

Peace Meal

Senior Nutrition Program

June 2022



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Purpose:

The mission of Peace Meal is to provide quality meals for healthier lives. But we do so much more...

- Help seniors improve their nutrition (provide meals)
- Sustain the clients independence (institute safety and wellness checks and connect with local resources)
- Enhance the quality of their life (encourage socialization – at home or at congregate sites)



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Our Why

- Mission
- Social Determinants of Health
 - Food Insecurity
 - Social Isolation
- Sisters support this program and anticipate Peace Meal growing throughout our communities.



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Peace Meal Eligibility

- **Eligibility:** Anyone age 60 or older, with spouse regardless of age, is eligible to participate in Peace Meal. Five days a week, meals are served at congregate sites and home delivered meals are available to individuals who meet eligibility requirements after completing an assessment.
- **Cost:** Peace Meal requests a suggested donation of \$3.50 per meal (\$70/month). Participants are encouraged to contribute as they are able but no one will be turned away based on an inability to donate.
- **Meals:**
 - **Congregate meals:** Noon meals are served at a variety of community locations throughout the 7 county region. Health and nutrition topics are presented.
 - **Home Delivered Meals:** Meals are available to those who are unable to attend a nutrition site. Meals are available on a temporary or long-term basis. Not only will clients receive a meal, but they will also have daily contact with a driver.
- **Menu:** A fresh meal consisting of 1/3 of the dietary reference intakes for older adults.



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McLean County Congregate Sites

- Lincoln Towers- Pest Issue
- Woodhill Towers
- Phoenix Towers
- The ARC- Salad Bar starting in July!!!
- Chenoa- S&S
- LeRoy- S&S
- Lexington- S&S
- Miller Park
- Danvers



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McLean County Persons/Meals Served

- 750-800 meals served daily from Bloomington Kitchen Monday through Friday to all seven counties.
- 937 total persons served FY22 to date.
 - 292 Congregate
- Served 87,500 total meals served FY22 to date.
 - 18,156 Congregate
- FY21
 - 997 persons served (311)
 - 112,846 meals served (23,015)



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Questions

