



ILLINOIS GENERAL ASSEMBLY
UPDATE 2022
JANUARY 21, 9-10:00 AM

ILLINOIS AREA AGENCY ON AGING DIRECTORS

Grant Nyhammer

Northwestern Illinois AAA – PSA 01
Rockford

Barbara Eskildsen

Western Illinois AAA – PSA 03
Rock Island

Keith Rider

Central Illinois AAA – PSA 04
Peoria

Susan Real

East Central Illinois AAA – PSA 05
Bloomington

Mike Drew

West Central Illinois AAA – PSA 06
Quincy

Carolyn Austin

AgeLinc – PSA 07
Springfield

Joy Paeth

AgeSmart Community Resources – PSA 08
O'Fallon

Tracy Barczewski

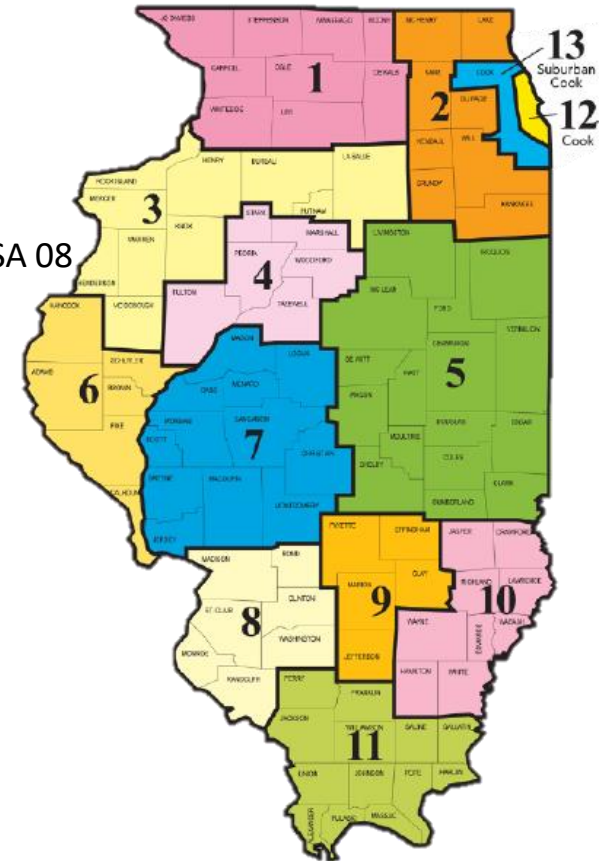
Midland AAA – PSA 09
Centralia

Shana Holmes

Southeastern Illinois AAA – PSA 10
Mt. Carmel

Becky Salazar

Egyptian AAA – PSA 11
Carterville



ILLINOIS DEPARTMENT ON AGING



- Paula A. Basta, M.Div.,
Director
- Lora McCurdy, Deputy
Director
- Katherine Ostrowski,
Legislative Liaison

AGENDA

Welcome

Introduction of Legislators

Challenges: COVID Update

2022 Initiatives

Our Ask to Legislators

Discussion

SENATE MEMBERS OF ILLINOIS GENERAL ASSEMBLY (OUTSIDE CHICAGOLAND AREA & COLLAR COUNTIES)

District	Name	Hometown	PSA
34	Senator Steve Stadelman	Rockford	1
35	Senator Dave Syverson	Rockford	1, 2
36	Senator Neil Anderson	Moline	1, 3
37	Senator Win Stoller	Germantown Hills	1, 3, 4
38	Senator Sue Rezin	Morris	2, 3, 5
44	Senator Sally Turner	Beason	4, 5, 7
45	Senator Brian Stewart	Freeport	1, 3
46	Senator David Koehler	Peoria	4, 7
47	Senator Jil Tracy	Quincy	3, 4, 6, 7
48	Senator Doris Turner	Springfield	5, 7, 8
50	Senator Steve McClure	Springfield	6, 7
51	Senator Chapin Rose	Mahomet	5
52	Senator Scott Bennett	Champaign	5
53	Senator Jason Barickman	Bloomington	4, 5
54	Senator Jason Plummer	Edwardsville	8, 9
55	Senator Darren Bailey	Louisville	5, 9, 10
56	Senator Rachelle Crowe	Wood River	8
57	Senator Christopher Belt	Belleville	8
58	Senator Terri Bryant	Murphsboro	8, 9, 11
59	Senator Dale Fowler	Harrisburg	10, 11

HOUSE MEMBERS OF ILLINOIS GENERAL ASSEMBLY (OUTSIDE CHICAGOLAND AREA & COLLAR COUNTIES)

District	Name	Hometown	PSA	District	Name	Hometown	PSA
67	Representative Maurice West	Rockford	1	99	Representative Mike Murphy	Springfield	7
68	Representative Dave Vella	Rockford	1	100	Representative CD Davidsmeyer	Jacksonville	6, 7
69	Representative Joe Sosnowski	Rockford	1	101	Representative Dan Caulkins	Decatur	5
70	Representative Jeff Keicher	Sycamore	1, 2	102	Representative Brad Halbrook	Shelbyville	5
71	Representative Tony McCombie	Savanna	1, 3	103	Representative Carol Ammons	Champaign	5
72	Representative Michael Halpin	Rock Island	3	104	Representative Michael Marron	Danville	5
73	Representative Ryan Spain	Peoria	3, 4	105	Representative Dan Brady	Bloomington	4, 5
74	Representative Dan Swanson	Alpha	1, 3	106	Representative Thomas Bennett	Watseka	4, 5
75	Representative David Welter	Morris	2, 3	107	Representative Blaine Wilhour	Effingham	8, 9
76	Representative Lance Yednock	Ottawa	3, 5	108	Representative Charlie Meier	Highland	8
87	Representative Tim Butler	Springfield	4, 7	109	Representative Adam Niemerg	Teutopolis	9, 10
88	Representative Keith Sommer	Morton	4, 5	110	Representative Chris Miller	Charleston	5, 10
89	Representative Andrew Chesney	Freeport	1	111	Representative Amy Elik	Alton	8
90	Representative Tom Demmer	Rochelle	1, 3	112	Representative Katie Stuart	Edwardsville	8
91	Representative Michael Unes	Peoria	4, 7	113	Representative Jay Hoffman	Collinsville	8
92	Representative Jehan Gordon-Booth	Peoria	4	114	Representative LaToya Greenwood	East St. Louis	8
93	Representative Norine Hammond	Macomb	3, 4, 6, 7	115	Representative Paul Jacobs	Murphysboro	8, 9, 11
94	Representative Randy Frese	Quincy	3, 6	116	Representative David Friess	Steelville	8
95	Representative Avery Bourne	Litchfield	7, 8	117	Representative Dave Severin	Benton	11
96	Representative Sue Scherer	Decatur	5, 7	118	Representative Patrick Windhorst	Metropolis	10, 11

CHALLENGES FACED BY THE AGING NETWORK DURING COVID-19

Age as a risk factor

Caregiving Challenges

Technology

Nursing Homes

Suspension of in-person programming

Home Vaccinations

Social Isolation

Nutrition Needs

Vaccination Hesitancy



COVID CHALLENGES

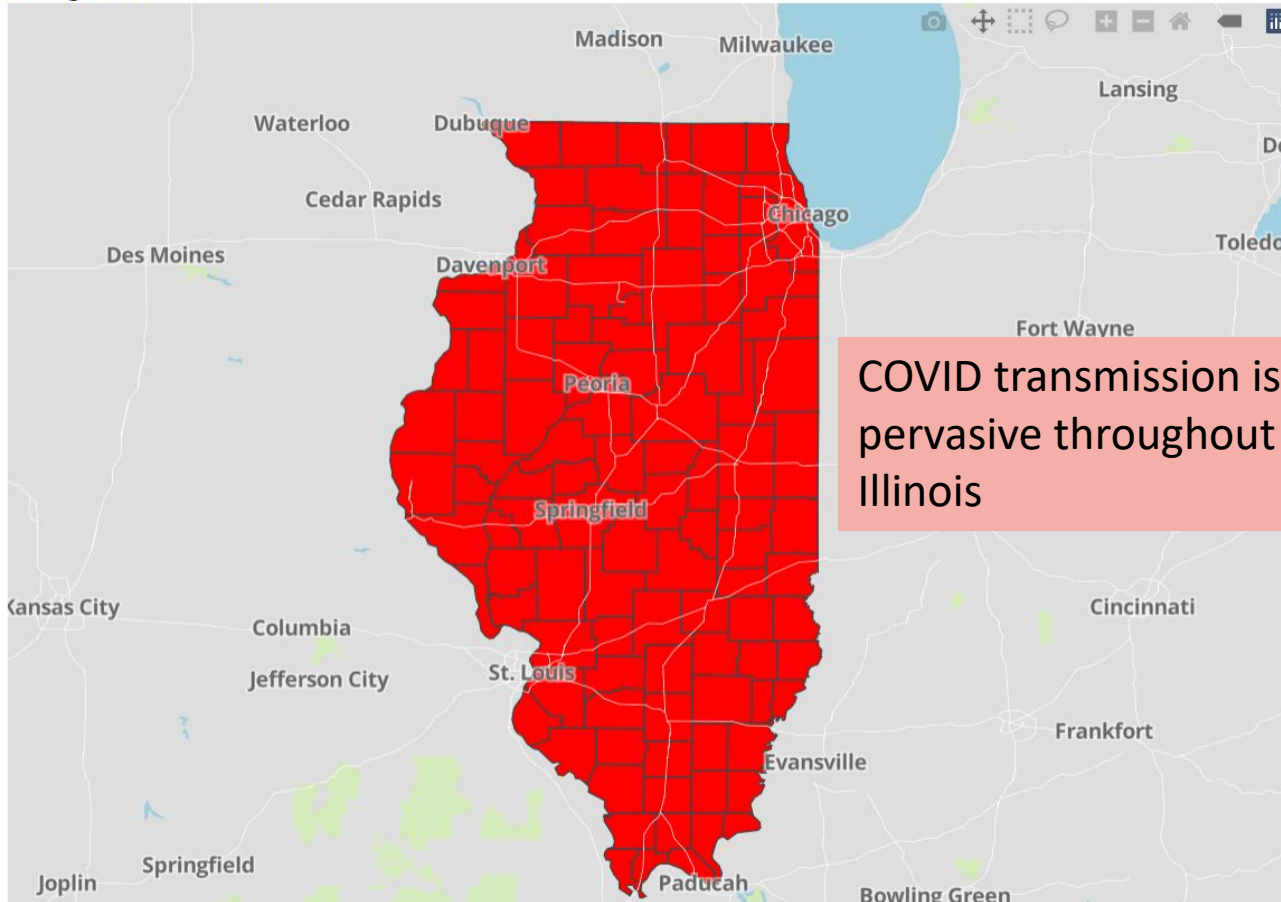
Older adults are disproportionately impacted by COVID-19

- **Age as a risk factor** – age correlates with higher risk of hospitalizations and deaths due to COVID-19. According to IDPH* in IL, people aged 70+ account for:
 - 8% COVID cases
 - 68% COVID fatalities
- **Nursing Homes** – very hard to contain respiratory illness in community living facilities. LTC facilities in communities of color disproportionately impacted
- **Social Isolation** – can exacerbate already existing vulnerabilities (i.e. access to food, medication, medical care) it can be equivalent to smoking 15 cigarettes/day
 - Social isolation is a real marker for risk
 - Reaching older adults needing vaccinations while confined to their homes
- **Caregiving Challenges** – increased challenges for caregivers (i.e. lack of respite, moving loved ones from nursing homes, limited adult day services, and grandparents taking care of grandchildren)
- **Suspension of in-person programming** that older adults relied on
 - Effective mid-March 2020, Area Agencies on Aging suspended congregate services such as dining sites and senior center operations; January, 2022, PSA 12 & 13 congregate dining sites which had re-opened are again closed
- **Vaccination hesitancy** – while overall numbers are good for older adults, while a recent CDC survey found 42% of unvaccinated “don’t trust COVID-19 vaccines”.

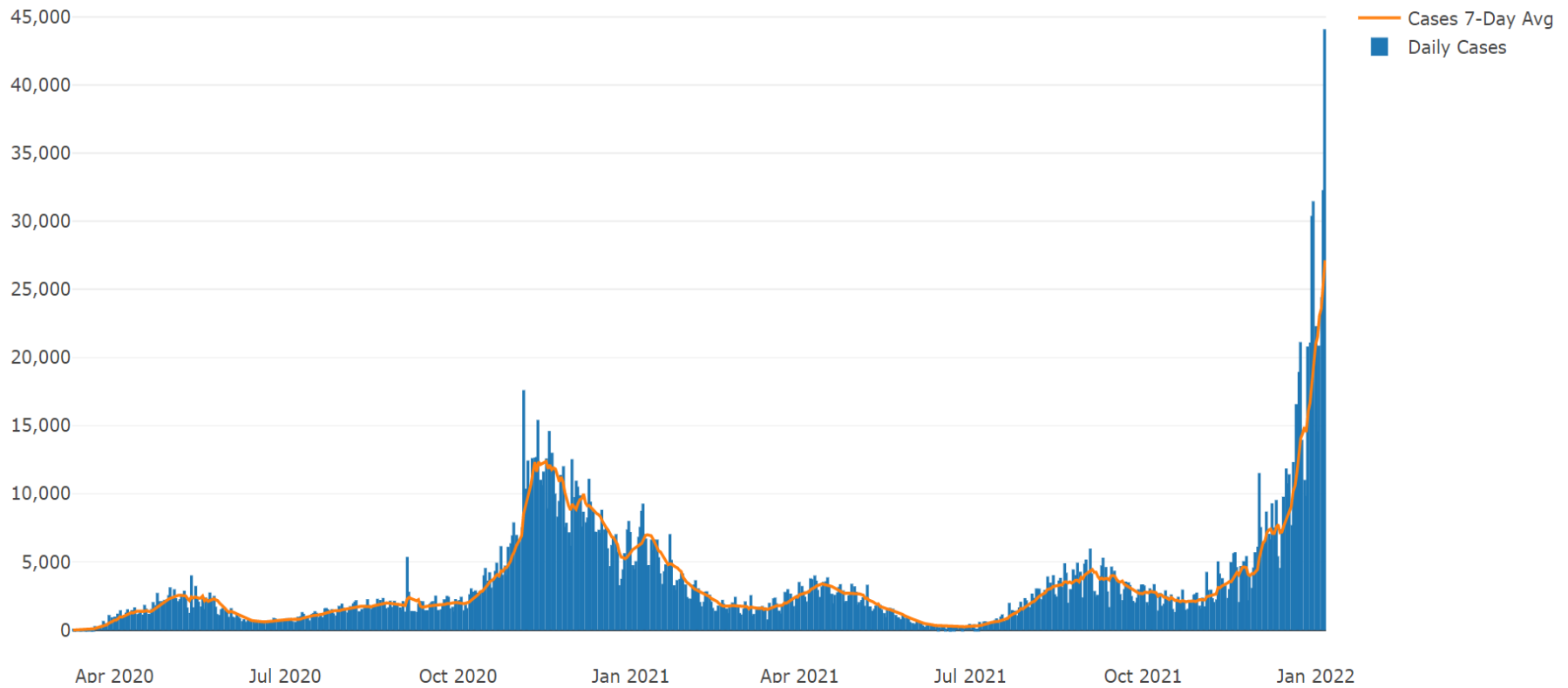
*<http://dph.illinois.gov/covid19/covid19-statistics>

HIGH TRANSMISSION RATES ACROSS THE STATE IMPACTING SERVICE DELIVERY TO OLDER ADULTS (IDPH, 1/5/22)

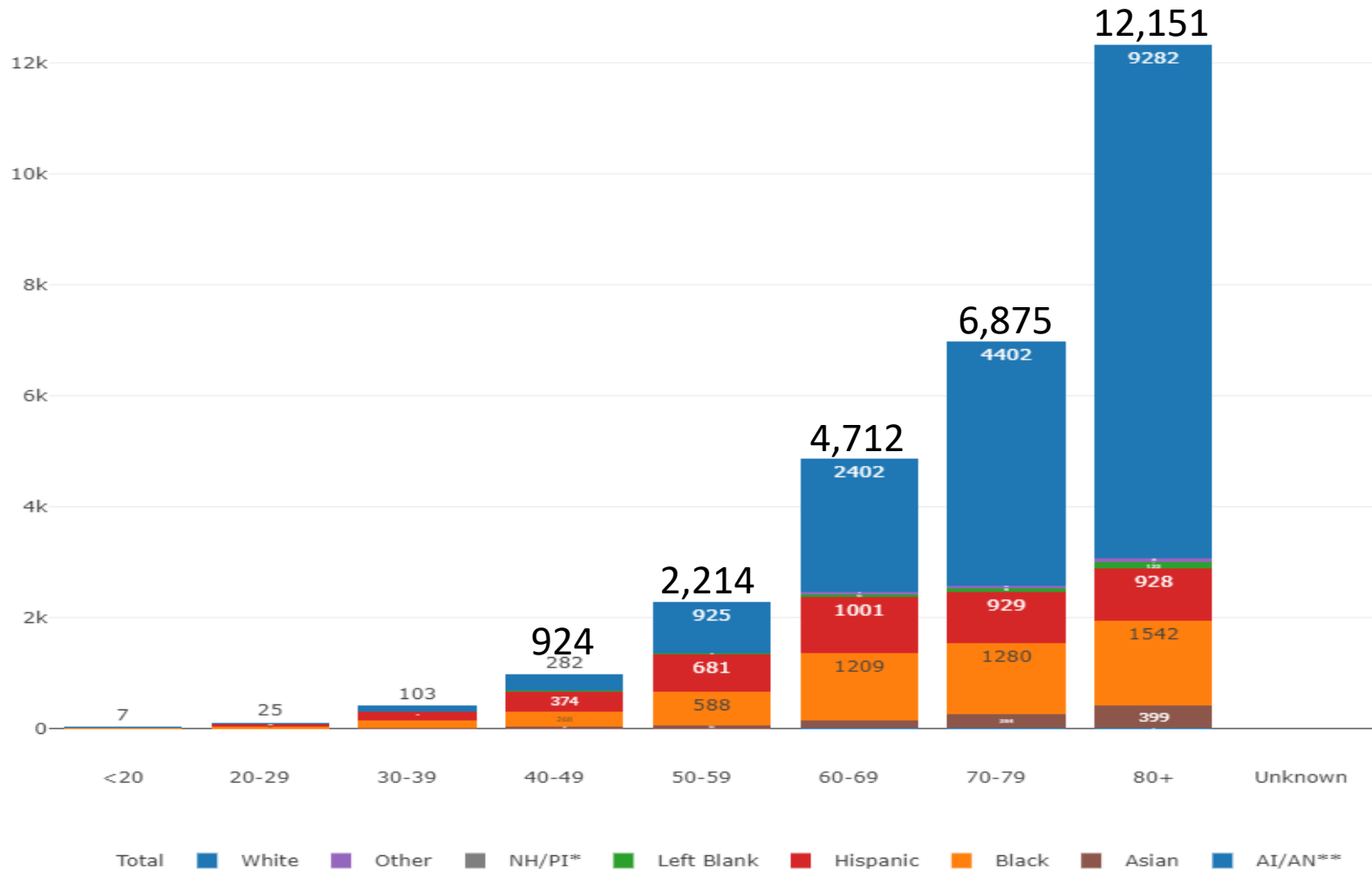
Low Transmission Moderate Transmission Substantial Transmission
High Transmission



ILLINOIS CONFIRMED CASES OF COVID-19 (Updated 1/5/22)



ILLINOIS DEATHS FROM COVID-19 (Updated 1/3/2022)



COVID-19 STATISTICS SINCE THE BEGINNING OF THE PANDEMIC

(Updated 1/20/21)

Total confirmed COVID cases of Illinois residents: 2,732,720

50% Outside Chicagoland Area

Total confirmed COVID deaths of Illinois residents: 29,708

47% Outside Chicagoland Area

Illinois 65+ Population Fully Vaccinated: 87%

ILLINOIS ASSOCIATION OF AREA AGENCIES' ILLINOIS AGING SERVICES RECIPIENT OF RETIREMENT RESEARCH FOUNDATION GRANTS

- Illinois Aging Services (IAS) organized for charitable and educational purposes consists of the 13 IL AAAs
- 2021 IAS was awarded a RRF Foundation grant to examine the impact of social isolation on older adults which has been particularly exacerbated by the pandemic.
 - The overarching objective is to assess and document a “robust characterization of programs as they are being designed and implemented in response to both the social isolation initiative and the evolving needs related to the COVID-19 pandemic.”
 - Research is being conducted by NORC at the University of Chicago in collaboration with CJE SeniorLife
 - Final report anticipated in 2022

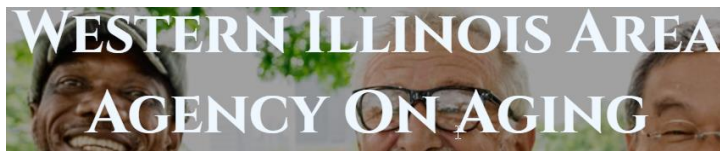
IAS FUNDED TO RAISE AWARENESS OF CAREGIVERS

- Under this RRF 2021 Foundation grant, IAS will build and maintain a strong broad Statewide Caregiver Coalition. Coalition will:
 - Encourage a conversation regarding the 2021 recommendations of the federal **RAISE Family Caregivers Act** made to Congress
 - Identify and promote other needed changes in policies to support family and other unpaid caregivers
 - Launch a public awareness campaign about the issue of caregiving through media outlets statewide and other strategies that will include engagement of industry
- Additional funding for this initiative was received from the Illinois Department on Aging
- Initiative has secured a seasoned professional to lead these efforts who has begun the work

AREA AGENCIES ON AGING: 2022 INITIATIVES



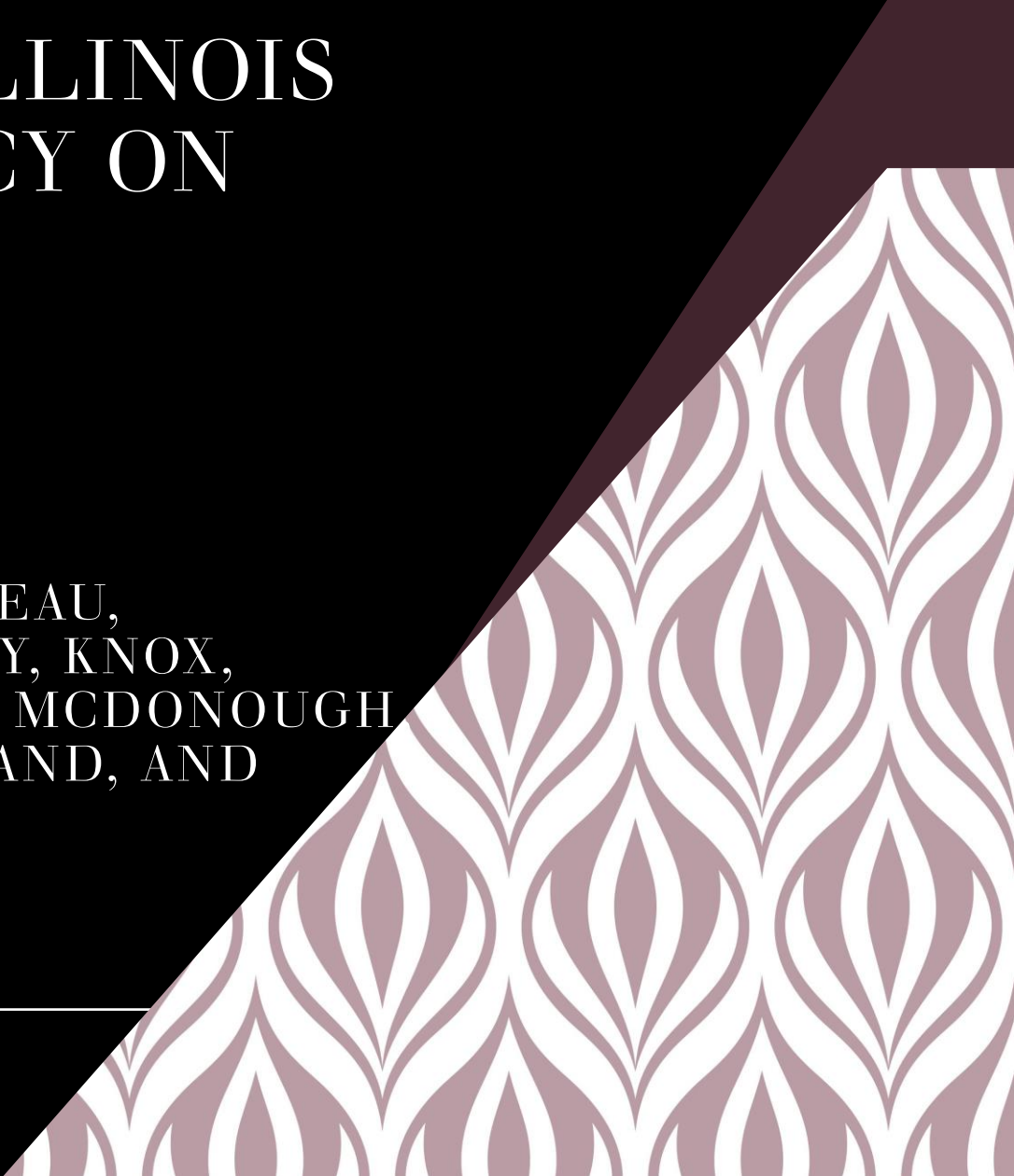
Midland Area Agency on Aging
Established 1973



WESTERN ILLINOIS AREA AGENCY ON AGING

WIAAA SERVES BUREAU,
HENDERSON, HENRY, KNOX,
LASALLE, MERCER, MCDONOUGH,
PUTNAM, ROCK ISLAND, AND
WARREN COUNTIES

FY 2022- FY 2024 American Rescue
Plan Act Awards



American Rescue Plan Act (ARPA)

Title III B Services \$867,556 (3-year funding)

- Information & Assistance, Outreach, and Senior Center – all 10 Community Focal Points
 - Expand existing services*
 - Partner with local LGBT+ agency(ies) to provide education to staff*
 - Transportation Services
 - Expand existing services*
 - Hire additional drivers to transport more older adults*
 - Preventing and mitigating Social Isolation – all 10 Community Focal Points
 - Expand existing program activities*
 - Offer evidence-based programs*
 - Participate in the Claris Companion program*
 - Purchase robotic pets for individuals*
 - Purchase or create monthly activity boxes for participants*
-

Title III B Services Cont'd.

- Legal Assistance

Our legal provider will focus on outreach, legal education and direct legal services targeted to advanced directives such as powers of attorney documents and living wills.

Title III-D

Matter of Balance - \$82,482 (3-Year Funding)

- Matter of Balance master training for new staff
 - Expand material to market in person and virtual Matter of Balance classes in all 10 counties and purchase class supplies
-

Title III-C1 Congregate Meals - \$509,089 (3-Year Funding)

- Provide participants a minimum of two diet options
- Contract with restaurants, hospitals or other to offer medically tailored or cultural/ethnic diet options
- Contract with registered dietitians to provide nutrition counseling
- Open additional congregate meal sites

Title III-C2 Home Delivered Meals - \$848,480 (3-Year Funding)

- Provide at least two diet options for participants
 - Hire additional drivers to establish new routes
 - Increase number of meals per day for participants who are at high nutritional risk
-

Title III-E Caregiver Services - \$269,854 (3-Year Funding)

- Supplemental (Gap Filling)

Expand existing service

- Supportive Counseling

Individual Counseling with caregivers, provided face-to-face or telephonically, focusing on handling the stress of caregiving with the goal of reducing risk of abuse, neglect, exploitation, and nursing home placement.

Title VII Ombudsman – PSA 03 \$18,709 & PSA 06 \$5,788 (3-Year Funding)

The Regional Ombudsman will continue to provide advocacy services for people in long term care facilities and with the additional funding train Ombudsmen on COVID-19 and other relevant subjects and hire new staff as needed.

VAC5 – Covid Vaccine Assistance -\$94,749 (1-Year Funding)

- All Community Focal Points will:

Inform older adults and family caregivers the importance of getting the vaccine through flyers, newsletters, bulletin board postings, social media, and website.

Assist with scheduling covid vaccination appointments including transportation.

Thank you!

Lacey Matkovic, Assistant Director
Western Illinois Area Agency on
Aging

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American Rescue Plan Highlights

**Central Illinois Agency on Aging (CIAA)
Planning and Service Area 4
Illinois General Assembly Update
January 21, 2022**

Supportive Services Under Title III-B

Provide education and reduce social isolation by funding coffee socials, or “coffee clatches”, where seniors can regularly get together to discuss relevant news topics while playing games and enjoying refreshments.





























Expand information & assistance services through our Care Coordination Units (CCUs), by providing them with funds for additional staffing and materials to provide expanded information and assistance for their clients.

Congregate Meals Under Title III-C1 and Home Delivered Meals Under Title III-C2

- Assist nutrition providers to provide at least two diet options, including low carb (diabetic approved) and low sodium meals. Availability is posted on the monthly calendar menu distributed to meal recipients =>
- Sustain the current level of meals delivered, which greatly increased during the pandemic, and will likely continue to increase.

November 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Honey Garlic Pork Chop Brown Rice Edamame Stewed Tomatoes Tropical Fruit Mix	2 Mushroom Bacon Casserole Broccoli Pears  	3 Beef Tips Mashed Potatoes Peas Wheat Bread Slice Pineapple Tidbits	4 Chicken Kiev Brown Rice Spinach LS V8 Juice   Applesauce	5 Chili Garden Salad Corn Bread Muffin Peaches
8  Meatloaf Mash Potato/Gravy Graham Cracker Peas Fruit Cocktail Happy Birthday Lunch! 	9 Chicken and Noodles Mashed Potatoes Carrots Mandarin Oranges	10 Tomato Basil Shrimp Brown Rice Edamame Applesauce  	11 CLOSED 	12 BBQ Pork Chop Pinto Beans Broccoli Tropical Fruit Mix  
15 Bruschetta Chicken LS V8 Juice Asparagus Animal Crackers   Pears	16 Pot Roast Mash Potato and Gravy Carrots Wheat Bread Pineapple Tidbits 	17 Sausage Penne Bake Garden Salad Cauliflower Applesauce  	18 Roast Pork Pinto Beans Spinach Fried Rice Peaches	19 Beef Brisket Mash Potato and Gravy Beets Graham Crackers Fruit Cocktail
22 Grilled Chicken Breast Sweet Potatoes Peas Quinoa Brown Rice  Mandarin Oranges	23 Hamburger on WG Bun Carrots Broccoli Cinnamon Applesauce 	24 Roast Turkey Mash Potato and Gravy Corn Dinner Roll Tropical Fruit Mix	25 CLOSED 	27 CLOSED for BLACK FRIDAY 
29 Spaghetti w/Meat Sauce Garlic Bread Asparagus Pears 	30 Beef w/Broccoli Brown Rice Carrots Pineapple Tidbits 	If you need to cancel, please give 24-48 hour notice to Wayne at 309-706-3663	Remember that your donations are still needed and appreciated!	 DIABETIC APPROVED  LOW SODIUM

Preventive Health Under Title III-D

- Provide a new evidence-based, health education program called Bingocize.
- Unique solution that incorporates exercise, nutrition, and falls prevention within the familiar game of bingo.
- Fun way to get participants moving, learning, and socializing.



Family Caregivers Under Title III-E

- Expand the existing T-CARE (Tailored Caregiver Assessment and Referral) program by funding an additional provider to provide this evidence-based service to caregivers.
- T-CARE is an assessment tool to help develop a care plan for the caregiver, tailored to the caregiver's specific needs. The goal is to reduce caregiver burden (stress) that includes strain in relationships, interference with other responsibilities, and anxiety, worry or nervousness.



VAC-5 Expanding Access to COVID-19 Vaccines

CIAA will arrange and provide accessible transportation to vaccination sites for those who are able to get out of their home, but do not have a way to get to the vaccination site.

Transportation services are targeted to older adults with greatest economic and social need.



CIAA will assist homebound persons who are unable to go to a vaccination site, by helping to schedule a local public health department staff to make a home visit to administer the vaccine.

Services are targeted to older adults with greatest economic and social need.

Thank You!

**Central Illinois Agency on Aging
PSA 4**

**Keith Rider, President/CEO, krider@ciaoa.net
Matt Yee, Planning Manager, myee@ciaoa.net**

East Central Illinois Area Agency on Aging, Inc.

American Rescue Plan Act Awards (ARPA)

Planning & Service Area 05

Serving the Counties of:

**Champaign, Clark, Coles, Cumberland, DeWitt, Douglas, Edgar,
Ford, Iroquois, Livingston, Macon, McLean, Moultrie, Piatt,
Shelby & Vermilion**



ARPA TITLE III-B FUNDING

\$1,079,039 (3-Year Funding)

Coordinated Points of Entry – Senior Information Service Providers

VAC 5 (Only 1 Year)

- Assist older adults in accessing vaccines and boosters, including scheduling and arranging transportation

Options Counseling

- ECIAAAA will expand funding to allow for the detailed data collection from the Options Counseling Intake Form.
- ECIAAAA will develop a mechanism in collecting data to determine if referral was made and if individual was connected to identified services.



REDUCING SOCIAL ISOLATION CURRENT PILOT PROJECTS

- CCSI – ESL/Hispanic Outreach & Brain Train
- ARC – Sunshine Project – McLean
- CRIS Healthy-Aging Center & University of Illinois – Smart Speaker Project – Champaign & Vermilion
- Family Service Resource Center – Friendly Caller Program & Activity Boxes – Champaign & Douglas
- Catholic Charities Friendly Caller/Friendly Visitor Program
- Starting Point-MCHD & Decatur Library Technology Project – Macon

REDUCING SOCIAL ISOLATION EXPANSION

- ECIAAAA will expand Reducing Social Isolation Programs to Coles, Clark and Cumberland Counties
- ECIAAAA will implement a regional Reducing Social Isolation Provider Call 2x's a Year
- ECIAAAA will emphasize cross-referrals when participants experience social isolation



TRAINING

- ECIAAA will complete SAGE Certification Training & Coordinate Training for Providers
- ECIAAA will coordinate Mental Health First Aid Training
- ECIAAA will support educational collaborate initiatives by coordinating sector trainings for the development of Dementia Friendly America Communities

LEGAL ASSISTANCE

- ECIAAA will support Legal Assistance providers in their efforts to target homebound and isolated older adults needing legal assistance.



ARPA TITLE III-C FUNDING

\$1,465,207 (3-Year Funding)

- **CONGREGATE MEALS : \$617,232**
- **HOME DELIVERED MEALS: \$847,975**

ARPA TITLE III-C ACTIVITIES

- ECIAAA will consider the FY 2022 Illinois Department on Aging Nutrition Survey to expand Home Delivered Meal Routes.
- Implement innovative nutrition options, including enhanced dining experiences and diet choices.
- Target second meals to persons with high food insecurity and nutritional risk where feasible.
- Provision of two diet options for both congregate and home delivered meal participants.



ARPA TITLE III-D FUNDING

\$101,221 (3-Year Funding)

**Evidence-Based/Healthy Aging Programs
CDSMP/DSMP & Matter Of Balance (MOB) & Bingocize & Aging Mastery**

- Expand existing programs –
 - Additional classes
 - Additional counties
- Facilitate training to offer programs virtually

ARPA TITLE III-E FUNDING

\$302,888 (3-Year Funding)

- ECIAAAA-funded Caregiver Advisory Programs Provide Support to Family/Informal Caregivers of Older Adults & Grandparents/Relatives Raising Grandchildren/Children
- Expand Respite Funding
- Provide Powerful Tools Training to Caregiver Advisory Programs
- Support the licensing cost of TCARE for all Caregiver Advisory Programs

ARPA TITLE VII OMBUDSMAN FUNDING

\$27,715 (3-Year Funding)

- Additional Training for ECIAAA Long Term-Care Ombudsman Staff-
 - NORC/Consumer Voice
 - Pioneer Network
 - SAGE Training
- Participate in community meetings to increase awareness of social isolation



Thank You!

*Susan C. Real, Executive Director
East Central Illinois Area Agency on Aging, Inc.
sreal@eciaaa.org
309-829-2065 ext. 1218*



AGELINC AREA AGENCY ON AGING FOR LINCOLNLAND PSA-07

SERVING THE COUNTIES OF: MASON, LOGAN, MENARD, CASS, SCOTT, MORGAN,
SANGAMON, CHRISTIAN, GREENE, MACOUPIN, MONTGOMERY, & JERSEY

ARPA Funding \$2,259,884 (3 year funding) VAC 5 (only 1 year)

- Continue to offer assistance with Covid-19 vaccine and booster scheduling, transportation, and other information and assistance related to Covid-19
- Provide COVID-19 education materials to all service providers based on CDC guidelines for vaccines and boosters
- Promote vaccine awareness, emphasizing our rural, minority and low-income populations who appear to be the most vaccine-hesitant
- Expand the use of personal support and peer influencers in supporting seniors to get their initial immunization, second dose and any recommended boosters

AGELINC PSA07

SOCIAL ISOLATION AND MENTAL HEALTH

- Add program staff to expand programming related to social isolation and equitable services
- Work with CCUs, MCOs, and other AAAs to assist in providing a strong network of training, outreach, and support statewide
- Participate in all trainings related to data collection and input/reporting in the AgingIS system
- Assess impact and effectiveness of services with UCLA Loneliness Scale
- Make Loneliness score data available to provider
- Staff and provider staff interview techniques training through SageCares, focusing on equity of services, addressing social isolation, and mental health needs of clients.
- Offer ASIST suicide intervention training to staff and providers
- Destigmatize mental illness and substance abuse
- Culturally responsive and trauma informed information for consumers, providers and staff.
- Encourage consumers to seek assessment, referral and treatment when appropriate.

AGELINC PSA07

EQUITABLE SERVICE DELIVERY

- Expand approved programming in our Area Plan to address social isolation among the racially diverse population, the LGBT+ population, including programming for the homeless population through the Heartland Continuum of Care.

REFERRALS & DATA COLLECTION

- Work with consumers and providers to track referrals and unmet needs and reduce instances where referrals are not utilized and where community solutions are unavailable/inaccessible.
 - Collect tracking information and referral outcome information and report quarterly to the Department.
- Continuing procedures to promote senior wellness
 - Establish a process for screening for health needs including immunization status, preventable or infectious disease, and behavioral health issues.

FUNDING FOR EMERGENCY NEEDS

- Use \$30,000 for GAP funds, to meet emergency needs of seniors in our PSA, including rent and housing assistance, utilities, medications, assistive devices, and groceries.



AGE LINC PSA07

MEAL PROGRAM EXPANSION

- Nutrition providers will provide their regular meals, plus one additional meal choice as per the guidelines, and based upon the specific needs of their congregate meal clients, as determined by client surveys.
 - Currently, AgeLinc works with community providers to provide over 70,000 congregate meals annually and over 220,000 home delivered meals.
- AgeLinc will also be adding one additional nutrition provider in Sangamon County to provide meals specifically to racial minorities. This provider has an existing program that is not currently funded by AgeLinc. Adding this provider under ARPA funding will allow AgeLinc to ensure equity of services, increased access, and new educational and outreach opportunities to racial minorities in the county. By supporting this nutrition provider, AgeLinc intends to leverage access to other minority service providers in the area.
- AgeLinc works closely with our community providers to locate Home Delivered Meal Drivers and necessary equipment to prevent wait-listing, meet anticipated demand and expand potential routes. Increased funding through ARP, will allow AgeLinc to review the current service areas and cultivate potential providers in rural, minority and under-served communities.

AGE LINC PSA07

EVIDENCE-BASED HEALTH PROGRAMMING

- Expand current evidence-based programming including:
 - Matter of Balance
 - Chronic Disease Self-Management
 - Diabetes Self-Management
 - Bingocize exercise programming
 - Stress Busting for Caregivers
 - PEARLS
- Use ARPA funding to train more master trainers and facilitators in these programs, as well as potentially add new fall prevention programs if there is an interest by our providers.

CAREGIVER SUPPORT

- AgeLinc is currently utilizing T-Care, but will add additional licenses, as well as expand Savvy Caregiver and/or Stress Busting for Seniors by training additional master trainers and facilitators.
- Provide online access to registration for evidence-based programs and offer programming across counties to better serve our rural communities through Illinois Pathways to Health
- Continue to connect caregivers who are experiencing support issues with the IL Home Care Ombudsman, as needed.

AGELINC PSA07

TECHNOLOGY EXPANSION

- Expand the use of technology training and providing of remote devices (tablets, Wi-Fi hotspots, etc.) to expand health care access, well care management, remote access to exercise, behavioral health support, and chronic disease management
- Provide training for caregivers on the use of technology, so that they can participate in virtual trainings and access home healthcare resources remotely

AGESMART COMMUNITY RESOURCES

PSA 08

SERVING THE COUNTIES OF: MADISON, BOND, ST. CLAIR, CLINTON, MONROE,
WASHINGTON, & RANDOLPH

- Reduce Isolation and Loneliness
- Promote Tech Literacy Among Older adults
- Housing Preservation for Those at Risk of Eviction
- Training for Network
- Senior Concierge
- Additional Caregiver Specialists and Tech for Caregivers
- Increase Meal Options for Home Delivery
- Promote Creative Senior Dining Options
- Nutrition Counseling for Those with Diet and Chronic Conditions
- Implement Additional Behavioral Health Programs
- Enhance Accessibility of Health Promotion Programs
- Improve the knowledge About the Long-Term care Ombudsman
- Get More Unvaccinated Vaccinated and More Unboosted Boosted.

**MIDLAND AREA AGENCY ON AGING
FY 2022-2024
AMERICAN RESCUE PLAN ACT (ARPA) TOTAL
AWARDS \$978,097**




Midland Area Agency on Aging

Planning & Service Area 09
Serving the counties of: Clay, Effingham,
Fayette, Jefferson, & Marion



**FUNDING FOR TITLE III B ACCESS SERVICES:
\$324,832 (FOR THREE YEARS)**

SERVICE EXPANSION INCLUDES:

- INCREASE FUNDING FOR INFORMATION AND ASSISTANCE SPECIALIST TO HAVE FULL TIME ACCESS IN ALL COUNTIES. FORMALIZED DATA COLLECTION WILL BE DEVELOPED AND UTILIZED.
 - EXPAND TRANSPORTATION TO INCLUDE CLAY COUNTY
 - INCREASE EDUCATION FOR LEGAL CLIENTS. INCLUDING SCAMS AND THE IMPORTANCE OF ADVANCE DIRECTIVES
 - INCREASE SOCIAL ISOLATION OUTREACH WITH A COMBINATION VIRTUAL PROGRAMING AND SOCIAL ISOLATION BAGS
- 

**FUNDING FOR TITLE C NUTRITION SERVICES:
C1 CONGREGATE \$211,844 AND C2 HOME DELIVERED MEALS
\$317,771 (FOR THREE YEARS)**

SERVICE EXPANSION INCLUDES:

- CONGREGATE DINING SITES ARE CURRENTLY CLOSED DUE TO HIGH COVID NUMBERS. UPON OPENING WORK WILL BE DONE TO INCREASE MEAL OPTIONS, AND SPECIAL DIETS. CURRENTLY MEALS ARE PROVIDED EITHER BY PICK UP OR HOME DELIVERED.
- HOME DELIVERED MEAL: THIS FUNDING WILL BE USED TO EXPAND ROUTES AND GET ADDITIONAL VEHICLES AND PERSONNEL TO DELIVER MEALS. IT WILL BE USED TO ADD SPECIAL DIETS AND MEAL CHOICES AS WELL AS SUPPLYING ADDITIONAL MEALS TO THOSE PEOPLE WHO HAVE BEEN IDENTIFIED AT A HIGH NUTRITIONAL RISK

FUNDING FOR TITLE III D EVIDENCE BASED SERVICES \$22,582 (FOR THREE YEARS)

SERVICE EXPANSION INCLUDES:

- CURRENTLY THE AAA HAS 2 PROGRAMS STRONG FOR LIFE AND AGING MASTERY IN 3 COUNTIES.
- THE AAA WILL ADD AN ADDITIONAL PROGRAM BINGOCIZE IN THE 2 COUNTIES THAT CURRENTLY ARE NOT BEING SERVED. BINGOCIZE COMBINES EXERCISE AND HEALTH INFORMATION IN A FUN FORMAT. WE ARE HOPING TO OFFER IT IN OUR CONGREGATE SITES WHEN THEY REOPEN. TRAINING WILL BE OBTAINED DURING THE TIME THAT THEY ARE CLOSED.

FUNDING FOR TITLE VII OMBUDSMAN SERVICES: \$7,498 (FOR THREE YEARS)

- THE LONG TERM REGIONAL OMBUDSMAN HAS RETIRED. THIS FUNDING WILL BE UTILIZED TO TRAIN THE NEW OMBUDSMAN.

**FUNDING FOR TITLE III E CAREGIVER SERVICES:
\$101,065 (FOR THREE YEARS)**

SERVICE EXPANSION INCLUDES

- **EXPAND RESPITE SERVICES FOR BOTH OLDER ADULT CAREGIVERS AND GRANDPARENTS RAISING GRANDCHILDREN.**
- **CREATE SUPPLEMENTAL GAP FILLING SERVICES TO THOSE OLDER ADULT CAREGIVERS WHO ARE NOT COVERED UNDER THE ALZHEIMER'S AND RELATED DISORDER GAP FILLING**
- **CREATE SUPPLEMENTAL GAP FILLING FOR GRANDPARENTS RAISING GRANDCHILDREN**
- **SUPPORT LICENSING AND TRAINING FOR ADDITIONAL STAFF FOR THE T-CARE PROGRAM**

THANK YOU!
TRACY BARCZEWSKI, EXECUTIVE DIRECTOR
MIDLAND AREA AGENCY ON AGING

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618-532-1853 PHONE



EGYPTIAN AREA AGENCY ON AGING

PSA 11

SERVING THE COUNTIES OF: PERRY, FRANKLIN, JACKSON, WILLIAMSON,
SALINE, GALLATIN, UNION, JOHNSON, POPE, HARDIN, ALEXANDER, PULASKI &
MASSAC

Title-III B

*Education on the vaccine and booster

*Assistance setting up vaccine appointments, arranging transportation, or arranging in-home vaccines

*Purchase tablets for those unable to afford one and able to benefit from support groups or social media to combat social isolation (Community colleges teach technology classes at the senior centers and are used with anyone needing training on their tablet)

Telephone reassurance is being done by the senior centers, but is also being expanded to outside volunteers to make calls to socially isolated seniors

Volunteers from Retired Senior Volunteer Program make cards and write letters to socially isolated seniors

EGYPTIAN AAA PSA 11

Title-III C1 Congregate Meals

- *Purchase additional or replacement stoves, refrigerators, freezers, or countertops for meal preparation.
- *Modify the environment to be more inviting and with more precautions to aid in social distancing and safety
- *Add additional options in meal choice so alternatives are available at every meal

Title-III C2 Home Delivered Meals

- *Purchase additional or replacement stoves, refrigerators, freezers, or countertops for meal preparation.
- *Purchase or repair vehicles for expanded meal routes and service area
- *Add additional options in meal choice so alternatives are available at every meal

EGYPTIAN AAA PSA 11

Title-IIID Evidence-Based Services

*Add Bingocize to several counties

*Recently trained staff in Matter of Balance and TCYH will be leading new classes in the spring

*Tablets are available for seniors who cannot afford a device and want to do a virtual class from home

Title-IIIE Caregiver Services

*T-Care is beginning in our area. Our Case Coordination Unit Shawnee Alliance will be offering T-Care in several counties, with at least 2 Care Coordinators trained in the caregiver curriculum

*Tablet are available for caregivers who cannot afford a device and would benefit from online support groups

*Additional respite is available through a new Adult Day Service Provider that has specialized services for persons with dementia

*Dementia Friendly has expanded to a new community, with a Memory Café to begin soon. This will be for both the person with dementia and the caregiver.

EGYPTIAN AAA PSA 11

Title-VII Ombudsman

- *Increased presence in facilities
- *Addition of tablets/laptops for staff to aid in documentation while within the facility
- *Purchase of additional personal protective equipment for visits to facilities



The Illinois Family Caregiver Act: An Opportunity to Support Caregivers Support HB 293 & SB 1766

Support Fund the Illinois Family Caregiver Act

The law, PA 93-0864 passed in 2004 but never funded, established a caregiver support program to assist unpaid caregivers including grandparents raising grandkids (kinship care) through training and education to develop essential caregiving skills and other interventions to provide relief and reduce stress.

Supporting Caregivers Helps Older Illinoisans Stay Home Longer

- A 2019 report found in Illinois 1.5 million family caregivers provided 1.24 billion hours of unpaid care valued at **\$17.3 billion** annually.
- **50%** of voters over age 40 in Illinois are either current or former family caregivers.
- **70%** of family caregivers felt stress emotionally:
 - According to Blue Star Families' 2020 Military Family Lifestyle Survey, 35% of active duty family respondents and 43% of veteran family respondents report being an unpaid caregiver, commonly for a spouse/partner or a parent or grandparent who is a veteran.
 - 1 in 4 caregivers took a leave of absence to provide care
- **75%** of abuse against older adults involved family members. ³ With effective caregiver support, caregivers will feel less stress which may diminish instances of abuse.

Critical issues around caregiving existed prior to the current pandemic, but COVID-19 is changing concepts of care in long-term facilities, isolation, mental wellbeing, economics, and making this issue more important now than ever.

Our Ask \$6 million to fund the Illinois Family Caregiver Act, an investment in our family caregivers

100% of funds will go towards expanding existing services that will almost double support for:

- Evidence-based assessments that tailor interventions to caregivers' unique needs
- Support services and respite care that provide temporary relief to caregivers
- Hands-on caregiver training, education and stress relief programs
- Adult Day Programs
- Saves Medicaid dollars by delaying costly nursing home placement

Reach Out

Questions or comments, please contact:

Diane Slezak - Diane.Slezak@AgeOptions.org **Susan Real** - SReal@eciaaa.org

¹ Valuing the Invaluable: 2019 Update, AARP Public Policy Institute, November 2019 ² AARP Family Caregiving in IL: A Survey of Registered Voters Age 40 and Older, March 2019 ³ IDoA Adult Protective Services Annual Report, Fiscal year 2020

Support

SB 1766
HB 293

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OUR ASK

Please continue to support older adults & preserve Department on Aging's budget for:

- **Strengthen family caregiver support** (SB 1766/HB 293): funds are needed to support unpaid family caregivers that help their loved-ones stay in the community longer which has been proven to delay nursing home placement and save Medicare dollars.
- **Continue supporting essential services for older adults:** the pandemic has highlighted increased demand for nutrition, social isolation and Alzheimer's Disease and Related Disorders programs.
- **Support ongoing nursing home reform:** According to AARP IL ranks 50th in direct-care nursing hours per resident per day.

THANK YOU FOR YOUR CONTINUED COMMITMENT TO SUPPORTING OLDER ADULTS OF ILLINOIS!

I4A has supported each Area Agency on Aging to build a network of aging services at the local level, incorporating the preferences of local participants. I4A's mission is to help Illinois' older adults and people with disabilities live with dignity and choices in their homes as long as possible.



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