

Leading the Conversation: A New Narrative for Aging and Human Services



Presented by Lauren Wright
Executive Director, Illinois Partners for Human Service



Who is Illinois Partners for Human Service?

- A coalition of 850+ organizational partners serving every legislative district in Illinois;
- The largest collective voice for human services in the state;
- An advocate for high quality, evidence-based, sustainable approaches to human services provision;
- A leader in collaborative advocacy to protect funding and promote fair policies for our sector;
- A trusted resource for information regarding the issues most impacting health and human services.

Reframing Human Services and Aging



Has anyone heard of Reframing?

If so, in what context?



What is FrameWorks Institute?

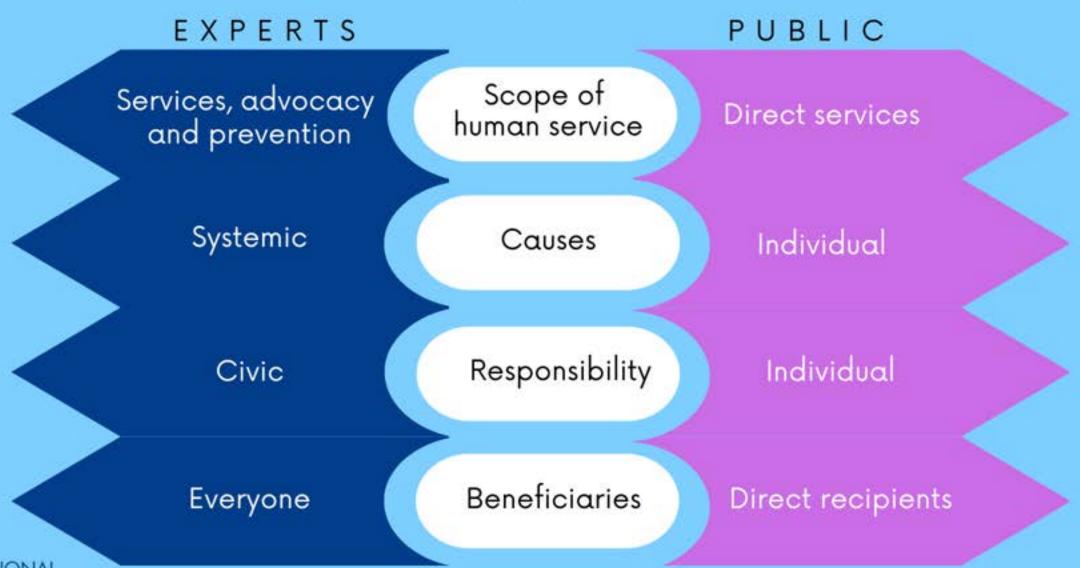


- A communications think tank.
- A Strategic Frame Analysis® that promotes:
 - Evidence-based, multi-disciplinary communications research;
 - Empirical identification of the most effective ways to reframe social issues;
 - A grounded understanding of cultural models and neuroscience.

What are Human Services?



Mapping the Gap



Experts say... ... Public Thinks

In these tough times people need more support, not less! This is no time to cut funding to human service issues.

In tough economic times, people who get those programs have a better quality of life than the rest of us! Must be nice to have someone else pick up the tab...



Mental Shortcuts

Brain Rejects Conflicting Info

Unfortunately, this is how the brain works: Sir! We are receiving information that conflicts with the core belief system! Get rid of it. Unknowns are a "Cognitive Hole"



Frameworks Research: Human Services are a Cognitive Hole

People think human services are:





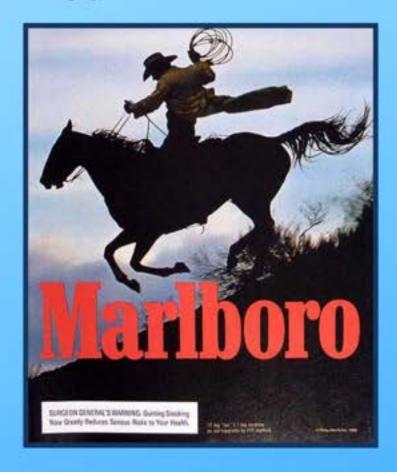
This thinking is rooted in mental shortcuts, such as:



... and cueing up this thinking can get us stuck in a mental "swamp," which undermines our efforts.

Cultural Models

Rugged Indivudualism



Corrupt Govenrment



Fatalism



What is wellbeing?

- Financial Self-Sufficiency
- Physical Health



What threatens well-being?

- Lack of Willpower
- Bad Parents
- Dangerous
 Communities



Human Services SWAMP

How do we improve well-being?

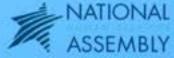
- Individuals are Responsible
- Government is Inept and Corrupt
- Informal Networks

What are human services and how do they work?

- Cognitive Hole
- Direct Services
- Kindness and Charity
- Only the Basics and Temporary







Nell-Framed Story And LEADS WITH VALUES

What's this about? How does this work? If it's not working, why not?

Why does this matter?

What can we do about it?



LEAD WITH VALUES

METAPHORS
EXAMPLES
EXPLANATIONS

PRINCIPLES EFFICACY SOLUTIONS



Nell-Framed Story And PUTS IT ALL TOGETHER AND

What's this about? How does this work?

If it's not working, why not?

Why does this matter?

Construction:

Well-being is built, by a team, over time.

Construction:

Shaky foundations, missing materials, life's storms can all negatively impact well-being. What can we do about it?

Human Potential:

Human services help everyone to reach our potential, so we can all contribute to our communities.

Life Cycle Examples:

Demonstrate how programs support well-being throughout life, show the scope of human services, and highlight prevention.

Construction:

Well-being is about planning and maintenance



Construction Metaphor: Regional /Sector-Wide Application



Building A Greater Community

Community well-being is the set of values, principles, policies and programs which enable everyone to reach their potential and fully contribute to a community.

The mission of the Human Services Collaborative is to build a greater Peoria area by recognizing the impact of—and leveraging support for—everyone's well-being.

Well-being is built just like a home

A home is not a collection of boards and nails and shingles. It contains all those pieces and more, but it doesn't become a great place to live until everything is correctly fastened together.

Similarly, a community provides well-being when everyone can access economic stability as well as educational, cultural and social opportunities; everyone has medical care; and everyone feels cared for and safe. Only then can individuals reach their full potential.

BEFORE:



AFTER:



How we Cue the Swamp: VALUES

- "Vulnerable"
- "Needy"
- "At-Risk"
- "Worthy"
- "Empower"
- "Charity"
- "Cycle of Poverty"
- Individual Stories
- Argue, Snark, Shame
- Repeating the Myth



How we Cue the Swamp: UNHELPFUL METAPHORS

- "Safety Net"
- "Pathways"
- "Roads"
- "Ladders"
- "Fabric"





Examples of New Frames Within The Reframing of Human Services

Word choice matters and influences how we see things, perceive value, and process ideas.



Human Services

SNAP, TANF, WIC, etc

Substance Use Disorder

Developmental Services

People Experiencing
Homelessness

Survivor

Older Adults*



Social Services, Social Safety Net Welfare

Substance Abuse

Disability Services

The Homeless

Victim

Senior Citizens, The Elderly



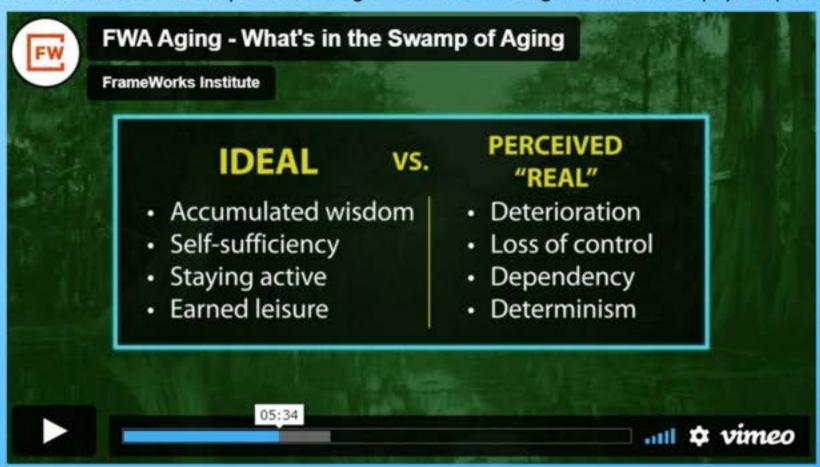
*The Reframing of Aging is a dynamic, new initiative.

In your work with older adults, what narratives and stereotypes do you hear about the clients you work with?

Do these
narratives or
stereotypes affect
your work? If so, in
what ways?

What's in the "Swamp" of Aging?

Public thinking isn't a blank slate - it's more like a swamp, with distracting and dangerous ideas that can eat your message. Learn to navigate this mucky, yucky terrain



Building on What We Have Learned:

SWAMPS of Public Understanding : HUMAN SERVICES & AGING

Individualism "Us" vs "Them" **Perceived Reality Bad Parents & Human Services** Dangerous are charity & Individuals are Neighborhoods kindness responsible **Human Services** are only the basics Government Lack of & temporary is inept & Willpower corrupt Thoughts in the swamp of public understanding of AGING? Digital



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Reframing Aging Basics

Countering Engrained Ideas About Aging

Reframe thinking about aging and older adults based on the core values of:



When older adults are marginalized and their potential and contributions are undervalued, we fail to promote justice for all.



INGENUITY

Replace outdated thinking with innovative ideas.

Americans are living longer and healthier lives, we must use our ingenuity to adjust our systems and enact policies to meet this new reality.

Use an explanatory metaphor to redirect thinking:



BUILDING MOMENTUM

Growth continues throughout our lives and older adults contribute to our communities.

The momentum we build as we get older, through experience and perspective, contributes to our collective vitality, and as a society, we should harness and value it.



CONFRONTING INJUSTICE

Ageism is a real problem - but an unknown one. This video walks through research on how to elevate issues of ageism in the most productive way.

Framed with Separate Fates

Feelings of loneliness and isolation can lead to serious consequences for senior health. The effects of social isolation are as real as hunger, thirst or pain. Understanding the causes and risk factors for senior isolation can help us prevent it. There are many factors that contribute to senior isolation. Many of today's seniors have lost a spouse, have a lack of transportation, or have retired. Regardless of what causes senior isolation, the consequences can be harmful. Social isolation and loneliness are associated with a higher risk of mortality in adults aged 52 and older.

Reframed with Justice

All Americans have a right to participate fully in our democracy, our economy, and our community life. But right now, our society starts to exclude us as we age. Americans are living longer, but our systems and structures haven't been adjusted so that older people can stay involved. Instead, our workplace policies, our transportation systems, and other features of everyday life have the effect of isolating and marginalizing older adults. To build a more just, more inclusive society, we need to take steps to prevent social isolation of any group, including older people.

Quick Start Guide

Framing is the process of making choices about what to emphasize and what to leave unsaid.

Here's a quick tour of themes to avoid and alternatives to advance.

Instead of these words and cues:

"Tidal wave," "tsunami," and similarly catastrophic terms for the growing population of older people

"Choice," "planning," "control," and other individual determinants of aging outcomes

"Seniors," "elderly," "aging dependents," and similar "other-ing" terms that stoke stereotypes

Try:

Talking affirmatively about changing demographics: "As Americans live longer and healthier lives . . . "

Emphasizing how to improve social contexts:

"Let's find creative solutions to ensure we can
all thrive as we age."

Using more neutral ("older people/Americans")
and inclusive ("we" and "us") terms

"Seniors," "elderly," "aging dependents," and similar "other-ing" terms that stoke stereotypes Using more neutral ("older people/Americans") and inclusive ("we" and "us") terms

"Struggle," "battle," "fight," and similar conflictoriented words to describe aging experiences The Building Momentum metaphor: "Aging is a dynamic process that leads to new abilities and knowledge we can share with our communities."

Using the word "ageism" without explanation

Defining ageism: "Ageism is discrimination against older people due to negative and inaccurate stereotypes."

Making generic appeals to the need to "do something" about aging Using concrete examples like intergenerational community centers to illustrate inventive solutions

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Check out www.reframingaging.org

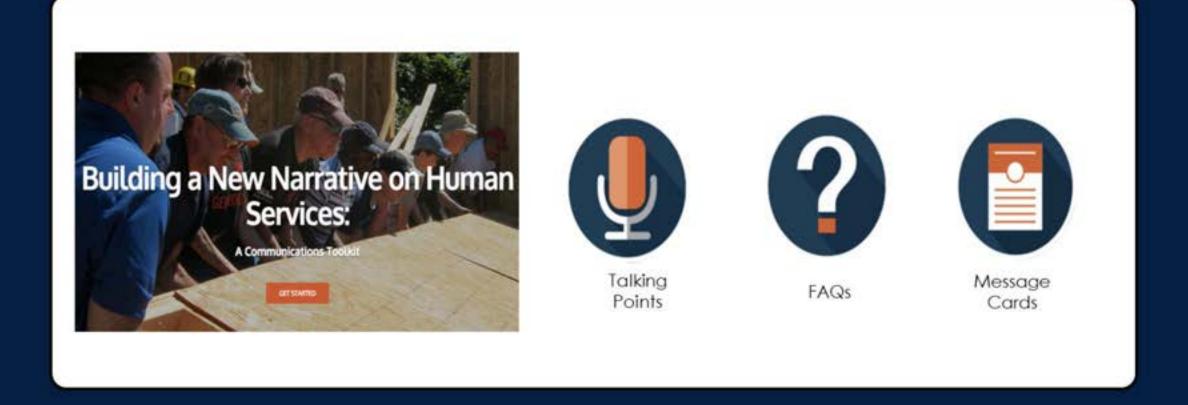




- Quick Start Guide
- Caravan Newsletter
- FrameWorks Academy Video Series
- Harvard Implicit Association Test https://implicit.harvard.edu/implicit/takeatest.html
- Talking Elder Abuse
- Finding the Frame White Paper



Resources Available



http://frameworksinstitute.org/toolkits/humanservices

National Human Services Assembly

















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The Conversation Continues at the ECIAAA Annual Retreat

• November 2, 2022

• 10:00am-2:00pm

Virtual via GoToMeeting

