

Our Goals & Objectives

Dementia Friendly Moultrie County's goals and objectives include:

Education

Provide Dementia Friends training with different sectors of Moultrie County including the public, faith communities, first responders, local government, commerce, etc., to understand dementia and shed light on debunking negative stereotypes.

Empowerment

Provide Moultrie County persons with dementia and their family caregivers a resource guide that will empower an individual experiencing dementia to seek assistance and promote self-care.

Engagement

Provide opportunities in Moultrie County to participate in activities such as support groups, Memory Café, educational programs, to improve quality of life.

Join Us!

Leadership Team

Angela Hogan, Administrator
Moultrie County Public Health Department
217/728-4114

David Cole, Executive Director
Moultrie Counseling
217/728-4358

Kathi Garvey, Executive Director
Mid-Illinois Senior Services, Inc.
217/728-8521

Kathryn Johnson, Community Liaison
East Central Illinois Area Agency on Aging
309/829-2065 ext. 1223



Dementia Friendly Moultrie County



**Where All People
Can Live, Age and
Thrive**

Mission Statement

The mission of Dementia Friendly Moultrie County is to maximize the quality of life, community participation, and independence for Moultrie County residents living with dementia and their care partners through community-wide education, outreach, and advocacy.”

Why this Matters

- ◆ Majority of people with dementia live in the community interacting with the public everyday.
- ◆ Prevalence of dementia is growing in Illinois - 230,000 people age 65 and older are living with dementia, or 1 in 9 people with 312,000 family caregivers providing care.
- ◆ Stigma around dementia deters people from seeking support.



What is a Dementia Friendly Community?

A dementia friendly community is a village town, city or county that is informed, safe and respectful of individuals living with dementia, their families and caregivers and provides supportive options that foster quality of life.



What is a Dementia Friend?

- ◆ A Dementia Friend learns about dementia and then turns that understanding into action.
- ◆ A Dementia Friend can make a difference for people touched by dementia.
- ◆ Anyone of any age can be a Dementia Friend.

How Can My Community Get Involved?

- ◆ Dementia Friendly Moultrie County’s Leadership and Ambassadors will train businesses, community groups, faith communities, etc. as Dementia Friends. Contact us for more information.
- ◆ Tell others in your community about Dementia Friends and encourage them to become Dementia Friends.
- ◆ Become a Dementia Friends Champion through a free training that prepares you to train others about dementia and what they can do to help persons living with dementia and their family caregivers.

