Community Assessment Survey for Older Adults

DeWitt County Results

East Central Illinois Area Agency on Aging, Inc.









East Central Illinois Area Agency on Aging

Mission Statement

Who We Are, What We Do, and Who We Serve

Our mission is to lead and advocate for inclusive resources and services that empower the optimal aging of East Central Illinois' diverse older adults, individuals with disabilities, and their care partners.

Serving Champaign, Clark, Coles, Cumberland, DeWitt, Douglas, Edgar, Ford, Iroquois, Livingston, Macon, McLean, Moultrie, Piatt, Shelby and Vermilion Counites (PSA 05).





VISION STATEMENT

Action oriented direction that responds to the mission and is future thinking

To optimize aging through innovative personcentered services in East Central Illinois.



CORE PRINCIPLES

Statements with measurable outputs to guide organizational behavior

Principle 1: Lead

We are committed to leading through collaborative planning, effective communication and oversight, advocacy, and innovative service development to meet the diverse needs of those we serve.

Principle 2: Advocate

We are committed to optimal aging through advocacy that is person-centered, supported by public policy, and provided by adequately funded services.

Principle 3: Innovate

We are committed to encouraging, valuing, and supporting new and creative service ideas that meet the needs of those we serve.

Principle 4: Collaborate

We are committed to strengthening programs and services through inclusive and diverse community partnerships.



ECIAAA Services Funded Through The Older Americans Act

Senior Information Services/Coordinated Point of Entry

Options Counseling

Senior Health Insurance Program

Benefits Access

Caregiver Advisory Services/Grandparents Raising

Grandchildren & Other Relatives as Parents

Support Groups

Training & Education, such as Stress Busting

Information & Counseling

Respite

Nutrition

Congregate Meals

Home Delivered Meals

Nutritional Assessments

Legal Services

Healthy Aging

Evidenced-Based Programs such as Chronic Disease Self-Management,

Diabetes Self-Management, PEARLS, Bingocize, Matter of Balance

Social Connectedness (Reducing Social Isolation)

Ombudsman Program



The Older Americans Act (OAA) was last reauthorized in 2020 and is up for reauthorization in 2025.

What happens next, and what can you do?

The reauthorization bill still needs to pass the House. If we want legislation to be enacted before the end of the 119th Congress, we need to continue educating representatives about why OAA services and strategies are important.

Introduction

East Central Illinois Area Agency on Aging, Inc. contracted with Polco, a powerful community engagement and data insights platform designed to help organizations better understand and respond to the needs of their communities, to conduct a 16-county area wide Community Assessment Survey for Older Adults (CASOA) 8. The CASOA provides a statistically valid survey of the strengths and needs of older adults as reported by older adults themselves. This report is intended to enable local governments, community-based organizations, the private sector and other community members to understand more thoroughly and predict more accurately the services and resources required to serve an aging population. With this data, community stakeholders can shape public policy, educate the public and assist communities and organizations in their efforts to sustain a high quality of life for older adults.





Survey Objectives

- Identify community strengths to support successful aging.
- Articulate the specific needs of older adults in the community.
- Estimate contributions made by older adults to the community.
- Develop estimates and projections of resident need in the future.





Survey Method

The CASOA® survey instrument and its administration are standardized to assure highquality survey methods and comparable results across communities. Two methods were used to solicit survey responses among the 16-county service area: A random sample mailed survey and an open participation survey. The open participation survey results were combined with responses from the probability sample survey, for a total of 1,653 completed surveys, providing an overall response rate of 8% and a margin of error plus or minus 2 around any given percent and one point around any given average rating for the entire sample (e.g., average number of caregiving hours). Results were statistically weighted to reflect the proper demographic composition of older adults in the entire community.





Survey Sample & Collection

ECIAAA Community Assessment Survey for Older Adults (CASOA®)

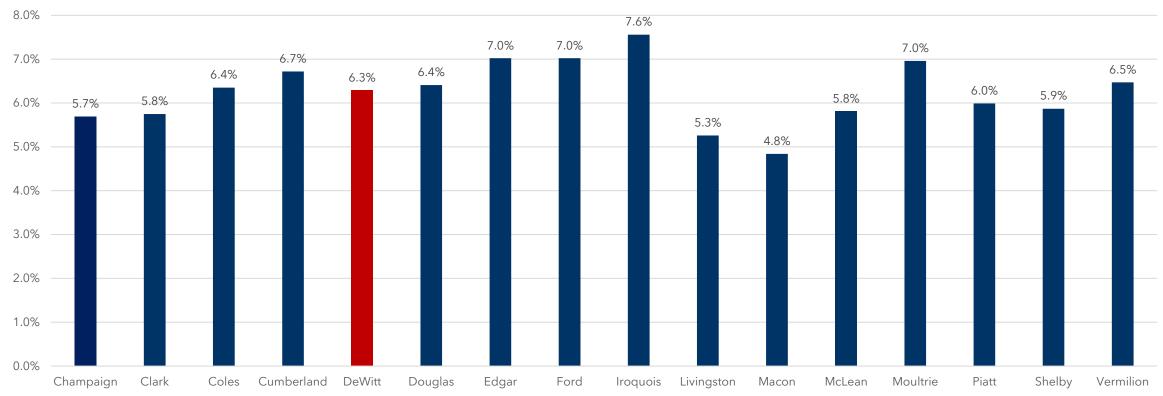
- 22,400 invitations sent (1,400 per county)
- Age range targeted: 50-100
- 801 invitations undeliverable (3.5%)
- 1,653 completed surveys (8%)





Surveys Completed by County

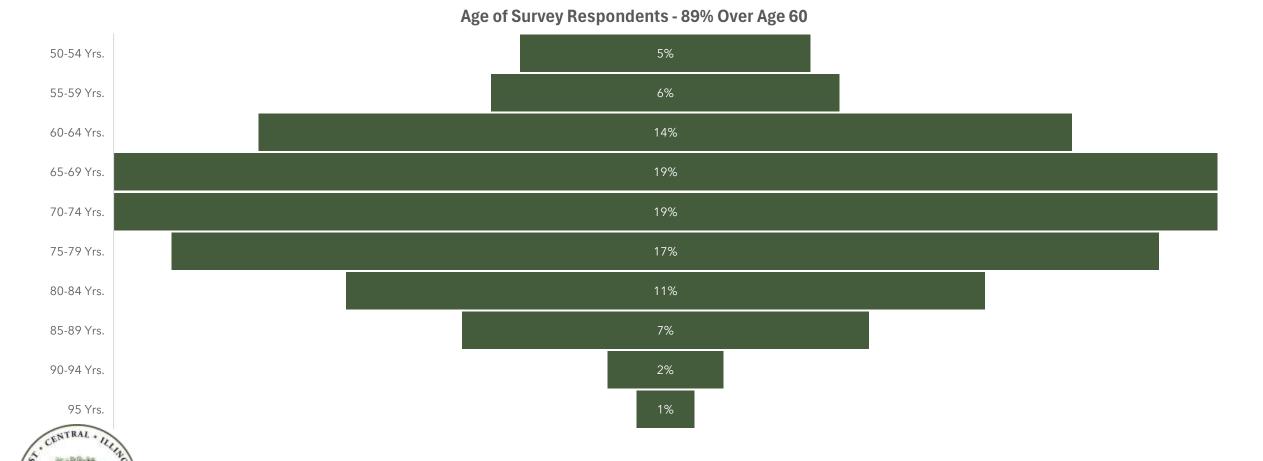
1,653 Surveys Completed







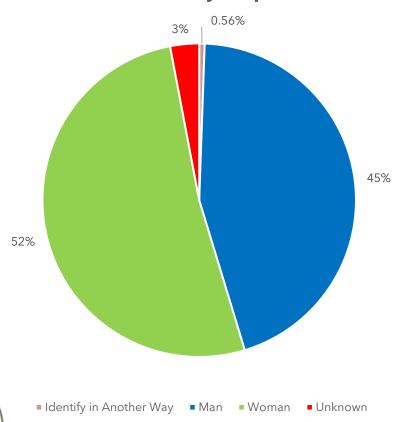
Overall Surveys Completed by Age



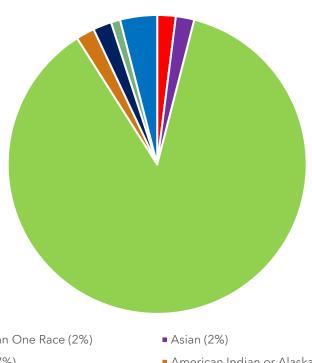


Overall Surveys Completed by Gender & Race

Gender of Survey Respondents



Race of Survey Respondents





- White (87%)
- Black or African American (2%)
- Unknown (4%)

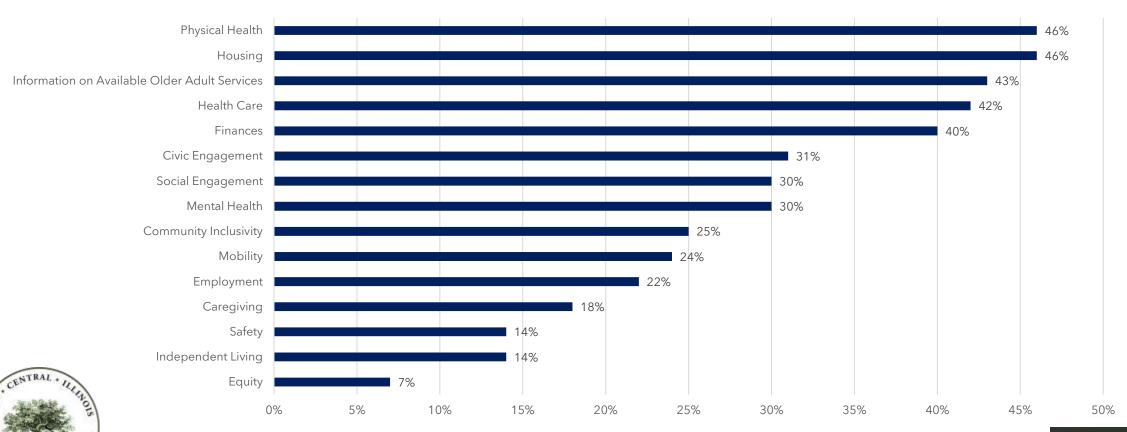
- American Indian or Alaska Native (2%)
- A Race Not Listed (1%)

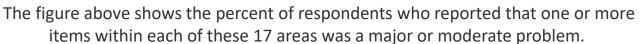




Overall Survey Percent & Estimated Number of Older Adults with Need

Older Adults with a Need







Benchmark Comparison Data

National Research Center at Polco has developed a database that collates responses to CASOA® and related surveys administered in other communities, which allows the results from East Central Illinois Area Agency on Aging to be compared against a set of national benchmarks. This benchmarking database includes responses from more than 35,000 older adults (age 55 and over) in over 344 communities across the nation.

The results of this exploration will provide useful information for planning and resource development as well as strengthen advocacy efforts and stakeholder engagement. The ultimate goal of the assessment is to create empowered communities that support vibrant older adult populations.





Community Dimensions

This report summarizes how older residents view their community and its success in creating a thriving environment for older adults. Aspects of livability are explored within six community dimensions:

- 1. Community Design
- 2. Employment and Finances
- 3. Equity and Inclusivity
- 4. Health and Wellness
- 5. Information and Assistance
- 6. Productive Activities

Overall community quality also is assessed.





Overall Community Quality

Domain of Community Livability



Description

Measuring community livability starts with assessing the quality of life of those who live there, and ensuring that the community is attractive, accessible, and welcoming to residents of all ages.

Community Livability Topics

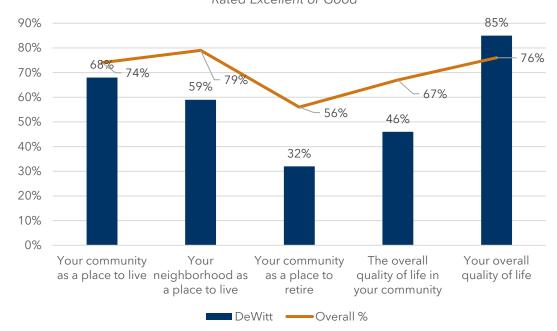
- · Place to Live and Retire
- Recommend and Remain in Community





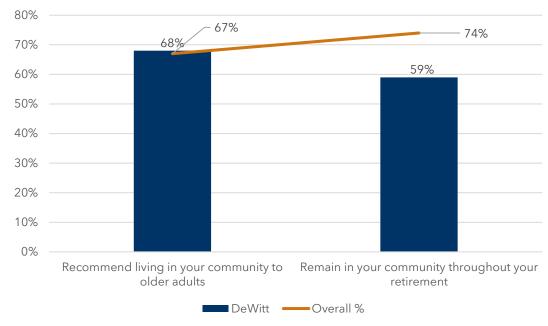
Overall Community Quality

Place to Live & Retire Rated Excellent or Good



Recommend & Remain in Community

Rated Very Likely or Somewhat Likely







Community Design

Domain of Community Livability



Description

A well-designed community enhances the quality of life for its residents by encouraging smart land use and zoning, ensuring that affordable housing is accessible to all, and providing mobility options to support residents aging in place.

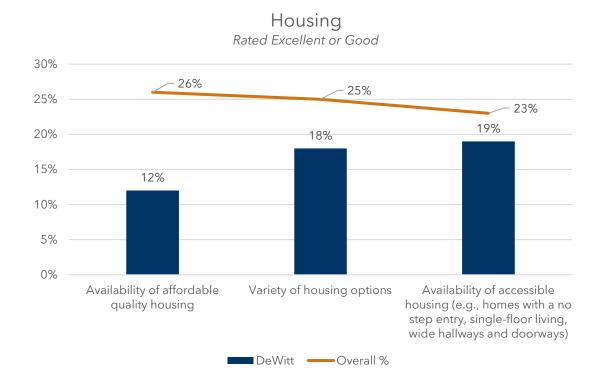
Community Livability Topics

- Housing
- Mobility
- · Land Use

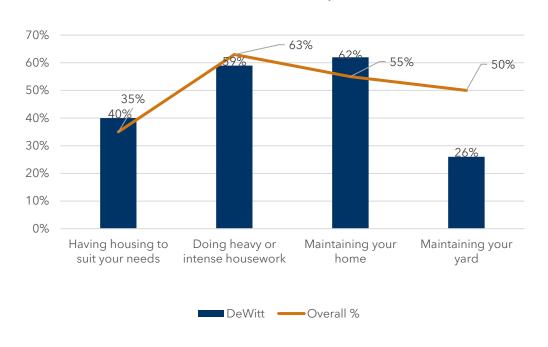




Community Design - Housing



Housing
Rated Minor, Moderate or Major Problem

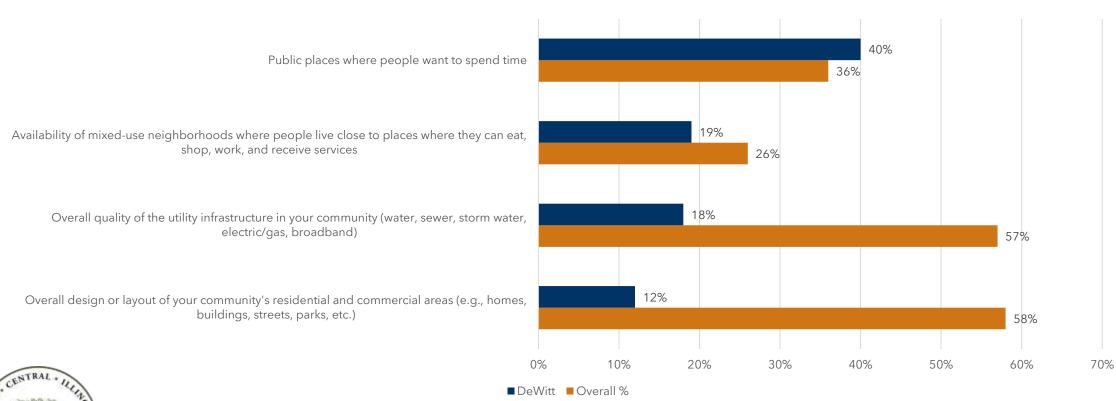






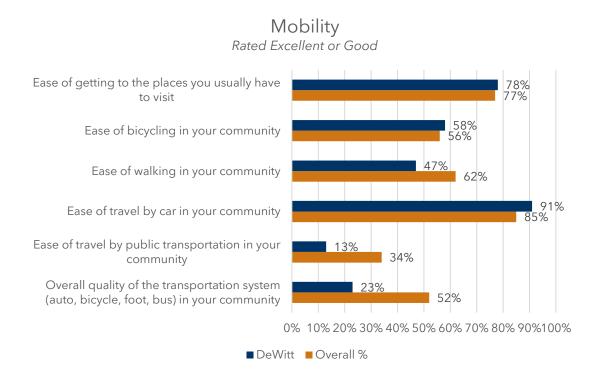
Community Design - Land Use

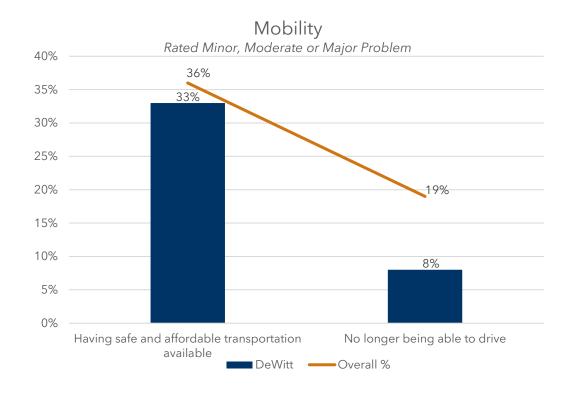






Community Design - Mobility









Employment & Finances

Domain of Community Livability



Employment and Finances

Description

Communities that work to foster sustainable growth, create jobs and workforce training for persons of all ages, and promote equitable economies ensure older adults are able to sustain their financial well-being through retirement and not outlive their life investments.

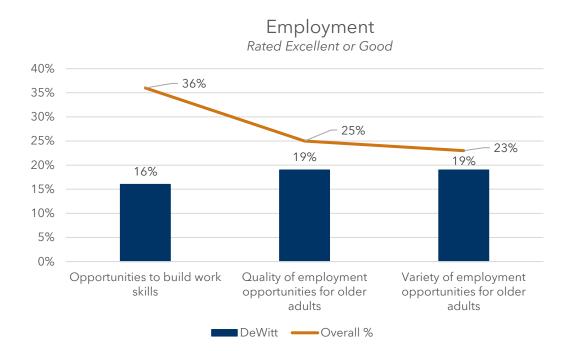
Community Livability Topics

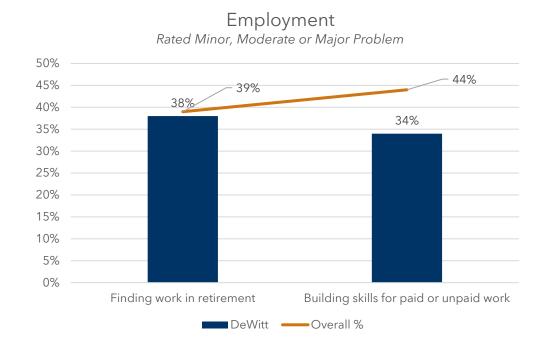
- · Employment
- Finances





Employment

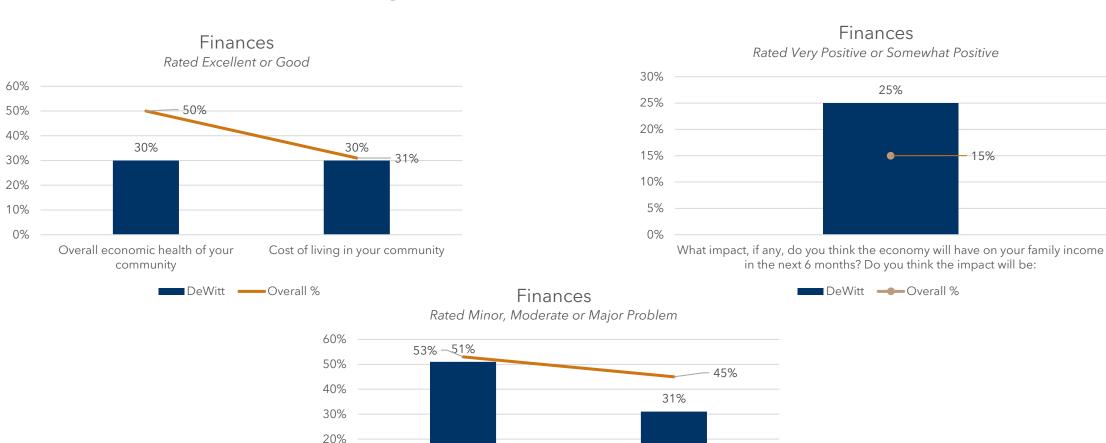








Finances



expenses

Having enough money to meet daily Having enough money to pay your

DeWitt —Overall %

property taxes

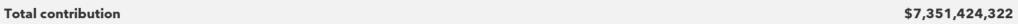
10%





Overall Economic Contribution in PSA 05

	% of older adults	# of older adults	Average # of hours	Average hourly rate	Annual Total
Providing care to older adult(s)	42%	118,150	9.23	\$12.74	\$722,047,536
Providing care to adult(s)	25%	70,881	10.3	\$12.74	\$483,812,659
Providing care to child(ren)	26%	74,251	11.53	\$11.80	\$525,199,104
Providing help to family and friends	80%	227,504	6.19	\$14.84	\$1,086,076,627
Volunteering	51%	145,290	4.61	\$17.14	\$596,628,524
Subtotal unpaid					\$3,413,764,450
Working part time	12%	34,722	15	\$23.24	\$629,386,272
Working full time	30%	85,552	32	\$23.24	\$3,308,273,600
Subtotal paid					\$3,937,659,872
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2024





\$7,351,424,322



Equity & Inclusivity

Domain of Community Livability

Description

Community Livability Topics



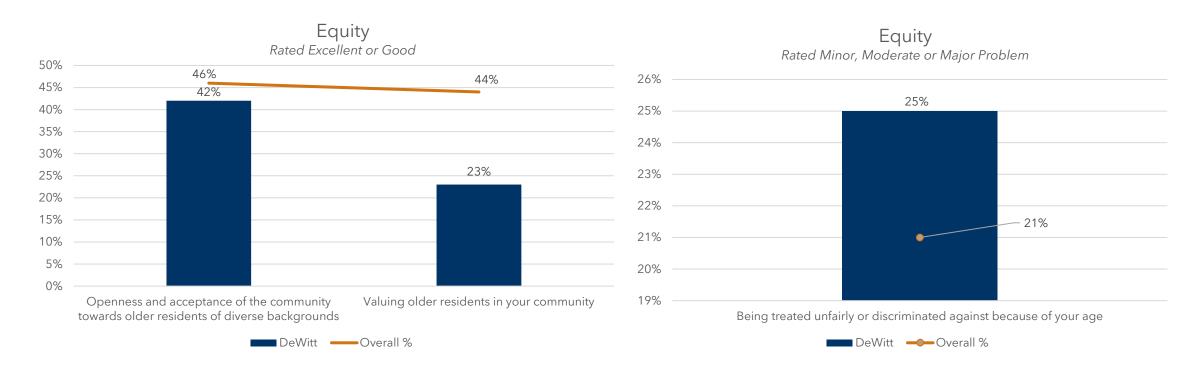
A community is often greater than the sum of its parts. Having a sense of community entails not only a sense of membership and belonging, but also feelings of safety and trust in the other members of the community.

- Equity
- · Community Inclusivity





Equity

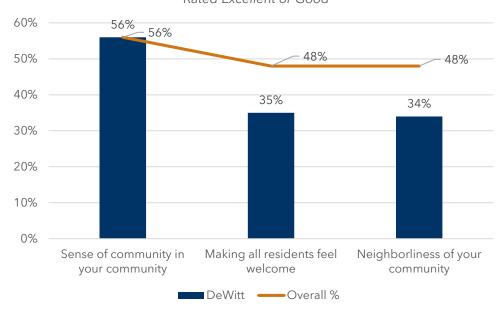






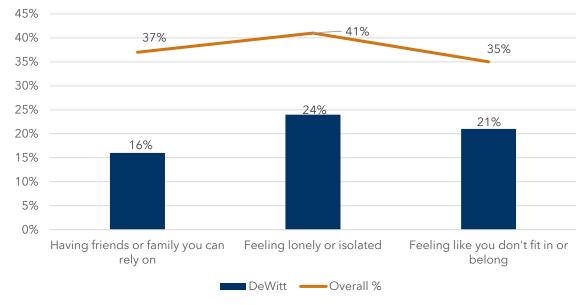
Community Inclusivity

Community Inclusivity Rated Excellent or Good



Community Inclusivity

Rated Minor, Moderate or Major Problem







Health & Wellness

Domain of Community Livability



Description

The amenities available in the communities have a direct impact on the health and wellness of residents, and thus, on their quality of life overall.

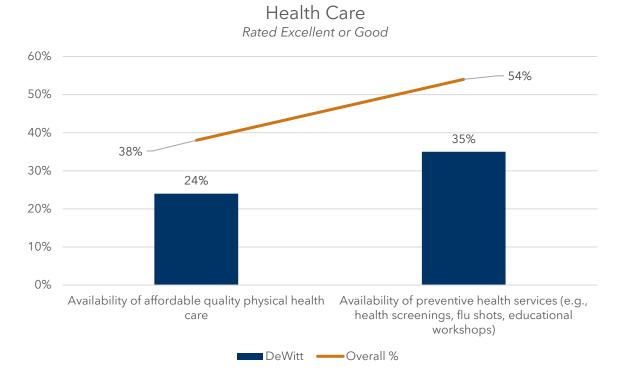
Community Livability Topics

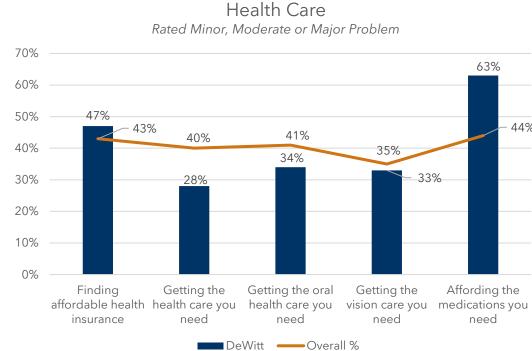
- Safety
- · Physical Health
- · Mental Health
- · Health Care
- · Independent Living





Health & Wellness - Health Care

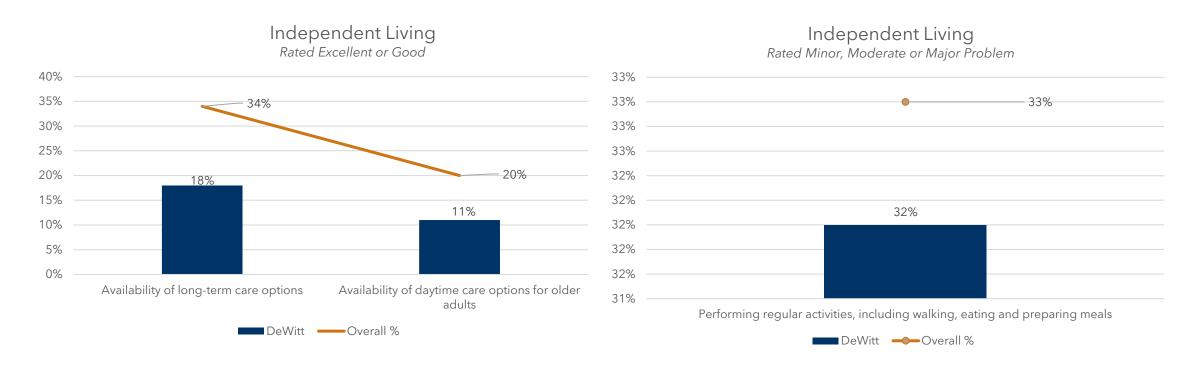








Health & Wellness - Independent Living



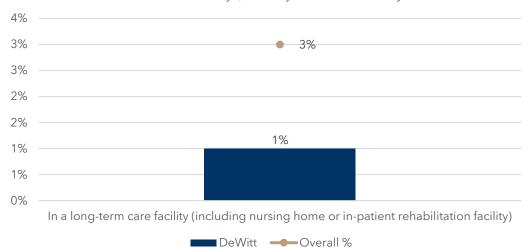




Health & Wellness - Independent Living

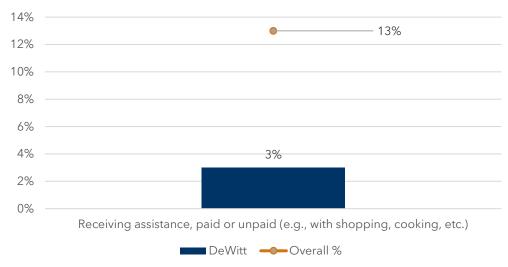
Independent Living

Admitted 1-2 Days, 3-5 Days or 6 or More Days



Independent Living

Received 1-3 Hrs., 4-5 Hrs., 6-10 Hrs., 11-19 Hrs., or 20+ Hrs.



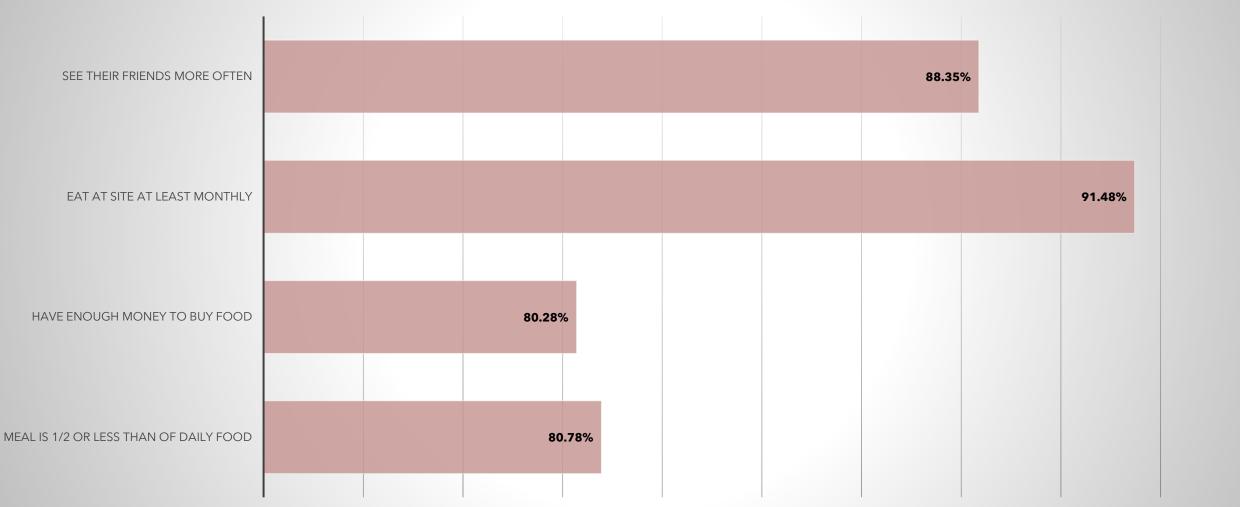






Congregate Indicators-Food Security & Socialization





AREA AGENCY ON CONTRAL

Congregate Indicators-Dietary Intake, Health, Nutritional Knowledge & Independence

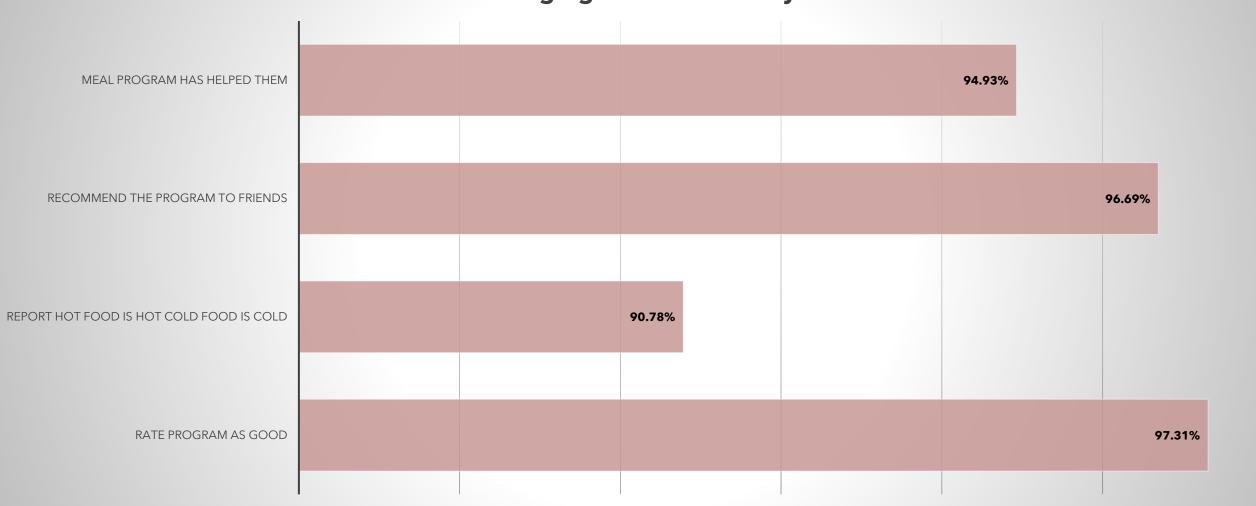
FY 2024 Congregate POMP Survey Results





Congregate Indicators-Client Satisfaction

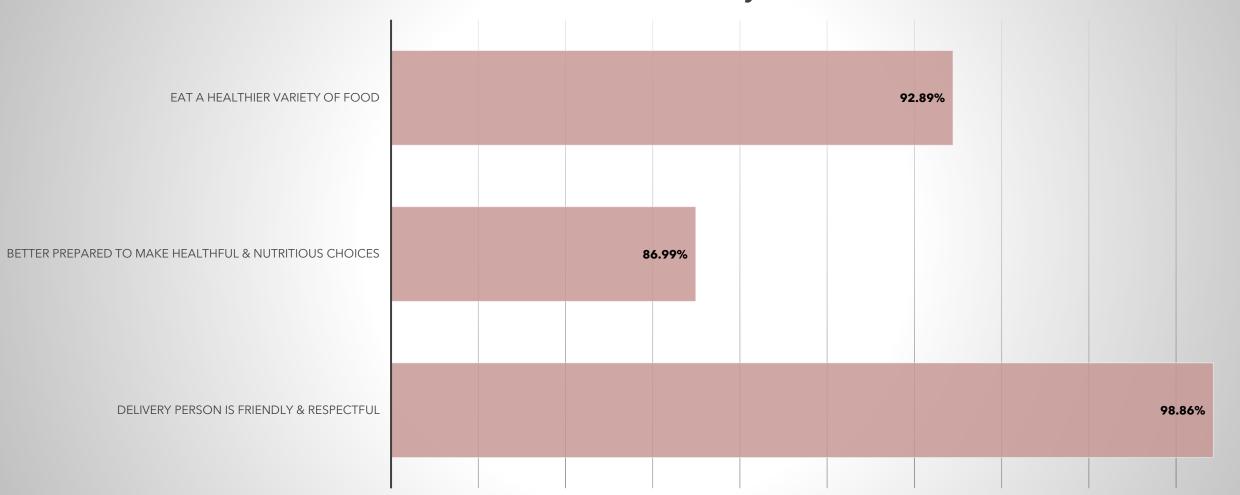
FY 2024 Congregate POMP Survey Results





Home Delivered Meals Indicators-Socialization, Dietary Intake, Health & Nutritional Knowledge

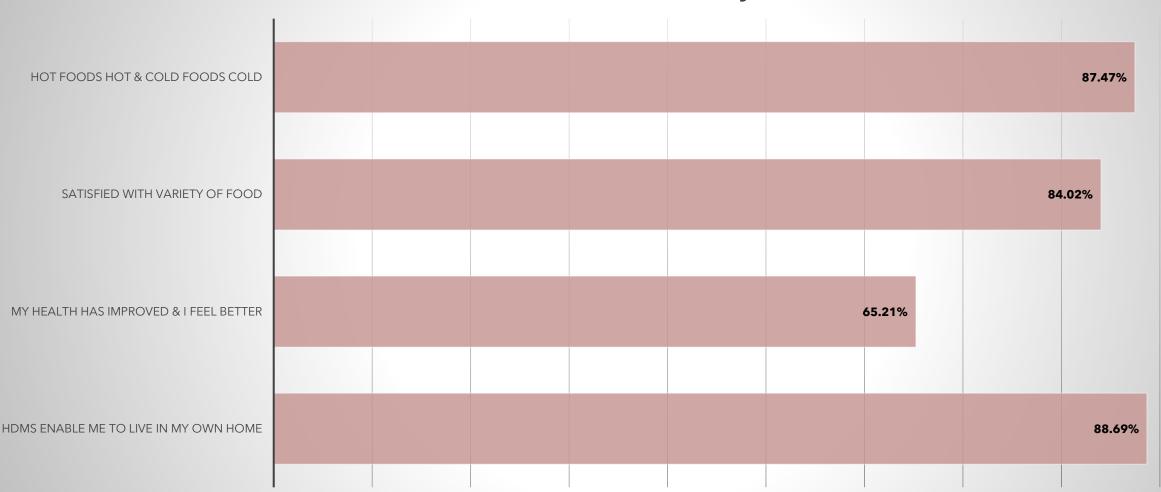
FY 2024 HDM POMP Survey Results





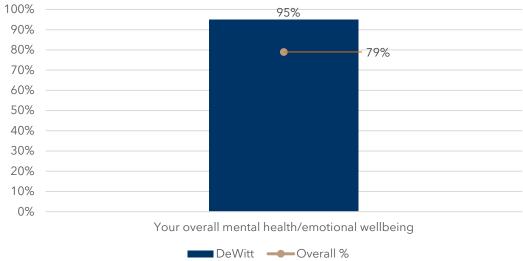
Home Delivered Meals Indicators-Independence and Client Satisfaction

FY 2024 HDM POMP Survey Results

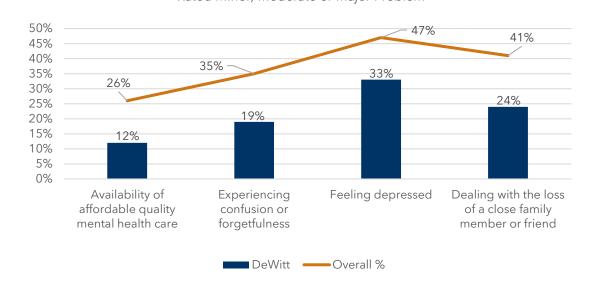


Health & Wellness - Mental Health





Mental Health Rated Minor, Moderate or Major Problem

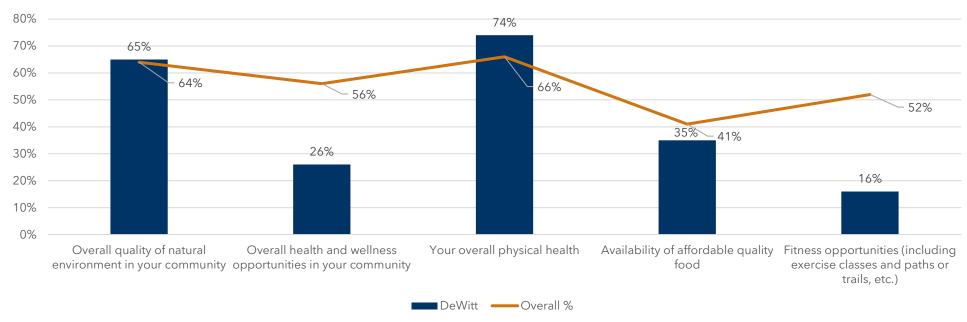






Health & Wellness - Physical Health



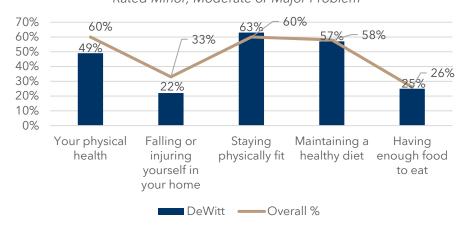






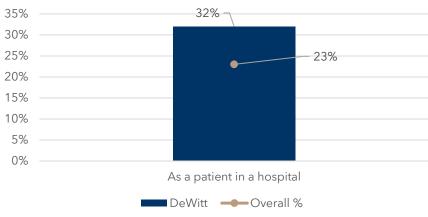
Health & Wellness - Physical Health

Physical Health Rated Minor, Moderate or Major Problem



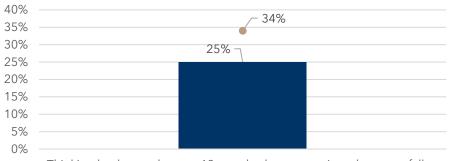
Physical Health





Physical Health

Fallen 1-2 Times, 3-5 Times or More Than 5 Times



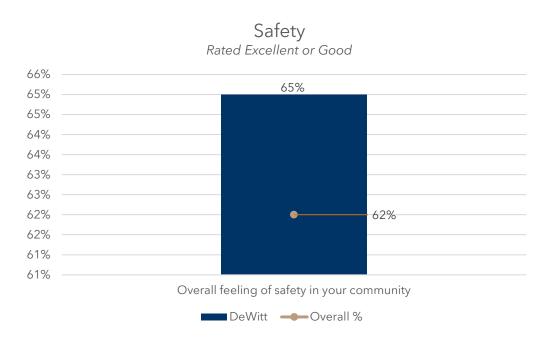
Thinking back over the past 12 months, how many times have you fallen and injured yourself?

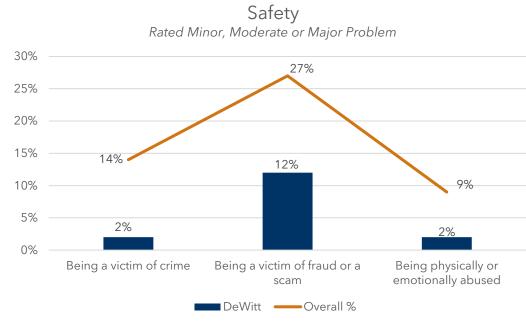






Health & Wellness - Safety









Information & Assistance

Domain of Community Livability



Description

Government programs, policies and information assistance can support successful aging initiatives allowing older residents to remain independent contributors to community quality.

Community Livability Topics

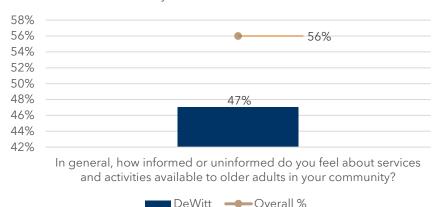
- Quality of Older Adult Services
- Information on Available Older Adult Services



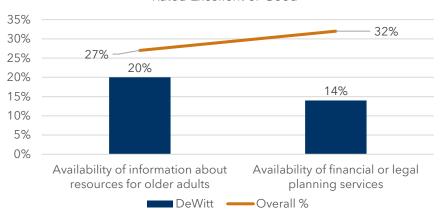


Information & Assistance

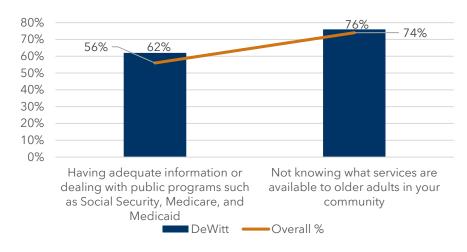
Information on Available Older Adult Services Rated Very Informed or Somewhat Informed



Information on Available Older Adult Services Rated Excellent or Good



Information on Available Older Adult Services Rated Minor, Moderate or Major Problem

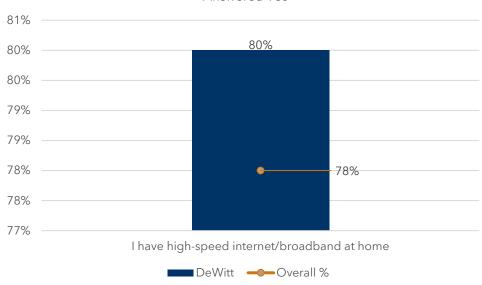




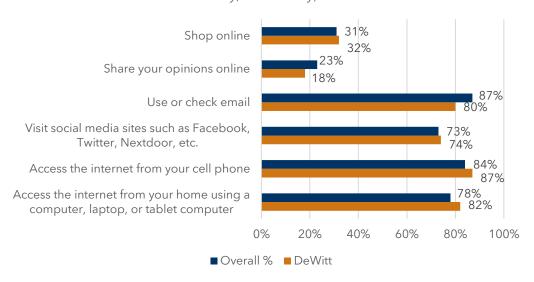


Information & Assistance

Information on Available Older Adult Services Answered Yes



Information on Available Older Adult Services Rated Several Times a Day, Once a Day, or a Few Times a Week

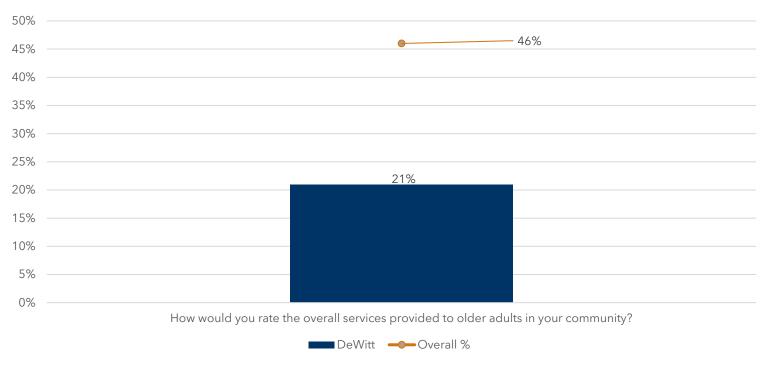






Information & Assistance Quality of Older Adult Services

Quality of Older Adult Services Rated Excellent or Good

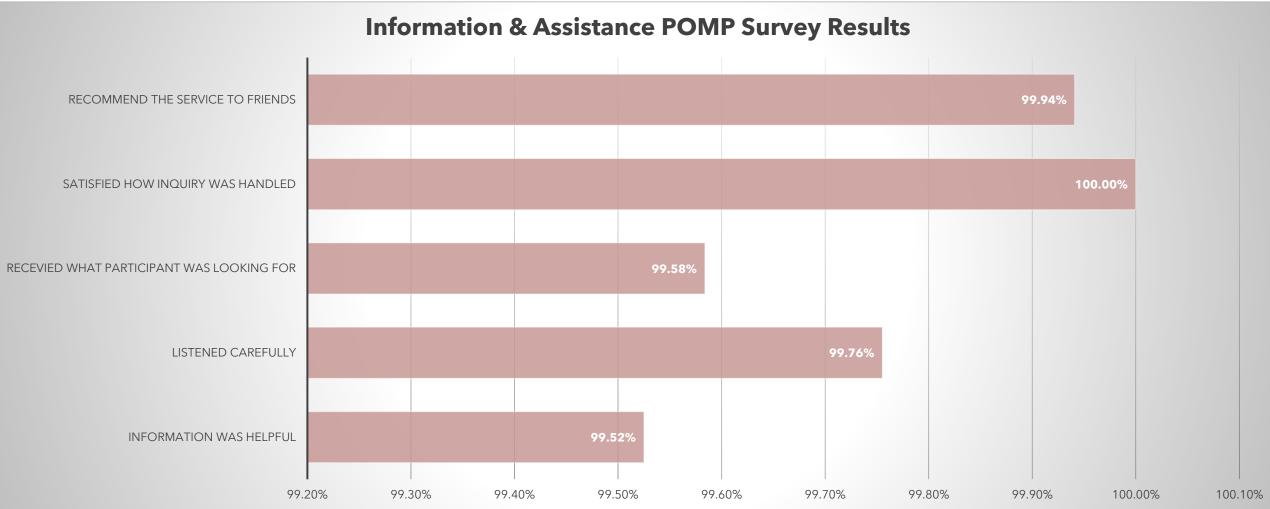








SIS Indicators-Independence & Quality of Life, Client Satisfaction



All indicators saw an increase in positive response

Productive Activities

Domain of Community Livability



Description

Productivity is the touchstone of a thriving old age.

Older adults' engagement and contribution to the community can be determined by their time spent in civic meetings and social activities or providing help to others.

Community Livability Topics

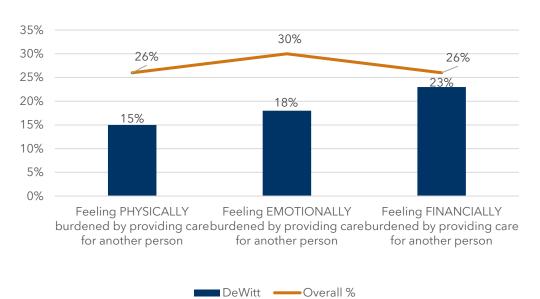
- Civic Engagement
- · Social Engagement
- Caregiving



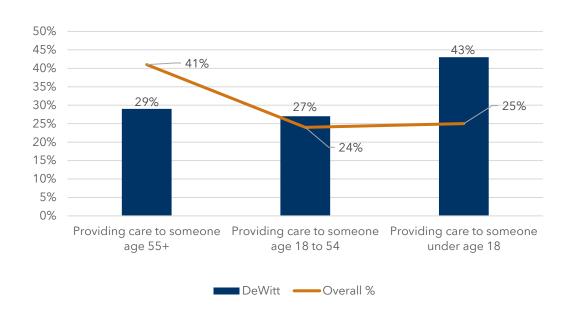


Productive Activities - Caregiving

Caregiving
Rated Minor, Moderate or Major Problem



Caregiving
Responded 1-3 Hrs., 4-5 Hrs., 6-10 Hrs., 11-19 Hrs., or 20+ Hrs.



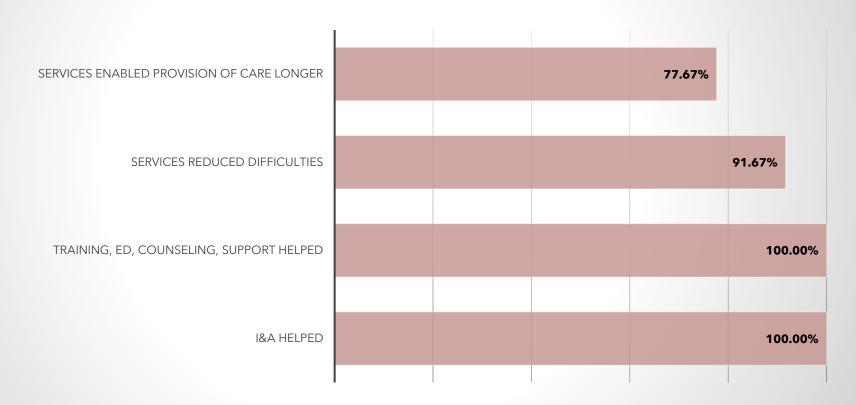






ECIAAA Caregiver Advisory Services Indicators -Education & Information, Support for Better Care Family Caregivers

FY 2024 Caregiver POMP Survey Results





ECIAAA Caregiver Advisory Services Indicators -Education & Information, Support for Better Care Grandparents Raising Grandchildren

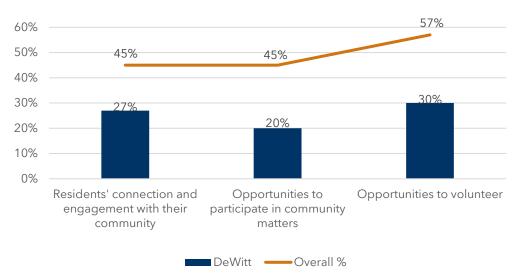




Productive Activities Civic Engagement

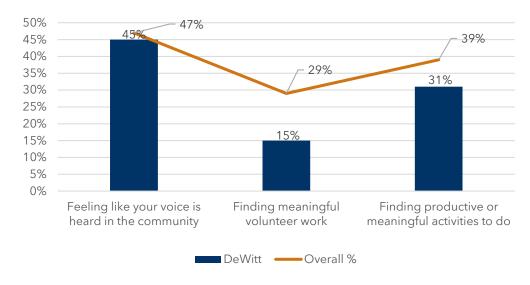
Civic Engagement

Excellent or Good



Civic Engagement Minor Moderate or Major Problem

Minor, Moderate or Major Problem

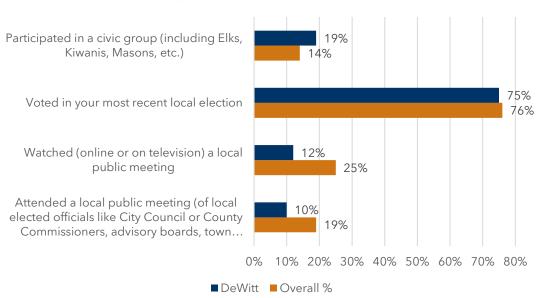






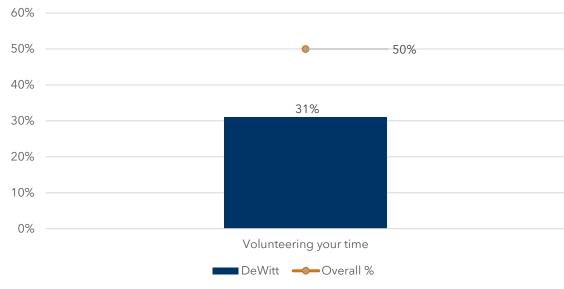
Productive Activities Civic Engagement





Civic Engagement

Responded 1-3 Hrs., 4-5 Hrs., 6-10 Hrs., 11-19 Hrs., or 20+ Hrs.



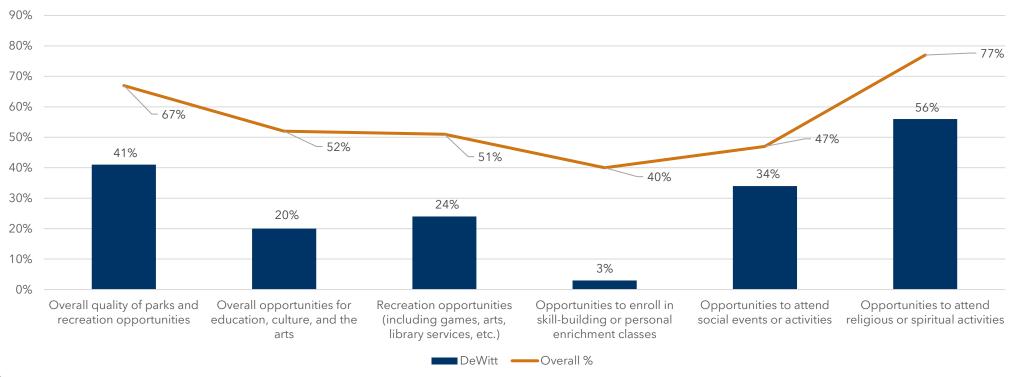




Productive Activities Social Engagement

Social Engagement

Rated Excellent or Good

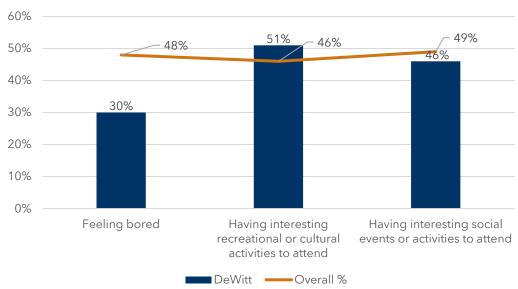






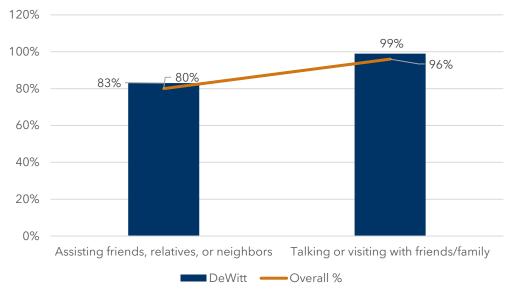
Productive Activities Social Engagement





Social Engagement

Responded 1-3 Hrs., 4-5 Hrs., 6-10 Hrs., 11-19 Hrs., or 20+ Hrs.



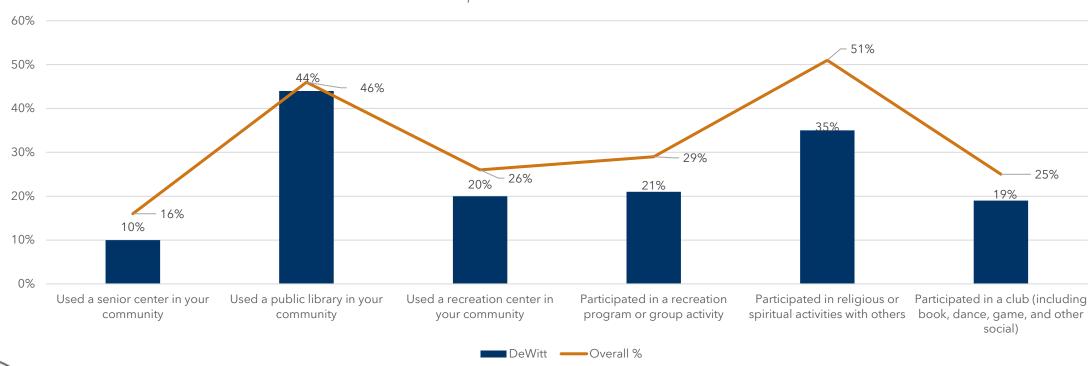




Productive Activities Social Engagement

Social Engagement

Responded Yes in the Last 12 Months







Overall Key Findings

Overall Scores of Community Livability

- Of the 17 Aspects of Livability Examined, the Aspects Found to be Strongest in the Region Related to Areas of:
 - Mobility (62%)
 - Safety (62%)
 - Social Engagement (57%)
- The areas showing the greatest need for improvement related to:
 - Housing (25%)
 - Mental Health (26%)
 - Employment (28%)





Overall Key Findings

Greatest Need for Improvement in PSA 05

Housing Challenges

- Having Housing to Suit Needs
- Doing Heavy or Intense Housework
- Maintaining Home
- Maintaining Yard

Mental Health Challenges

- Experiencing Confusion or Forgetfulness
- Feeling Depressed
- Dealing with the Loss of a Close Family Member or Friend

Employment Challenges

- Finding Work in Retirement
- Building Skills for Paid or Unpaid Work



