

ECIAAA PUBLIC HEARINGS

Summary of the Proposed Area Plan Amendments for FY 2026





OLDER AMERICANS MONTH



FLIP THE SCRIPT ON AGING: MAY 2025



ECIAAA MISSION STATEMENT

Our mission is to lead and advocate for inclusive resources and services that empower the optimal aging of East Central Illinois' diverse older adults, individuals with disabilities, and their care partners.



ECIAAA VISION STATEMENT

**To optimize aging through innovative
person-centered services in East Central Illinois.**



ECIAAA CORE PRINCIPLES

Lead

We are committed to leading through collaborative planning, effective communication and oversight, advocacy, and innovative service development to meet the diverse needs of those we serve.

Advocate

We are committed to optimal aging through advocacy that is person-centered, supported by public policy, and provided by adequately funded services

Innovate

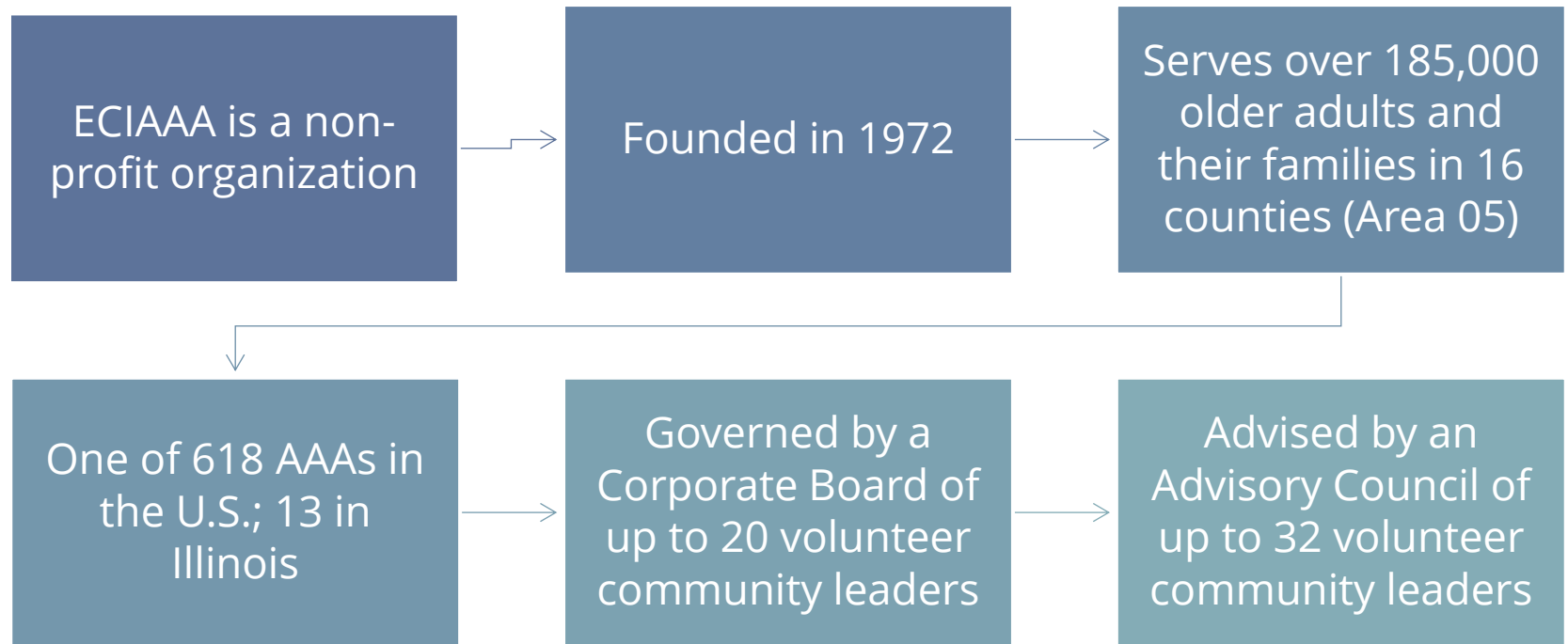
We are committed to encouraging, valuing, and supporting new and creative service ideas that meet the needs of those we serve.

Collaborate

We are committed to strengthening programs and services through inclusive and diverse community partnerships.



Who We Are:



ECIAAA STAFF

Susan C. Real, Chief
Operating Officer

Amanda Hyde,
Director of
Operations

Kelly Elsey-Coffey,
Controller

Kathryn Johnson,
Community Liaison

John Thornburg,
Grants Management
Analyst

Nyah Creer,
Executive Services

Jennifer Roberts,
Service Compliance
Coordinator

Jennifer Hooker,
Service Compliance
Coordinator

Wendy Lisanby,
Service Compliance
Coordinator

Kimra Shafer,
Service Compliance
Coordinator

Ryan Gannaway,
Regional
Ombudsman

Angie Baker, Long
Term Care
Ombudsman

Landyn McGuire,
Long Term Care
Ombudsman

Christian Weber,
Long Term Care
Ombudsman

Courtney Bun, Long
Term Care
Ombudsman

Tammy Hone,
Accountant



What We Do

Access Services – Senior Information
Services/Coordinated Points of Entry

Nutrition Services – Congregate & Home
Delivered Meals

Caregiver Advisory Services

Legal Services



What We Do

Regional Long Term Care Ombudsman Program

Healthy Aging/Evidenced-Based Programs

Reducing Social Isolation Programming

Dementia Friendly America Training



What We Do

Adult Protective Services – (Federal Elder Rights)

Senior Health Assistance Programs

Senior Health Insurance Programs

Medicare Improvement for Patients & Providers

Senior Medicare Patrol



What We Do

Long Term Care Systems Development

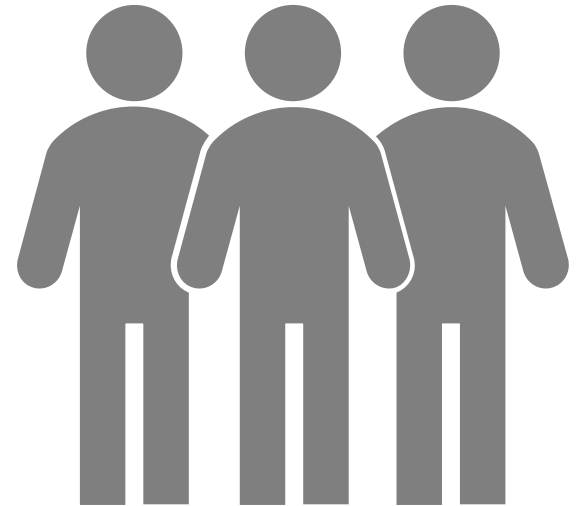
Senior Farmer Market Nutrition Program

Veterans Independence Program



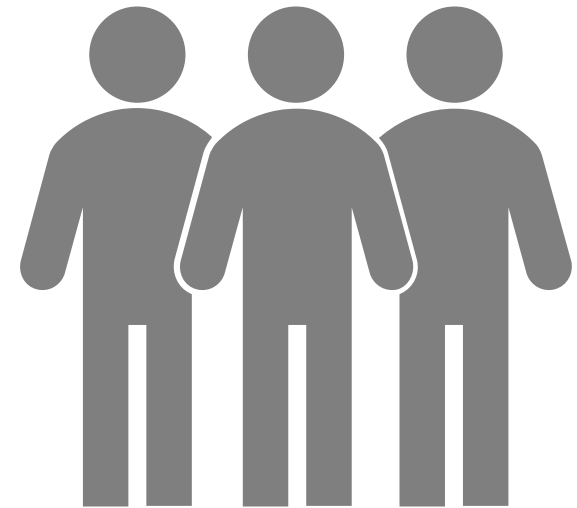
ECIAAA serves older adults, family caregivers and grandparents raising grandchildren through...

- ❖ Advocacy in Action
- ❖ Planning, Program Development and Coordination
- ❖ Supporting Community Programs on Aging
- ❖ Providing easy access to information, assistance, services and supports



ECIAAA serves older adults, family caregivers and grandparents raising grandchildren through...

- ❖ Developing community-based long-term services and supports
- ❖ Advocating for residents in long-term care facilities
- ❖ Responding to abuse, neglect and exploitation



Advocacy in Action!



**Legislative Update
2024 Accomplishments
January 31, 2025
10:00 a.m. -11:15 a.m.**



Illinois Association of Area Agencies on Aging | 1910 S. Highland Ave Lombard, IL 60148 | 630.293.5990

Advocacy in Action!



Illinois Association of Area Agencies on Aging

2024 I4A Factsheet (Preliminary)

(Source: Preliminary Numbers from the Preliminary Elderly Department on Aging 2020 CNA Title II and US State Program Report)



The Illinois 13 Area Agencies on Aging served 478,113 adults aged 60 and over during FY 2024 or 16.5% of the senior population. Since the 1970s, each Area Agency on Aging has helped to build a network of aging services at the local level, incorporating the preferences of local participants.

Aging services assist older adults, their caregivers, grandparents raising grandchildren, people with disabilities, and veterans. The Area Agencies continued the initiative to reduce social isolation among older adults and their caregivers during 2024.



295 Provider Agencies

Area Agencies on Aging collaborate with community providers to ensure older adults and their caregivers have access to home and community-based services.

726,346 Service Units Provided for Information, Assistance, & Outreach



Information, assistance, and outreach helps older adults make informed decisions about program, benefits, and services to help them live independently at home for as long as possible.



13,010 Older Adults

Received Options Counseling

Options Counseling advises older adults about cost-effective options for community-based, long-term services and supports.

356,401 Rides Provided to Older Adults



Transportation programs provide older adults access to medical appointments, shopping, congregate dining locations, and senior centers.



22,215 Older Adults Received In-Home Services

In-home services include housekeeping, respite care, telephone reassurance, and minor home repairs.

22,178 Adult Protective Services Reports



The Illinois Department on Aging awards grants to Area Agencies on Aging to serve as Regional Administering Agencies for the statewide Adult Protective Services Program.



41,416 Consultations provided by the Ombudsman Program

The Illinois Long-Term Care Ombudsman Program (LTCOP) is a resident-directed advocacy program which protects and improves the quality of life for residents in a variety of long-term care settings.

1048 Lake Street, Suite 300

Oak Park, IL 60301

Updated: Preliminary January 27, 2025



The Illinois Family Caregiver Act

An Opportunity to Support Caregivers

SB 2617, Sponsored by Sen. Lightford

HB 4014, Sponsored by Rep. Lilly

Support

Fund the Illinois Family Caregiver Act

The law, PA 93-0866, passed in 2004, established a caregiver support program to assist unpaid caregivers including grandparents raising grandkids (kinship care) through training and education to develop essential caregiving skills and other interventions to provide relief and reduce stress. In 2023, the Illinois General Assembly passed \$5 million in funding to support the Illinois Family Caregiver Act for FY24. This was the second time the act has been funded at the state level. We greatly appreciate the \$5 million appropriation however more funding is needed to adequately support Illinois Family Caregivers.

Our Ask

Increase from \$5 to \$6 million to fund the Illinois Family Caregiver Act, an investment in our family caregivers.

100% of funds will go towards expanding existing services to support:

- Evidence-based assessments that tailor interventions to caregivers' unique needs
- Support services and respite care that provide temporary relief to caregivers
- Hands-on caregiver training, education and stress relief programs
- A wide range of other support for Grandparents & others raising children
- Saves Medicaid dollars by delaying costly nursing home placement

Reach Out

Questions or comments, please contact:

Diane Slezak – Diane.Slezak@AgeOptions.org Susan Real – Sreal@i4aaa.org



Illinois Aging Together



Coordinated Care Alliance



Illinois Association of Area Agencies on Aging



Issued 2/5/25

Advocacy in Action!



Illinois Association of Area Agencies on Aging 2025 State Legislative Priorities

SUPPORT UNPAID FAMILY CAREGIVERS

Increase Illinois Family Caregiver Act¹ funding from \$5m to \$6m to support unpaid family caregivers.

- An AARP study found there are **over 1.3 million caregivers²** in Illinois **providing 1.21 billion hours** of unpaid work annually with an estimated value of \$21 billion!
- Support for unpaid caregivers is proven to delay nursing home placement by 18 months and **save Medicaid dollars.**

EXPAND PROGRAMMING TO COMBAT SOCIAL ISOLATION

From \$1m to \$2m to support programs to alleviate isolation among older people.

- Lack of social connection increases the risk of premature death as if **smoking 15 cigarettes a day.**
- According to a 2023 US Surgeon General's report, "Loneliness can have profound effects on mental health, heart disease, stroke and dementia, **resulting in billions of dollars spent in health care costs.**"

INCREASE STATE FUNDING FOR ALZHEIMER'S DISEASE AND RELATED DISORDERS

From \$1m to \$2m to "fill the gaps" in services and fund evidence-based training for caregivers.

- Without this support, caregivers may face placing their loved ones into long-term care settings prematurely.
- Alzheimer's is the **6th leading cause of death and most expensive disease in America.**

SUSTAIN STATE FUNDING FOR HOME DELIVERED MEALS

This funding meets increased demands for meals, supports the skyrocketing costs for food, gas, and labor.

- During FY 2023, **11M meals** were served to over 75,000 older adults statewide.

EDUCATE OLDER ADULTS ON SCAMS

Increase funding by **\$1m** for Area Agencies on Aging to educate and increase awareness of scams and reduce financial exploitation.

- Reported scams impacting those aged 60+ ballooned from \$931 million in 2021 to \$1.86 billion in 2023, an **Increase of 100%³.**

For more information, please contact I4A Legislative Committee Co-Chairs:
Susan Real, CEO East Central Illinois Area Agency on Aging at (309) 829-2065, SReal@eciaaa.org OR
Diane Slezak, CEO AgeOptions at (708) 383-0258, Diane.Slezak@ageoptions.org


¹ PA 93-0864 was passed in 2004 but went unfunded until 2022.

² AARP's updated Annual Survey 2023

³ Protecting Older Consumers: A Report of the Federal Trade Commission, 2021-2022 and 2023-2024



Advocacy in Action!




ECIAAA


*Living Strong
Aging Strong*


ECIAAA FY2024 Factsheet

ECIAAA plans, coordinates, and advocates for the development of a comprehensive service delivery system for an estimated 188,000 persons 60 years of age and older, persons with disabilities, caregivers, grandparents, and other relatives raising children in communities throughout the 16 counties of East Central Illinois.


24,728 people served through OAA Title III Supported Services


**78,314 Information and Assistance Service Units**


**Health Promotion provided to 330 Older Adults**

**Reducing Social Isolation Pilot Projects
4,479 Service Units provided to 852 Older Adults**

Nutrition


**192,186 Congregate Meals served to 4,565 Older Adults**


**686,278 Home Delivered Meals served to 4,157 Older Adults**




Family Caregiver Services


Grandparents and Other Elderly Caregivers Serving Children
Counseling and Training: 291 Caregivers Served
Supplemental Services: 103 Caregivers Served


**Caregiver Serving Elderly Individuals**
Counseling and Training: 981 Caregivers Served
Supplemental Services: 60 Caregivers Served
Respite: 31 Caregivers Served



OAA Title VII Elder Justice

**1,628 Adult Protective Services Intakes**

**3,537 Long Term Care Ombudsman Consultations**

**3,035 units of Legal Assistance Provided**



Advocacy in Action!

USAging

Leaders in Aging Well at Home

OLDER AMERICANS ACT

GET THE FACTS

For more than 50 years, the Older Americans Act (OAA) has connected older adults and their caregivers to services that help older adults age with health, dignity and independence in their homes and communities—where they want to be! In 2025, Congress must again reauthorize this vital federal program that serves every community in the country. With the rapid growth of America's aging population, one in five Americans are projected to be 65 or older by 2030. It is essential that Congress make wise investments in critical OAA programs and services.

Why is the OAA Important? The OAA...

Enables aging well at home and in the community—where people want to be.

The OAA enables the local delivery of services and supports that can help older adults be better able to age where they want—in their homes and communities. Examples include in-home help, meals, transportation, home modification, legal services and many other supportive services that keep older adults healthy and independent.

Prevents the need for more expensive long-term care or avoidable health care costs.

Services provided at home and in the community are almost always less expensive than institutional care provided in nursing homes or assisted living. The longer older adults can successfully age at home, the better it is financially for families and the federal government. OAA programs and services also support healthy aging, further saving Medicare and Medicaid dollars.

Supports family caregivers.

Family caregivers are the backbone of the nation's long-term services and supports system. The OAA provides vital supports to caregivers to bolster their ability to continue caring for their loved ones.

Reflects community needs.

OAA services are delivered through a nationwide network of community-based agencies and service providers that know and can best meet the needs of older adults and caregivers in their communities through a range of programs and services. While the services are generally available to everyone age 60 and older, they are targeted to those most in need of support to age well at home.

Protects vulnerable older adults.

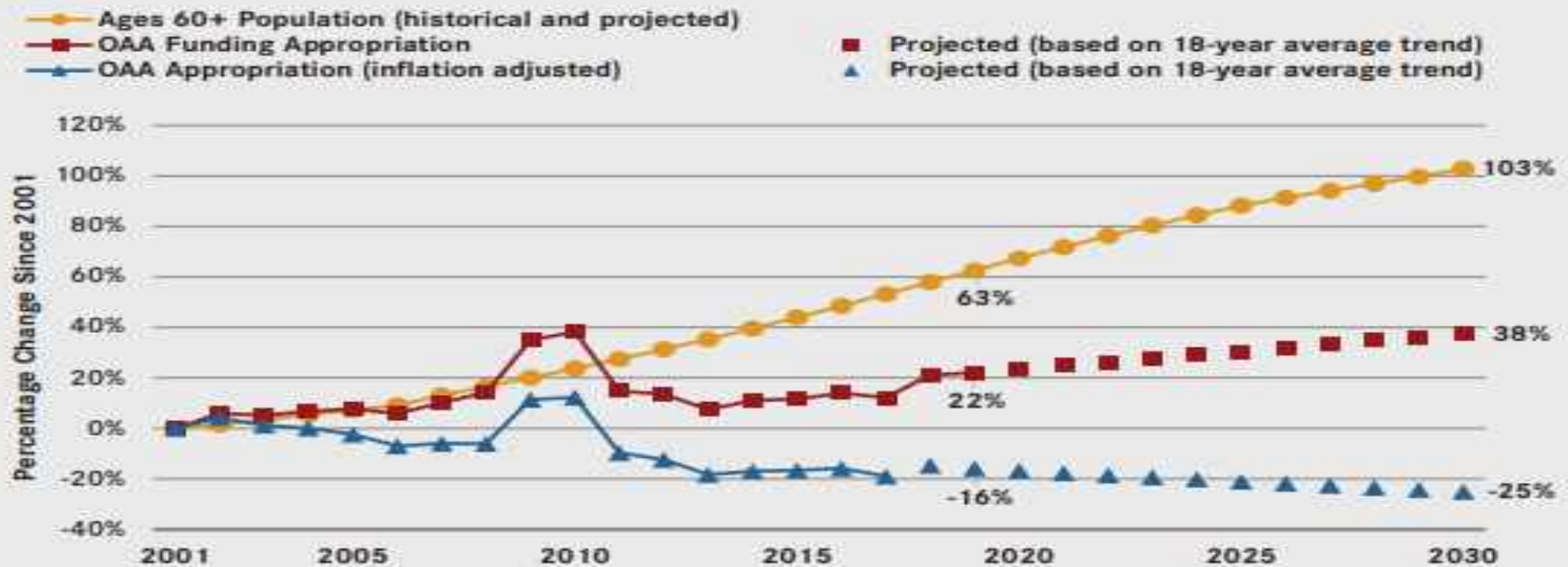
The Act's services also help to identify and prevent the abuse and neglect of older Americans, as well as protect the rights of nursing home residents through an ombudsman program.

Visit www.usaging.org/OAA to learn more about the Older Americans Act reauthorization.



Advocacy in Action!

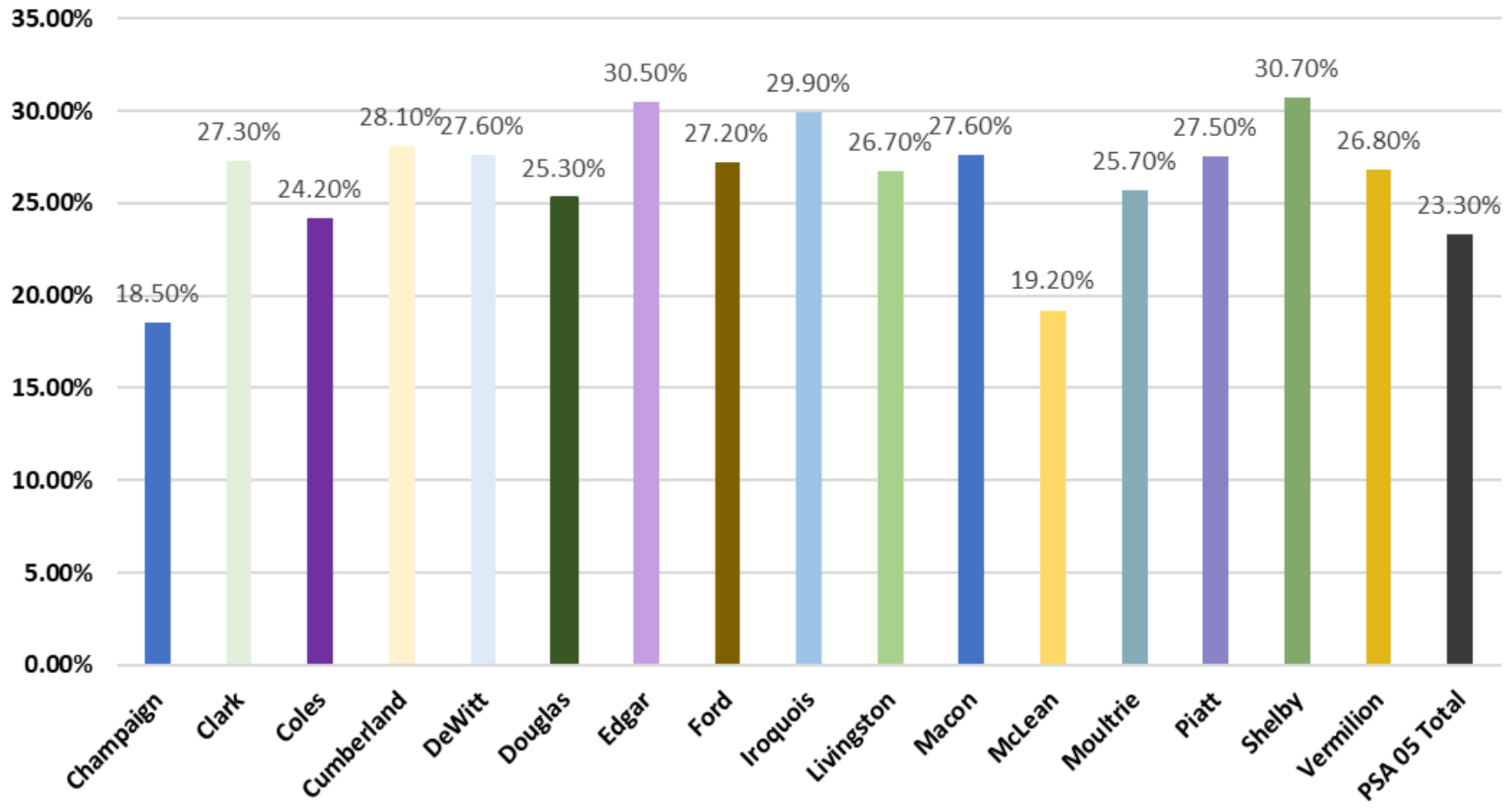
Percentage Change in Actual and Inflation Adjusted Funding Allocations for Older Americans Act Programs and Ages 60+ Population 2001-30 (future values projected)



Source: Funding appropriations for OAA and other aging services programs for FY 2001–FY 2004 from CRS Report for Congress, Older Americans Act: History of Appropriations, FY 1966–FY 2004, June 18, 2004. Funding appropriations for FY 2005–FY 2009 from CRS Report for Congress, Funding for the Older Americans Act and Other Aging Services Programs, February 22, 2013. Data for FY 2010–FY 2019 funding appropriations from CRS Older Americans Act: Overview and Funding, November 14, 2018. Ages 60+ populations estimates from US Census Bureau, Population Division. Annual Estimates of the Resident Population for Selected Age Groups by Sex for the United States: April 1, 2000 to July 1, 2009, released June 2010, and April 1, 2010 to July 1, 2017, released June 2018. AARP Public Policy Institute calculations from Regional Economic Models Inc., eREMI 4.1.0 (build 4681) standard regional control. AARP Public Policy Institute calculations using annual average consumer price index 2001–17 data and projections based on 18-year average trend, from US Department of Labor, Bureau of Labor Statistics, Table 24. Historical Consumer Price Index for All Urban Consumers: US City Average, All Items, https://www.bls.gov/cpi/tables/supplemental_files/historical-cpi-u-201811.pdf, accessed, January 10, 2019.

Advocacy in Acton!

60+ Population % of Total Population





ECIAAA Advocacy Agenda for FY 2026

- ❖ ECIAAA is the regional focal point for advocacy on behalf of Older Americans, caregivers, and grandparents/relatives raising grandchildren/children in Area 05.
- ❖ ECIAAA is a member of USAging – formerly known as the National Association of Area Agencies on Aging, and **IAA** - the Illinois Association of Area Agencies on Aging.
- ❖ ECIAAA supports the following advocacy agenda for 2026:



Older Americans Act Reauthorization - The Future of Aging is Now FY 2026

**Goal 1: To Serve More Older Adults Who Need Help to
Age Well at Home**

**Goal 2: To Meet the Needs of Today's and Tomorrow's
Older Adults**

**Goal 3: To Maintain Efficient Oversight and Management
of Local Service Delivery to Ensure Quality**

Advocacy in Action – Federal Level Leaked Budget proposed by DOGE FY 2026 Budget

- ❖ ECIAAA will present in more detail the leaked budget proposed by DOGE –the new Department of Government Efficiency which provides more detail of the Administration’s plan to fund Older Americans Act Services in FY 2026**
- ❖ ECIAAA Report on proposed FY 2026 Budget detail will be presented in the latter section of the of this Public Hearing.**



Advocacy in Action- State Level

Strengthen Family Caregiver Support

❖ The Illinois Association of Area Agencies on Aging has requested **\$6 million** in state funding (HB 4014 and SB 2617) to assist family caregivers under the Illinois Family Caregiver Act.

❖ **CAREGIVER FUNDING - \$5 M Sustained**

The Illinois proposed budget for FY 2026 includes the sustained allocation of **\$5 M** for AAAs to strengthen services to caregivers in Illinois.



Advocacy in Action- State Level

- ❖ **Continue Supporting Essential Services for Older Adults**
- ❖ I4A requested level funding for nutrition programs, social engagement programs, and for Alzheimer's Disease and Related Dementias.
 - ❖ The US Surgeon General – Vivek H. Murthy. MD, states in the Report:
“Loneliness can have profound effects on mental health, heart disease, stroke and dementia, resulting in billions of dollars spent in health care costs.”



Advocacy in Action- State Level

❖ Continue Supporting Essential Services for Older Adults

❖ INCREASED FUNDING - \$8 M in Home Delivered Meals.

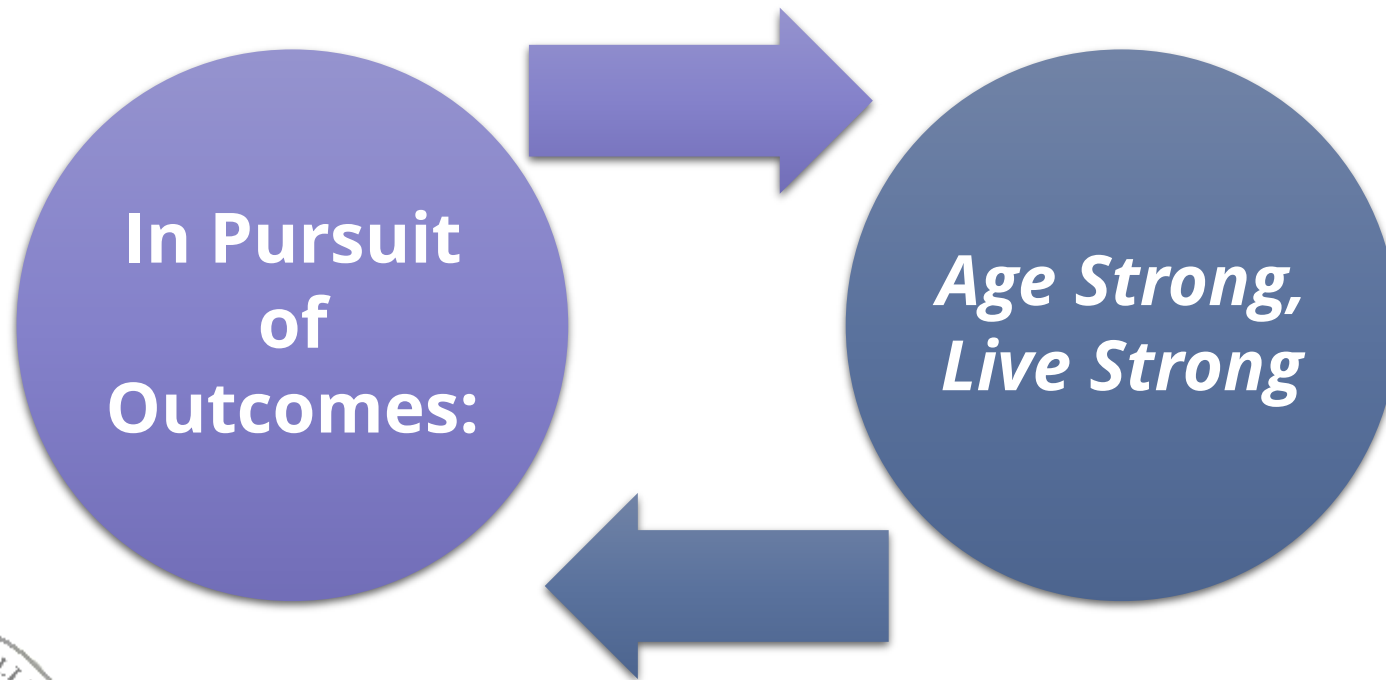
The Illinois proposed budget for FY 2026 includes an increase to meet the increased food and delivery costs for home delivered meals.

ECIAAA will also consider as a priority the following:

1. Expand the provision of cultural/ethnic meals
2. Add medically tailored meals
3. Provide 2 meals per day for older adults at high nutritional risk
4. Expand partnerships with non-traditional meal providers, including restaurants and hospitals.



ECIAAA's Planning & Assessment Process



ECIAAAA wants to hear from you!

Have you or someone you know...

Received a home delivered meal?

Received help with a Medicare Part D application?

Attended a support group for family caregivers?

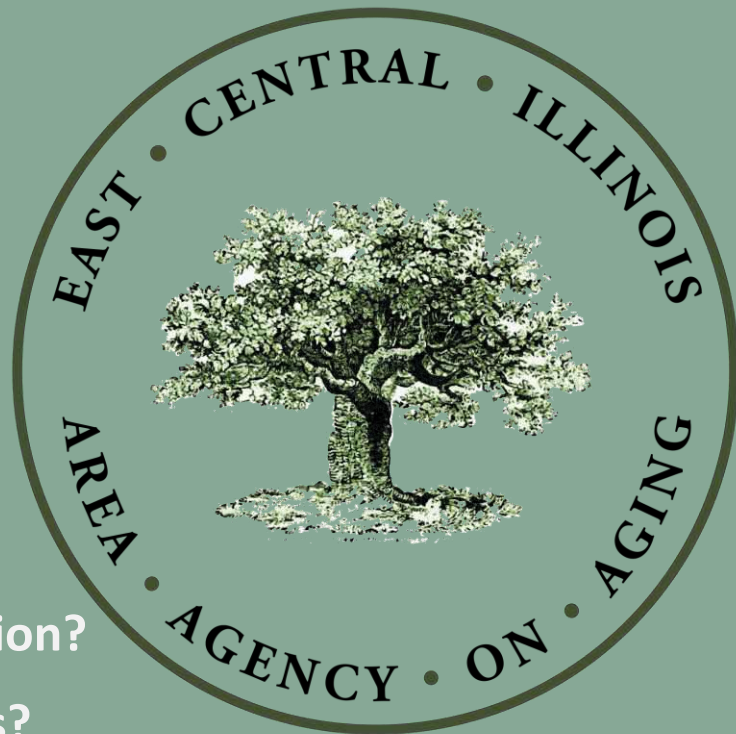
Obtained legal assistance to deal with a public housing issue?

Experienced abuse, neglect, and/or financial exploitation?

In these uncertain times, community-based programs serve as a lifeline for older adults and their caregivers, grandparents raising grandchildren, nursing home residents, victims of abuse, and individuals with disabilities. As demand for these services increase; state and federal support must also increase.

Your voice is vital and must be heard!

Please join us for the County Conversation on Aging in your County.



Performance Outcome #1 – CPoE/Senior Information Services

Older adults served by Coordinated Points of Entry/Senior Information Services are empowered to engage in services and improve their quality of life

- ❖ The Coordinated Point of Entry/Senior Information Services Program provided by ECIAAA is resulting in older adults and persons with disabilities experiencing financial security, peace of mind, independence, and improving their overall health, well-being, and quality of life.



Performance Outcome #2 – Caregiver Advisory Services

Caregivers are supported to enable them to continue caring for their loved ones

- ❖ The caregiver services provided by ECIAAA are resulting in caregivers and grandparents raising grandchildren (GRG) accessing programs and services to support them in their caregiving roles and receiving counseling and/or participating in support groups to better equip themselves to cope with the responsibilities of caring for their loved ones. Caregiving services enable older adults to continue living in their homes for longer periods of time.



Performance Outcome #3 – Nutrition Services

Older adults have improved food security and reduced social isolation

- ❖ Nutrition services provided by ECIAAA are improving food security, increasing opportunities for socialization, reducing feelings of isolation, helping participants to eat healthier, make better food choices, and improve their health, promoting independence, and enabling older adults to live at home.



Performance Outcome #4 – Legal Services

Older adults receive specialized legal services to address their legal needs

- ❖ Legal services provided by ECIAAA are promoting the independence and financial stability of older persons by increasing their knowledge and understanding of consumer, legal, medical, and financial rights and responsibilities.



FY 2025- FY 2027 Planning Process County Conversations Summary

ECIAAA Conducted 12 County Conversations from January 23, 2024, through February 9, 2024.

Total Participants – 300
(200 unduplicated/100 duplicated)



FY 2025- FY 2027 Planning Process County Conversations Summary

Objective I

Presented the performance results for Older Americans Act Services - Legal, Nutrition, Caregiver Advisory and CPoE/Senior Information Services.



FY 2025- FY 2027 Planning Process County Conversations Summary

Objective II

Obtained input from participants how ECIAAA can improve the OAA services provided, and how ECIAAA can improve OAA service delivery.



FY 2025- FY 2027 Planning Process County Conversations Summary

Objective III

Served as an advocacy platform to inform lawmakers about how vital these programs are to their constituents and that funding for Older Americans Act services must be preserved and increased!



FY 2025- FY 2027 Planning Process County Conversations Summary

Questions Asked...



HOW CAN WE IMPROVE THE OAA SERVICES PROVIDED?

HOW CAN WE IMPROVE OAA SERVICE DELIVERY?



FY 2025- FY 2027 Planning Process County Conversations Summary

Reducing Social Isolation Programming:

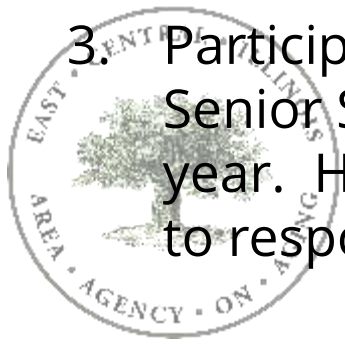
1. Participants reported the need to increase services to reduce social isolation (i.e. improve social connections) among older adults. Pilot programs have been launched in Champaign, Clark, Coles, Cumberland, Douglas, Macon, McLean, and Vermilion Counties. However, all counties in PSA 05 could benefit from such programs.
2. Based on preliminary results of an IDOA pilot project in Coles County, more older individuals have expressed their lack of social and family connections.



FY 2025- FY 2027 Planning Process County Conversations Summary

Senior Information Services/Coordinated Points of Entry (SIS/CPoE)

1. Service Providers and participants support the current SIS/CPoE Service Program Design as originally implemented by ECIAAA in FY 2011, which was continued in subsequent ECIAAA Request for Proposals (RFP) cycles and will be continued during the ECIAAA RFP Cycle for FY 2025 – FY 2027.
2. Federal and state funding has remained stagnant since FY 2011, increased funding is needed to respond to the growing demand for services.
3. Participants expressed appreciation for the availability of Flexible Senior Services (i.e. gap filling services) at the beginning of the fiscal year. However, participants reported the need for increased funding to respond to the increased demand in services.



FY 2025- FY 2027 Planning Process County Conversations Summary

Senior Information Services/Coordinated Points of Entry (SIS/CPoE)

4. Participant's report SHIP Counselors provide many important services that are not available online or through IDOA's Senior Helpline.
5. Participants reported that individuals with disabilities continue to be a large portion of the SIS customer base. Options Counseling added to the SIS/CPoE Program area wide has helped address the demand for services.
6. Ethnic diversity is increasing in all communities – ECIAAA needs to ensure services are targeting diverse groups.
7. It was a consistent theme that the ECIAAA Aging Network needs to do a better job of reaching out to older adults. ECIAAA in in the process of establishing a messaging and public relations plan to help promote the Senior Information Services/Coordinated Point of Entry services throughout PSA 05.



FY 2025- FY 2027 Planning Process County Conversations Summary

Caregiver Advisory Services

1. Service Providers and participants support the current Caregiver Advisory Program Design as originally implemented by ECIAAA in FY 2002, which was continued in subsequent ECIAAA Request for Proposals (RFP) cycles and will be continued during the ECIAAA RFP cycle for FY 2025 – FY 2027.
2. Participants reported the need to establish Kinship Care programs in PSA 05 – allowing grandparents/relatives raising children of all ages (not just 55+) access to support services.



FY 2025- FY 2027 Planning Process County Conversations Summary

Caregiver Advisory Services

3. Participants reported that caregivers appreciate the Flexible Senior Services (AKA) gap filling services and Alzheimer's Disease and Related Dementias Gap Filling Services implemented by ECIAAA.
4. Participants reported the need to better promote Caregiver Advisory Services for family/informal caregivers and grandparents/relatives raising grandchildren/children throughout PSA 05.
5. Participants reported the need for increased funding for the ECIAAA-funded Caregiver Advisory Program due to the growing demand for services.



FY 2025- FY 2027 Planning Process County Conversations Summary

Nutrition Services

1. Service Providers and participants reported no recommendations for changes to the current service delivery design for Nutrition Services as originally implemented by ECIAAA in FY 2015, which was continued in subsequent ECIAAA Request for Proposals (RFP) cycles and will continue during the upcoming ECIAAA RFP cycle (FY 2025 – FY 2027).
2. Service providers and participants reported that the nutritional needs of rural elders must be met.
3. Increased funding is needed to sustain the American Rescue Plan Act (ARPA) initiative of targeting a second meal to nutrition clients assessed at higher risk.
4. Participants reported the need to better promote the OAA-funded Nutrition Programs throughout PSA 05.



FY 2025- FY 2027 Planning Process County Conversations Summary

Legal Services

1. Service Providers and participants support the current Legal Assistance for Older Adults Service Program Design as originally implemented by ECIAAA that has been established in subsequent ECIAAA Request for Proposals (RFP) cycles and will continue during the ECIAAA RFP cycle for FY 2025 – FY 2027.
2. Legal assistance providers reported they have added outreach staff to increase their presence throughout PSA 05. Participants reported the continued need to reach homebound older adults needing legal assistance.





FY 2025- FY 2027 Planning Process County Conversations Summary

Legal Services

3. Participants reported the need to better promote services to older adults needing legal assistance.
4. Participants recognized the importance of providing legal assistance to victims of abuse, neglect and exploitation.
5. Participants reported the need to increase funding to legal assistance providers to meet the demand for legal services for older adults.



FY 2025- FY 2027 Planning Process County Conversations Summary

Adult Protective Services

1. Social isolation is a major risk factor among victims of abuse, neglect and exploitation.
2. ECIAAA needs to continue promoting awareness and training to members of law enforcement throughout PSA 05.
3. ECIAAA needs to continue supporting the development of TRIADs throughout PSA 05.
4. The collaboration between APS providers and legal service providers needs to increase when working with victims of abuse, neglect and exploitation.



FY 2025- FY 2027 Planning Process County Conversations Summary

ECIAAA Regional Long-Term Care Ombudsman Program

1. Successful collaboration - Legal Service providers have assisted an increased number of residents of long-term care facilities facing involuntary discharge action. Continued collaboration is needed.



FY 2025- FY 2027 Planning Process County Conversations Summary

Transportation Services in PSA 05

1. The need for transportation services for older adults was a consistent theme at all twelve (12) county conversations.
2. Participants reported that current urban/rural public transportation programs are not able to address the need for person-centered, assisted transportation that many older adults require.

ECIAAA ANNOUNCEMENT: ECIAAA will consider funding transportation services in the future if ECIAAA receives an increased allocation under Title III-B of the Older Americans Act. Therefore, our advocacy to increase Older Americans Act funding, specifically in Title III-B, is critically important!



FY 2025- FY 2027 Planning Process County Conversations Summary

Adult Day Services (ADS) in PSA 05

1. ECIAAA experienced the loss of the ADS Provider in Bloomington/Normal in 2020 and another in Decatur in 2021. The need for ADS services in PSA 05 was the highest-ranking need at 956. Therefore, ECIAAA needs to take action to recruit new ADS providers to serve both Bloomington/Normal and Decatur.



FY 2025 ECIAAA Community Assessment Survey for Older Adults

Survey Objectives:

- Identify community strengths to support successful aging
- Articulate the specific needs of older adults in the community
- Estimate contributions made by older adults to the community
- Develop estimates and projections of resident need in the future

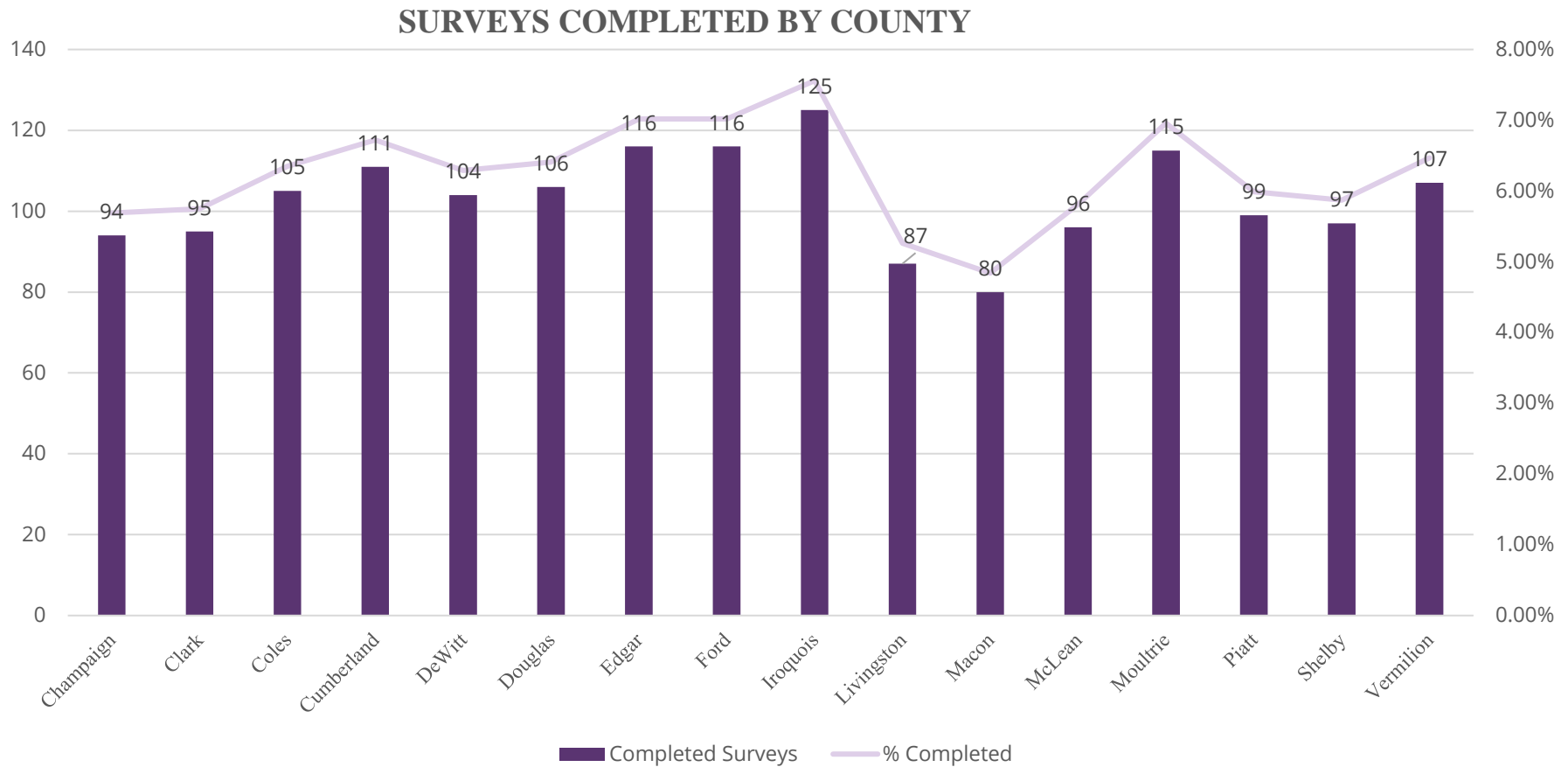
Survey Methods:

- Random sample of older adult house holds
- Multi-contact method mailed and online survey
- Data statistically weighted to reflect older adult population

Survey Sample & Collection:

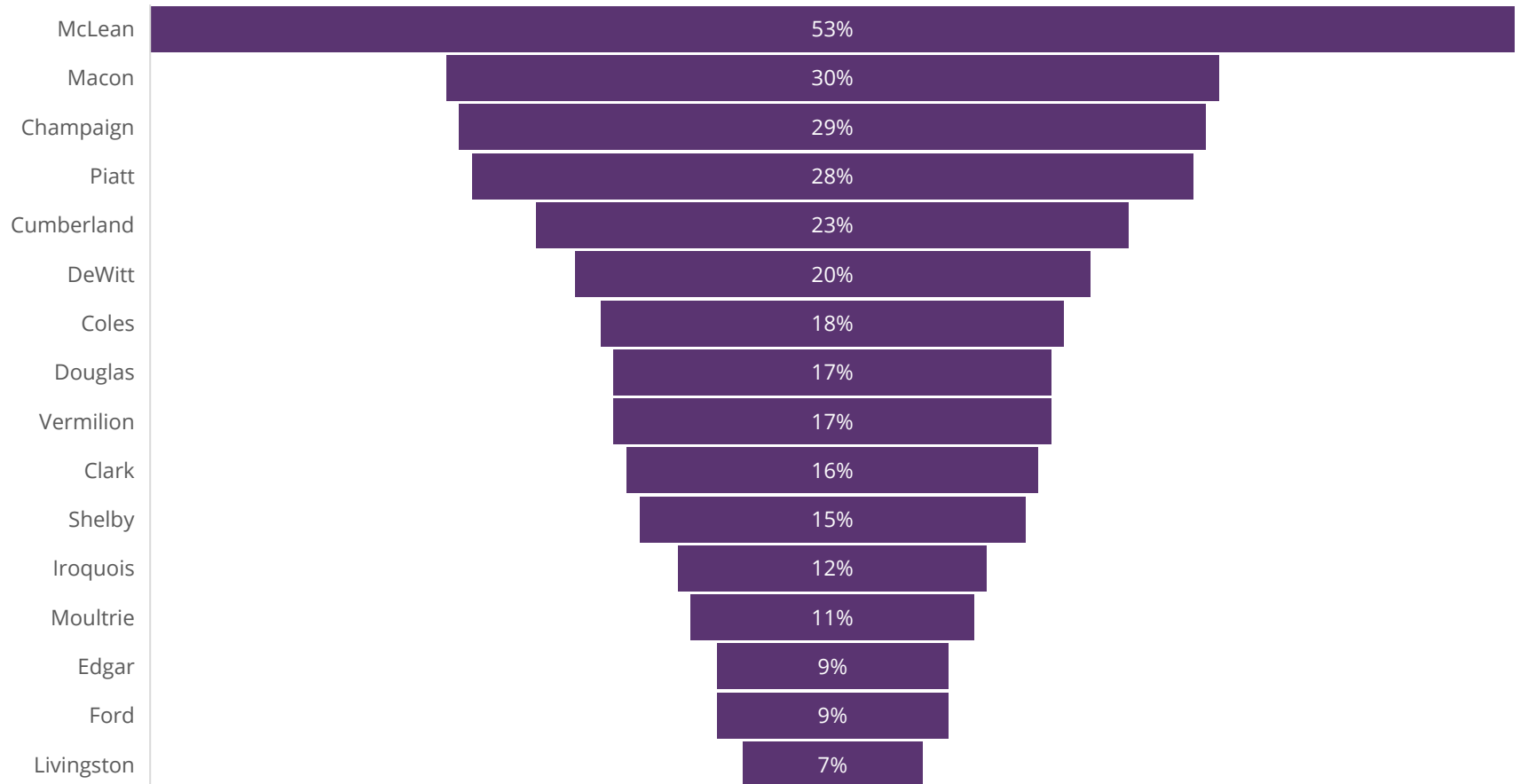
- 22,400 invitations sent (1,400 per county)
- Age range targeted: 50 – 100
- 801 invitations undeliverable (3.5%)
- 1,653 completed surveys received (8%)

FY 2025 ECIAAA Community Assessment Survey for Older Adults



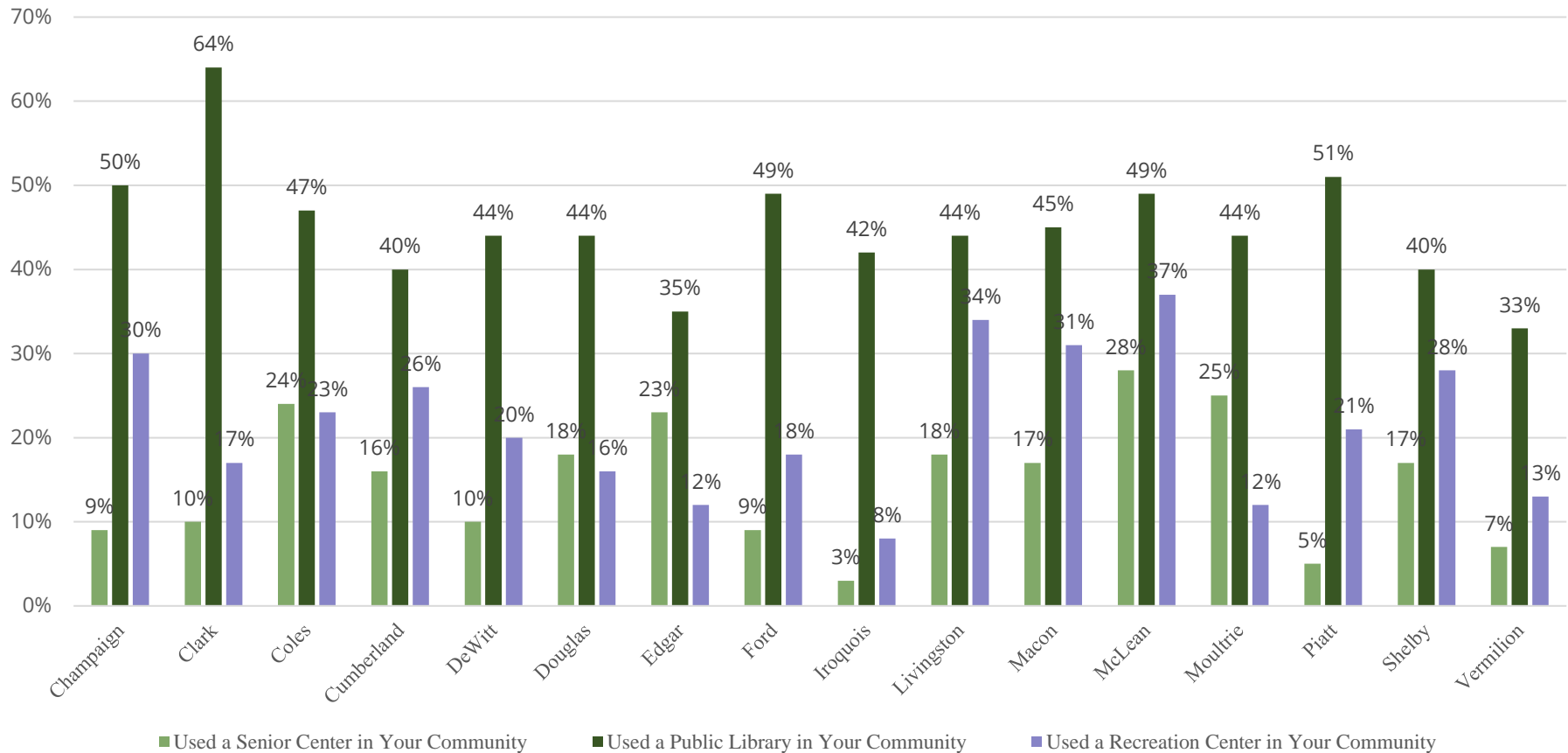
FY 2025 ECIAAA Community Assessment Survey for Older Adults

Availability of Information About Resources for Older Adults



FY 2025 ECIAAA Community Assessment Survey for Older Adults

Productive Activities - Civic Engagement: Used Within Last 12-Months





FY 2025 ECIAAA Community Assessment Survey for Older Adults

GREATEST NEED FOR IMPROVEMENT Specifics IN PSA 05

Housing Challenges

- Having Housing to Suit Needs
- Doing Heavy or Intense Housework
- Maintaining Home
- Maintaining Yard

Mental Health Challenges

- Experiencing Confusion or Forgetfulness
- Feeling Depressed
- Dealing with the Loss of a Close Family Member or Friend

Employment Challenges

- Finding Work in Retirement
- Building Skills for Paid or Unpaid Work

FY 2025 – FY 2027 Statewide Initiatives

Initiative #1: Increase statewide visibility of the Aging Network to connect Illinoisans with supports and services that encourage independence, dignity, and quality of life as we age.



FY 2025 – FY 2027 Statewide Initiatives

Initiative #2: Drive continuous quality assurance and improvement activities that emphasize person-centered and trauma informed services while maximizing effectiveness of services delivered through the Aging Network.



FY 2025 – FY 2027 Statewide Initiatives

Initiative #3: Increase public awareness and knowledge of caregiver needs, as well as resources and services available throughout the state of Illinois to promote increased caregiver engagement in person-centered, trauma informed, and evidence-based programs and services.



ECIAAA Local Initiative #1

**Improve Social
Connections/Social Engagement
by Reducing Social Isolation
among Older Adults**

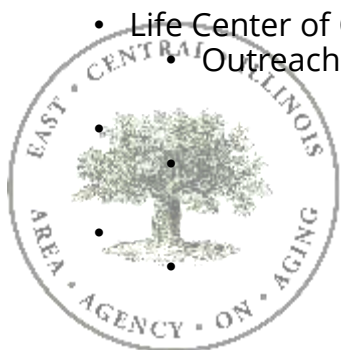


Reducing Social Isolation Service Providers

- CRIS Healthy Aging – Champaign & Vermilion
 - Outreach – Activities include EchoShow devices, Buddy Program, fitness watch that accompanies Fit & Strong classes
- Starting Point at Macon County Health Department – Macon
 - Outreach – Activities include I-Pad and Android Tablets and instructions provided by Decatur Public Library
- CCSI, Case Coordination Unit – McLean
 - Outreach – Activities include Outreach to Hispanic community, Brain Train, Android Tablets
- Catholic Charities – Macon
 - Friendly Visiting & Telephone Reassurance
- Family Service Senior Resource Center – Champaign & Douglas
 - Outreach – Activities include Creativity on Wheels, Creative Senior Connections, Low Vision Groups, Tuscola Tours, Movies at the Moose
- Life Center of Cumberland County – Clark & Cumberland
 - Outreach – Activities include Telephone Reassurance

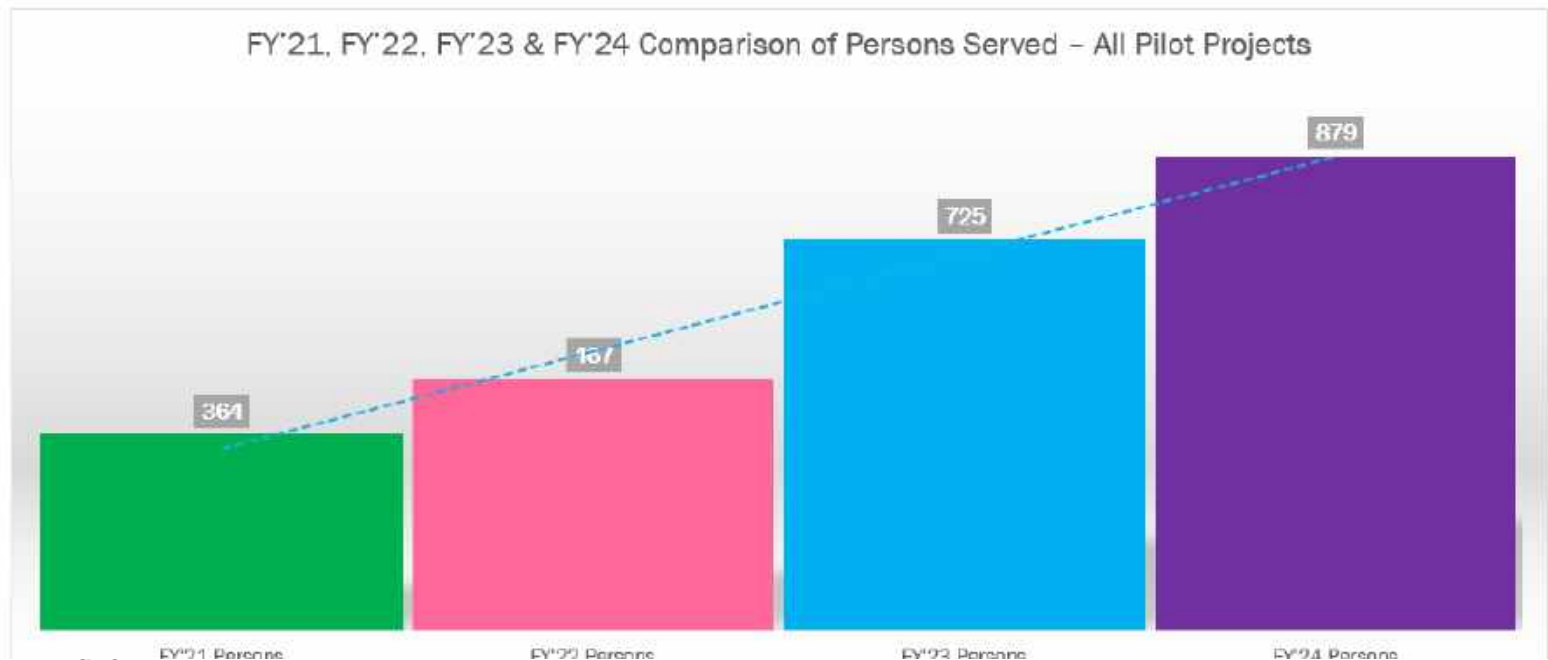
Coles County Council on Aging – LifeSpan Center – Coles
Outreach – Activities include EchoShow devices

Normal Township, The ARC – McLean
Friendly Visiting & Telephone Reassurance

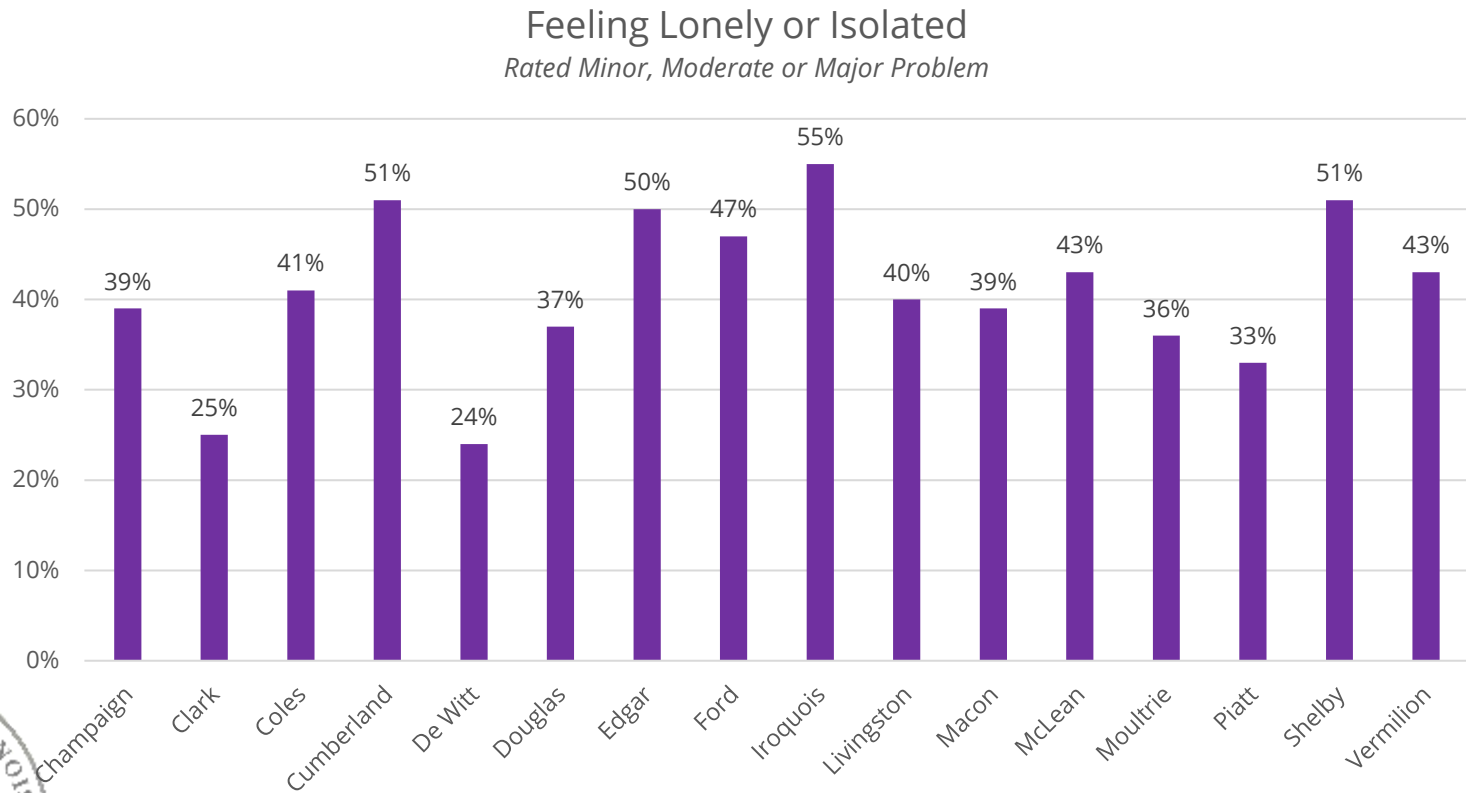


Reducing Social Isolation Pilot Projects Service Performance

Summary of Performance by Persons All Pilot Projects Combined



Reducing Social Isolation CASOA Survey Results in PSA 05



Local Initiative #2

Healthy Aging

**Helping Older Adults Manage Chronic
Health Conditions**



Healthy Aging – Area Plan for FY 2025-FY 2027

ECIAAA promotes healthy aging with local and statewide partners:

- ECIAAA collaborates with Illinois Pathways to Health – an ACL grant awarded to and administered by AgeOptions to promote of Chronic Disease Self-Management Programs (CDSMP), Diabetes Self-Management Programs (DSMP), Matter of Balance, and Bingocize statewide.
- Sustain funded partners disseminating A Matter of Balance in PSA 05.
- Sustain funded partners disseminating CDSMP & DSMP in PSA 05.
 - Sustain funded partners disseminating Bingocize in PSA 05.
- Sustain the funded partner disseminating Aging Mastery in PSA 05.
- Sustain PEARLS – Program to Encourage Active, Rewarding Lives for Older Adults (PEARLS) in PSA 05.



PEARLS- Program to Encourage Active and Rewarding Lives for Older Adults

- ❖ An evidence-based program integrated into Gerontological Counseling and designed to reduce depression in physically impaired and socially isolated older adults.
- ❖ Expanded Service Area: Counties of Champaign, Clark, Coles, Cumberland, DeWitt, Douglas, Edgar, Ford, Iroquois, Livingston, McLean, Macon, Moultrie, Piatt, Shelby and Vermilion



CDSMP/DSMP- Chronic Disease Self-Management and Diabetes Self-Management-

- ❖ A 6-week evidence-based program that has shown participant improvement in exercise, cognitive symptom management, communication with physicians and self-reported general health.
- ❖ Service Area- Counties of Champaign, McLean, DeWitt, Livingston, Macon and Vermilion



A Matter of Balance

- ❖ An eight-session program producing significant improvements for participants in falls preventions, falls control, level of exercise and social limitations regarding concern about falling. These measures all indicate the program is successful in reducing the fear of falling.
- ❖ Service Area- Counties of Champaign, Clark, Cumberland, DeWitt, Livingston, McLean, Macon, Moultrie, Piatt, and Shelby



Aging Mastery

- ❖ A program consisting of a 10-topic curriculum that features fun and engaging educational sessions designed to produce behavioral incentives for aging well. Topics include exercise, nutrition, finances, advance care planning, community engagement and healthy relationships.

- ❖ Service Area- Counties of Vermilion and Champaign





Stress Busting

- ❖ A program that consists of nine-session class providing support for family caregivers of persons with Alzheimer's Disease and Related Dementias or persons with cancer or chronic disease or illness. The Stress-Busting Program has been proven to reduce stress, anxiety and anger and improve caregiver quality of life.
- ❖ Service Area- PSA 05



Bingocize®

- ❖ A 10-week, evidence-based health promotion program approved through the National Council on Aging (NCOA). Bingocize® combines exercise and health information with the familiar game of bingo, which has shown to be a great, fun way to get seniors moving and socializing. It's meant to be played twice a week on nonconsecutive days, and each session usually lasts 45-60 minutes. It can implement remotely or in traditional face-to-face setting.
- ❖ Service Area – Counties of Clark, Cumberland, DeWitt, Livingston, Macon, McLean, Moultrie and Shelby



Fit & Strong!®

- ❖ Fit & Strong! ® is a group physical activity and behavior change program for persons with arthritis. The program consists of 24 sessions each 90 minutes. The first 60 minutes focus on flexibility, low-impact aerobics, and strength training to improve lower body function. The remaining 30 minutes consists of health education and group problem solving using a structured curriculum.
- ❖ Participants develop personalized action plans to maintain physical activity and progress after class ends.
- ❖ Service Area - Counties of Champaign and Vermilion

Local Initiative #3

DEMENTIA FRIENDLY AMERICA (DFA) COMMUNITIES In East Central Illinois



ECIAAA Action Steps - DFA Community(ies)

- ❖ Partner with the Illinois Cognitive Resources Network (ICRN) to establish dementia friendly communities in each PSA by 2025.
- ❖ Partner with the ICRN to increase the number of dementia friendly communities by one in each PSA with existing dementia friendly communities.
- ❖ Decatur Received Dementia Friendly America Designation in 2022. ECIAAA continues to work with Dementia Friendly Decatur to support their community work.
- ❖ Moultrie County – Received Dementia Friendly Designation in 2023. ECIAAA is serving as the Champion within the Leadership Task Force for Moultrie County.



ECIAAA Action Steps - DFA Community(ies)

- ❖ Partner with the ICRN to fulfill the requirements for inclusion on the national registry of dementia friendly communities.
- ❖ Explore the development of DFA designation within Champaign County.
- ❖ Utilize the available resources and instructions found at www.dfamerica.org and/or create tools and resources as needed.
- ❖ Promote Alzheimer's Disease Related Dementia services and interventions: Savvy Caregiver, Stress Busting for Caregivers, and/or Supportive Gap Filling Services with the goal of increasing participation by 3%.



Dementia Friendly America Communities

- ❖ Partner with the ICRN to fulfill the requirements for inclusion on the national registry of dementia friendly communities.
- ❖ Utilize the available resources and instructions found at www.dfamerica.org and/or create tools and resources as needed.
- ❖ Promote Alzheimer's Disease Related Dementia services and interventions: Savvy Caregiver, Stress Busting for Caregivers, and/or Supportive Gap Filling Services with the goal of increasing participation by 3%.



ECIAAA Budget Assumptions for FY 2026 - Illinois

THE GOVERNOR'S PROPOSED FY 2026 BUDGET INCLUDES:

1. \$8 M increase for the expansion of the home delivered meals to
 - a. to account for increased costs of food and delivery
 - b. ECIAAA plans to expand cultural/ethnic meals
 - c. ECIAAA plans to add medically tailored meals
 - d. ECIAAA plans provide two meals per day for older adults at high nutritional risk
 - e. ECIAAA plans expand partnerships with non-traditional meal providers, including restaurants and hospitals.
2. \$5 M in sustained funding to support current Illinois Family Caregiver & Grandparents/Relatives Raising Grandchildren/Children programs (receiving OAA Title III E funding).



ECIAAA Budget Assumptions for FY 2026

3. The IL proposed budget includes a specific line item of \$1M to sustain Reducing Social Isolation programming launched by AAAs during FY 2020, FY 2021, FY 2022, FY 2023, FY 2024 and FY 2025
4. The IL proposed budget includes a specific line item of \$1M to sustain Alzheimer's Disease and Related Dementias programming launched by AAAs during FY 2020, FY 2021, FY 2022, FY 2023, FY 2024 and FY 2025.





ECIAAA Budget Assumptions for FY 2026

5. ECIAAA must comply with a federal Administration on Aging (AoA) requirement that stating that all Title III-D funds be used to fund evidence-based services that comply with ECIAAA must comply with federal Older Americans Act statutory obligations to fund categorical or specified services, e.g., III-B Support Services – including Legal Assistance, III-C Nutrition Services – including Congregate and Home Delivered Meals, and Title III-E Caregiver Support Services – which includes Caregiver Advisory and Respite Services.
6. AoA's Highest Level Criteria must be met for Healthy-Aging/Evidenced Based Programs.
7. OAA allows an AAA to apply for 10% of total Title III-B and Title III-C for the cost of administration.

ECIAAA Budget Assumptions for FY 2026

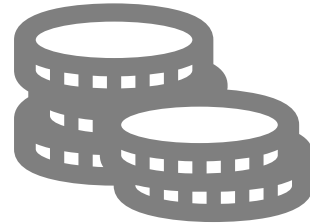
8. An AAA will apply for Title III-B funds for the cost of administrative-related direct services including advocacy, program development, and coordination.
9. ECIAAA must stay within the 15% transferability of the AAA's allotment for III-B and III-C. If transfers exceed these required limits, the AAA must submit an acceptable justification to IDOA for the higher amount.



FY 2025-FY 2027 Contingency Planning –

revised 4.22.2025

In case of any contingency involving an increase or a decrease in federal and/or state funds, ECIAAA will comply with the intent of Congress and the Illinois General Assembly, and/or administrative directives from the Administration for Community Living/Administration on Aging and the Illinois Department on Aging.



ECIAAA will adjust interfund transfers among OAA Titles III-B and Title III-C to sustain Coordinated Points of Entry/Senior Information Services whenever possible.

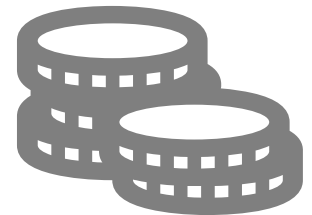
ECIAAA will use OAA Title III C-2 and state funds for home delivered meals to sustain current meal delivery, keep pace with rising costs, and respond to increased demand for meals.



FY 2025-FY 2027 Contingency Planning –

revised 4.22.2025

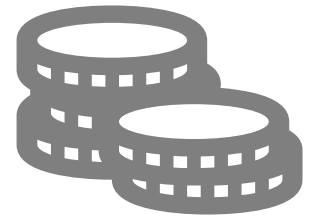
ECIAAA will evaluate the impact of proposed cuts in federal and/or state funds on programs and services targeted to older adults and caregivers in greatest social and economic need, especially vulnerable older adults who need assistance due to limitations in their ability to carry out activities of daily living and/or being at risk due to abuse, neglect or financial exploitation. If the planning allocation is drastically reduced and/or eliminated for a specific revenue source, then funds would be reduced for programs and services which are directly related to that revenue source. When there are immaterial changes to planning allocations, ECIAAA may revise interfund transfers to account for the changes.



FY 2025-FY 2027 Contingency Planning –

revised 4.22.2025

Caregiver Advisory Services will be given the highest priority for OAA Title III-E funds. If ECIAAA receives cuts in federal funds for OAA Title III-E, the Agency will reduce allocations for Respite Services and/or Caregiver Gap Filling Services.



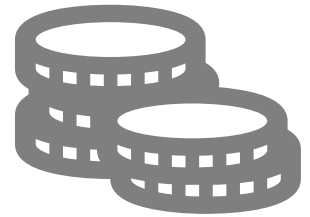
ECIAAA will use additional federal and state funds for the Long-Term Care Ombudsman Program to comply with statutory requirements and program standards.



FY 2025-FY 2027 Contingency Planning –

revised 4.22.2025

ECIAAA will give highest priority to sustain or increase federal OAA and state funds while also considering ancillary service specific funding available for supportive services under the Area Plan for Coordinated Points of Entry/Senior Information Services, second priority to Legal Assistance, third priority to evidence-based health aging programs, and fourth priority to reducing social isolation programs.



FY 2026 PUBLIC INFORMATION DOCUMENT

2nd Release

**REVISED PLANNING ALLOCATIONS DUE TO PROPOSED
GOVERNOR'S BUDGET
FOR FY 2026**

**REVISED PLANNING ALLOCATION LETTER – AAAL 26AP2 –
Released April 4, 2025**

Amended Allocation Numbers for FY 2026 by funding source:

OAA Federal Funding - \$42,259 decrease

OAA Carryover - \$1,549 decrease

Illinois GRF - \$701,697 increase




FY 2026 PUBLIC INFORMATION DOCUMENT ADDENDUM

Inter-Fund Transfers

The Transfer from Title III-C to Title III-B is 10.09%. The transfer from Title III-C1 to Title III-C2 is 0%. The transfer amount to Title III-B is within 15% transfer authority. Historical data from the planning process support this interfund transfer into year two (2) of the three (3) year planning cycle.

Based on the FY 2026 interfund transfer compared to the FY 2025 transfer, there is an increase of \$103,600 for Title III-B services and a decrease of \$7,491 in Title III C1 Nutrition services and \$96,109 for Title III C2 Nutrition services.



Title III-B	Title III-B Ombudsman	Title III-C1	Title III-C2	Total
\$211,654	-	(\$80,938)	(130,716)	0

ECIAAA FY 2026 BUDGET SUMMARY

FY 2026 Public Information Document 2nd Release

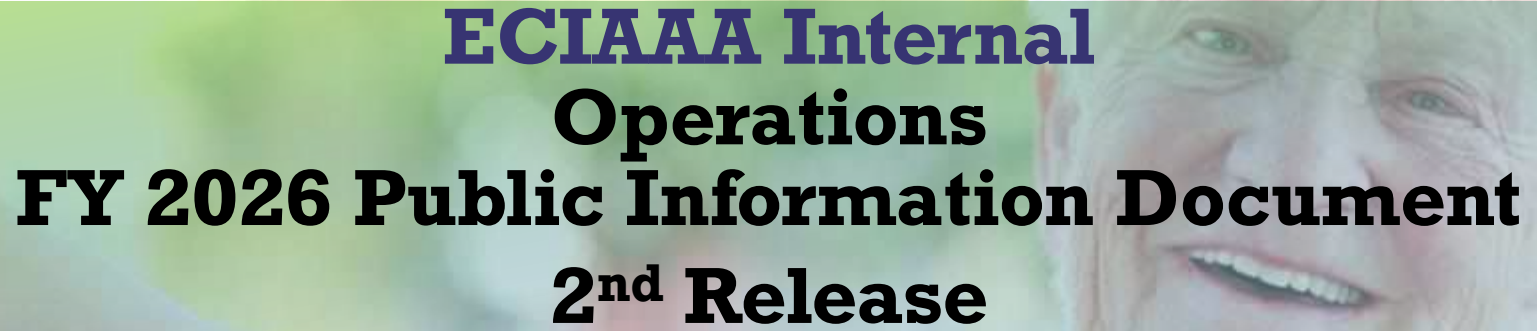
Source	FY 2026 Allocation
Federal Funds	\$4,211,135
Federal Carry Over Funds	\$183,668
State Funds	\$6,078,115
Other	\$59,948
Total	\$10,490,637

Allowable Inter-Fund Transfers:

Transfer \$80,938 from Title III-C1 and \$130,716 from Title III-C2 to Title III-B (+\$211,654)

NOTE: Below 15% Transfer Authority





ECIAAA Internal Operations FY 2026 Public Information Document 2nd Release

Funding Source/Program Description	Fiscal Year 2026
Administration	\$622,492
Administratively Related Direct Services Title III-B Advocacy, Coordination, & Program Development	\$543,714
Regional Ombudsman Program	\$617,600
Title VII Ombudsman	\$5,895
Title VII- Elder Rights	\$2,066
TOTAL:	\$1,791,767

FY 2026 FUNDING ALLOCATIONS

❖ \$8,368,980 ----FY 2026 Funding Allocations To Service Providers Contained In The FY 2026 Public Information Document (PID) 2nd Release April 22, 2025 - **IDOA AAAL 26AP2**

❖ Net Increase Of \$810,101---Increase of 9.7%



Coordinated Point of Entry/ Senior Information Services

Service	FY 2026 Allocation
CPoE/SIS	\$1,396,165 (+5%)
Options Counseling (Demonstration Projects)	\$52,530 (+0%)
Total	\$1,448,695 (+4.7%)

NOTE: The ECIAAA Funding Formula will include a base of \$35,000 per county. The remaining share will be distributed on the formula share per county.
Total amount for FY 2026 increased 4.7% when compared to FY 2025



Caregiver Advisory Services

Service	FY 2026 Allocation
Caregiver Advisory Services – Caregivers and Grandparents/Relatives Raising Grandchildren/Children	\$781,588

NOTE: ECIAAA Funding Formula will include a base of \$5,250 per county. The remaining share will be distributed on the formula share per county. FY 2026 allocation sustained at FY 2025 level.



Caregiver – Respite Services

Service	FY 2026 Allocation
Respite Services	\$11,781

NOTE: ECIAAA Funding Formula will include a base of \$500 per county. The remaining share will be distributed on the formula share per county. FY 2026 Allocation sustained at FY 2025 level.



Nutrition Services

Service	FY 2026 Allocation
Congregate Meals- IIIC1	\$971,636
Congregate Meals- IIIC1 NSIP	\$30,771
Total Net change	\$1,002,407 0%



Nutrition Services

Service	FY 2026 Allocation
Home Delivered Meals – IIIC2	\$703,129
Home Delivered Meals – IIIC2 NSIP	\$363,806
Home Delivered Meals – GRF	\$4,342,380
Total	\$5,409,315

FY 2026 Planning Allocation due to **IDOA AAAL 26AP2**

Net increase of \$517,290 in Home Delivered Meals (+10.5%)



Legal Services & Healthy Aging- Evidenced Based Services

Service	FY 2026 Allocation
Legal Services	\$102,051 (III-B) (Level funding)
Chronic Disease Self-Management, Diabetes Self-Management	\$17,188 (III-D) (0%)
Aging Mastery	\$6,360 (III-D) (-11%)
Matter of Balance/Bingocize®	\$31,146 (III-D) (0%)
Gerontological Counseling – PEARLS	\$64,997 (IIIB & IL GRF) (+11%)



Social Connections – Reducing Social Isolation Pilot Projects

Service	FY 2026 Allocation
Reducing Social Isolation Outreach & Flexible Community Services	\$128,153 (1.2%)
Reducing Social Isolation Telephone Reassurance/Friendly Visitor	\$67,991 (+0%)
Total	\$194,644 (+.8%)



IMPORTANT ANNOUNCEMENT

FY 2026 ECIAAA EXTENSION & REQUEST FOR PROPOSALS (RFP) WORKSHOP

- 10:00 a.m. - 11:30 a.m.
- May 15, 2025
- GoToMeeting Webinar

FY 2026 Request for Proposals for interested applicants serving PSA 05 will be released for the following services:

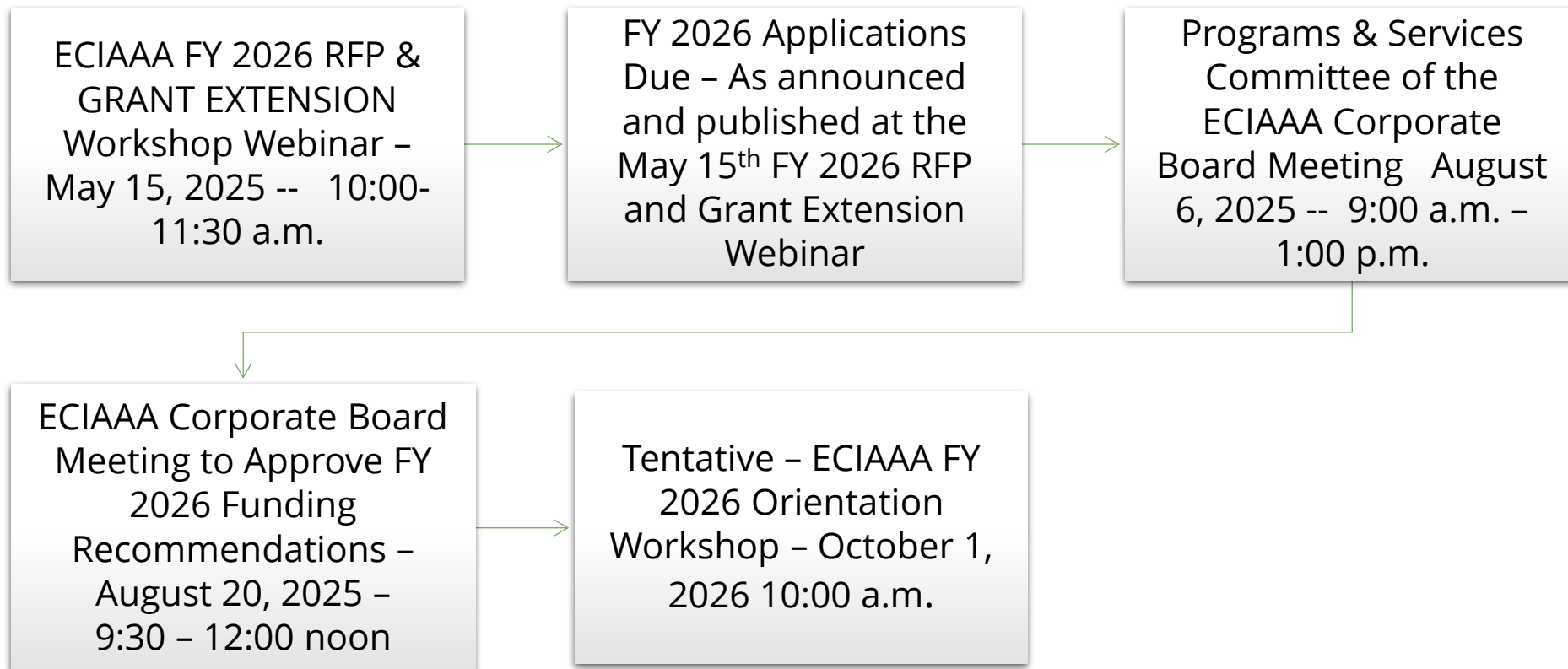
- 1. Congregate Meals**
- 2. Home Delivered Meals**

NOTE: ECIAAA will extend FY 2025 OAA SIS/CPoE, Caregiver Advisory and Legal Services in PSA 05 for FY 2026.

GoToWEBINAR – 10:00 AM on MAY 15, 2025



FY 2026 Request for Proposal & Grant Extension Process



Thank You!

❖ Please send your comments to the attention of:

❖ Susan C. Real, Chief Executive Officer

❖ ECIAAA

❖ email: sreal@eciaaa.org

❖ Telephone: Work – 309-829-2065 ext. 1218

❖ Telephone: Cell – 309-533-3232

OR

❖ Comments/ Questions Form

<https://www.surveymonkey.com/r/NFR6J26>



Questions?

