder abuse victims and their families.

## BENEFIT ACCESS:

LifeSpan Center – Coles County Council on Aging.....217-639-5150

Assists seniors with applying for the Benefit Access Program which includes Seniors Ride Free Transit Benefit, Persons with Disabilities Ride Free Transit Benefit, and Secretary of State License Plate Discount.

## CAREGIVER ADVISORY:

Care Horizon, Inc.....217-384-3360

Provides help to an adult family member, or another individual, who is an informal provider of in-home care to an older individual in the form of information, assistance in gaining access to services, individual counseling/consultation and support services to help caregivers and grandparents raising grandchildren cope with their caregiving roles and/or develop and strengthen capacities for more adequate social and personal adjustments.

## CONGREGATE MEAL SITES:

Charleston – Cougill Senior Apartments  
Oakland Senior Center

Mattoon Fellowship Center  
LifeSpan Center

**Managing Provider:** Sarah Bush Lincoln Peace Meal +1(800)543-1770  
Or (217)345-1800

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Nutritious meals served at familiar locations, such as senior centers, to promote health and reduce isolation.

## COMPREHENSIVE CARE COORDINATION (CCU):

Care Horizon, Inc.....217-384-3360

If you are in need of services, a Case Manager will come to your home and talk with you and your family about your needs and what services are available to meet those needs. An older person in need of services would first meet with a case manager to discuss what kinds of activities he or she can do on their own, as well as those that would require help. The case manager can then identify services that could help the client continue living in their own home. For instance, an individual may need home-delivered meals or transportation to doctor appointments, help with medications, household chores or bathing. The case manager can help arrange these services in a “package” so that the older person can continue to live independently. The case manager is key to developing a plan of care and linking with other agencies that actually provide the care. Designed to help the older person stay in their home as long as possible.

## DISABILITY SERVICES:

*\*Not an ECIAAA Funded Service*

SAIL Center for Independent Living.....217-345-7245 Or 1-800-358-8080

Provides assistance to persons with disabilities. Centers for Independent Living are community-based, non-residential non-profit organizations by and for persons with disabilities, that help people with disabilities achieve maximum independence in work, school, housing and every other part of life.

## HOME DELIVERED MEALS:

Peace Meal.....217-345-1800 Or 1-800-543-1770

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Nutritious meals provided to older persons who are home-bound because of illness, physical or mental impairment or otherwise isolated.

## LEGAL SERVICES:

Land of Lincoln Legal Assistance.....217-356-1351 Or 1-800-747-5523

Advocates for and provides assistance with basic civil needs of an older person. Assistance can be provided to help in cases of elder abuse and neglect, financial exploitation, consumer fraud, landlord/tenant relationships and public benefit programs. Criminal, real estate and damage award cases cannot be handled by legal assistance.

## LONG-TERM CARE OMBUDSMAN:

East Central Illinois Area Agency on Aging.....309-829-2065 Or 800-888-4456  
**Wendy Lisanby ext. 1205**

Designed to protect the rights and needs of older persons living in a long-term care facility (nursing home). The Ombudsman receives, investigates, and resolves complaints while protecting the resident's privacy.

## RESPITE SERVICES:

Care Horizon, Inc.....217-348-3065

Provides temporary, substitute care or supervision of a functionally impaired person. Allows the primary caregiver time away to complete other tasks without disruption of the care of the individual.

## SENIOR INFORMATION SERVICES/COORDINATED POINT OF ENTRY:

LifeSpan Center – Coles County Council on Aging.....217-639-5150

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Provides information to help maintain seniors in the least restrictive environment.  
Directs callers to agencies that can provide the services they need.

## SHIP (SENIOR HEALTH INSURANCE PROGRAM):

LifeSpan Center – Coles County Council on Aging.....217-639-5150

Senior Health Insurance Program provides health insurance counseling services for Medicare beneficiaries and their caregivers.

## TRANSPORTATION:

\*Not an ECIAAA Funded Service

Dial-A-Ride (Coles County Council on Aging).....217-639-5169 Or 1-800-500-5505

Provides transportation to and from medical appointments.

## ADDITIONAL RESOURCES:

You may also look up more resources at this site:

<https://www.agingis.com/CSDpublic/px>

**Eldercare Locator:** 1-800-677-1116

**Long-Term Care Facilities look up tool from IL State Ombudsman**

<https://webapps.illinois.gov/AGE/OmbudsmanSearch>

### Home Care Ombudsman

If you would like to speak to a Home Care Ombudsman, you can call the Illinois Department on Aging Senior Helpline at 1-800-252-8966 or 1-888-206-1327 (TTY). Please press 4, "other services", and ask for a Home Care Ombudsman or email us at [Aging.HCOProgram@illinois.gov](mailto:Aging.HCOProgram@illinois.gov)

**ECIAAA:** 1-800-888-4456 **E-mail:** [aginginfo@eciaaa.org](mailto:aginginfo@eciaaa.org) **Website:** [www.eciaaa.org](http://www.eciaaa.org)