

ECIAAA COVID-19 Interesting Readings

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Social Isolation Readings

- New York Times Article: “I’m Really Isolated Now”
<https://www.nytimes.com/2020/03/18/nyregion/coronavirus-elderly-nyc.html>
- AARP: How to Fight the Social Isolation of Coronavirus:
<https://www.aarp.org/health/conditions-treatments/info-2020/coronavirus-social-isolation-loneliness.html>
- New York Times: Take Steps to Counter the Loneliness of Social Distancing:
<https://www.nytimes.com/2020/03/23/well/family/coronavirus-loneliness-isolation-social-distancing-elderly.html>
- New York Time: Coronavirus and the Isolation Paradox:
<https://www.nytimes.com/2020/03/13/opinion/coronavirus-social-distancing.html>
- Psychology Today: How to Help Older Adults fight Loneliness During COVID-19 <https://www.psychologytoday.com/us/blog/hope-resilience/202004/how-help-older-adults-fight-loneliness-during-covid-19>
- Medscape: COVID-19: Mitigating Loneliness, Anxiety in Seniors:
<https://www.medscape.com/viewarticle/927519>
- Forbes: Five Tips To Decrease Social Isolation for Older People During COVID-19: <https://www.forbes.com/sites/naomicahn/2020/03/18/five-tips-to-decrease-social-isolation-for-older-people-during-covid-19/#59b7c2304095>

- AFSP: COVID-19: We Must Care for Older Adults' Mental Health:
<https://afsp.org/covid-19-we-must-care-for-older-adults-mental-health/>
- The Lancet: COVID-19 and the consequences of isolating the elderly (with links to other good articles):
[https://www.thelancet.com/journals/lanpub/article/PIIS2468-2667\(20\)30061-X/fulltext](https://www.thelancet.com/journals/lanpub/article/PIIS2468-2667(20)30061-X/fulltext)
- Vox: Coronavirus will also cause a loneliness epidemic:
<https://www.vox.com/2020/3/12/21173938/coronavirus-covid-19-social-distancing-elderly-epidemic-isolation-quarantine>
- The Conversation: Reaching out to isolated older adults is essential during coronavirus: <http://theconversation.com/reaching-out-to-isolated-older-adults-is-essential-during-coronavirus-here-are-7-specific-things-you-can-do-just-for-starters-134221>
- Just a chat: Calls offered for older adults staying home:
https://www.pantagraph.com/news/national/just-a-chat-calls-offered-for-older-adults-staying-home/article_b30b8ae6-c022-53ec-af8a-7a39ac60f43a.html

Area Agencies on Aging

- Linking Health And Social Services Through Area Agencies On Aging Is Associated With Lower Health Care Use And Spending:
<https://www.healthaffairs.org/doi/abs/10.1377/hlthaff.2019.01515>
- To Support Older Adults Amidst The COVID-19 Pandemic, Look to Area Agencies On Aging:
<https://www.healthaffairs.org/doi/10.1377/hblog20200408.928642/full/>
- N4A Examples from the Field:
<https://www.n4a.org/covid19fieldexamples>
- WGLT: Want To Be A Hero? Volunteer For Agency Serving Older Adults (interview with Susan Real, Executive Director)
<https://www.wglt.org/post/want-be-hero-volunteer-agency-serving-older->

[adults?fbclid=IwAR3F25cBzuh0wjV8XCv9j18qoCQRfiuc1GntoGqiTClzM6NOSMVgi0A5pk#stream/0](https://www.facebook.com/1wAR3F25cBzuh0wjV8XCv9j18qoCQRfiuc1GntoGqiTClzM6NOSMVgi0A5pk#stream/0)

Health

- Seniors with Covid-19 show unusual symptoms, doctors say:
<https://khn.org/news/seniors-with-covid-19-show-unusual-symptoms-doctors-say/>
- Coronavirus brought doctor visits by phone to Illinois. Is telemedicine here to stay?
https://www.pantagraph.com/news/state-and-regional/coronavirus-brought-doctor-visits-by-phone-to-illinois-is-telemedicine-here-to-stay/article_2e68a724-5325-5180-b70f-8beead55c507.html?utm_source=Pantagraph&utm_medium=referral&utm_campaign=News%20Alerts
- From Loss Of Smell To 'COVID Toes': What Experts Are Learning About Symptoms
<https://www.npr.org/sections/goatsandsoda/2020/05/06/850707907/from-loss-of-smell-to-covid-toes-what-experts-are-learning-about-symptoms>
- ICUs Become A 'Delirium Factory' For COVID Patients:
<https://khn.org/news/icus-become-a-delirium-factory-for-covid-patients/>
- Rapid Changes To Health System Spurred By COVID Might Be Here To Stay: <https://khn.org/news/rapid-changes-to-health-system-spurred-by-covid-might-be-here-to-stay/>
- When Will a Second Wave of Coronavirus Hit the U.S.? Here's What You Can Do to Prepare:
<https://www.prevention.com/health/a32368635/coronavirus-second-wave/>
- Asymptomatic Carriers Are Fueling the COVID-19 Pandemic. Here's Why You Don't Have to Feel Sick to Spread the Disease
<https://www.discovermagazine.com/health/asymptomatic-carriers-are-fueling-the-covid-19-pandemic-heres-why-you-dont>

- You could be spreading the coronavirus without realising you've got it
<https://www.newscientist.com/article/2238473-you-could-be-spreading-the-coronavirus-without-realising-youve-got-it/>
- A Very Millennial Checklist for Surviving a Self-Quarantine
<https://greatist.com/health/coronavirus-symptoms-prevention-checklist-measures>

Social Justice

- The pandemic has amplified ageism. 'It's open season for discrimination' against older adults
<https://www.latimes.com/california/story/2020-05-01/coronavirus-pandemic-has-amplified-ageism>
- Join Us in Lifting up Voices for World Elder Abuse Awareness Day: June 15: <https://www.johnhartford.org/dissemination-center/view/join-us-in-lifting-up-voices-for-world-elder-abuse-awareness-day-june-15-1>

Caregiving & Supporting Seniors

- Pandemic Adds to Challenge of Caring for Loved One With Dementia:
https://consumer.healthday.com/infectious-disease-information-21/coronavirus-1008/pandemic-adds-to-challenge-of-caring-for-loved-one-with-dementia-756344.html?fbclid=IwAR3SGVRz1wnGEg5clZs8W8QQ1J2VSIposJ5rVo-ejZgg_FpBQP9QaS9j6pA
- Coronavirus pandemic: How to help senior citizens:
<https://www.nbcnews.com/better/lifestyle/coronavirus-pandemic-how-help-senior-citizens-ncna1190591>
- Seniors are the most vulnerable to coronavirus. You can help protect them.
<https://www.washingtonpost.com/health/2020/03/11/coronavirus-seniors-help/>
- Our Elderly and COVID-19: What to Know, What to Do and How to Help At-Risk Seniors During the Coronavirus Outbreak:
<https://www.marinmagazine.com/our-elderly-and-covid-19-what-to->

[know-what-to-do-and-how-to-help-at-risk-seniors-during-the-coronavirus-outbreak/](#)

Senior Housing

- COVID-19 Crisis Threatens Beleaguered Assisted Living Industry:
<https://khn.org/news/covid-19-crisis-threatens-beleaguered-assisted-living-industry/>
- ‘They’re Death Pits’: Virus Claims at Least 7,000 Lives in U.S. Nursing Homes
<https://www.nytimes.com/2020/04/17/us/coronavirus-nursing-homes.html>
- Amid the COVID-19 Pandemic, Meaningful Communication between Family Caregivers and Residents of Long-Term Care Facilities is Imperative:
<https://www.tandfonline.com/doi/full/10.1080/08959420.2020.1765684>
- Under The Radar: Affordable Senior Housing Communities Need Support To Fight COVID-19:
<https://www.healthaffairs.org/doi/10.1377/hblog20200515.635326/full/>
Additional Readings from Health Affairs:
<https://www.healthaffairs.org/covid-19-coronavirus-disease>

Technology

- Fintech for All: Closing the Generation Gap in a COVID-19 World:
<https://medium.com/@finhealthnet/fintech-for-all-closing-the-generation-gap-in-a-covid-19-world-d4d829e923ea>
The Report: <https://finhealthnetwork.org/research/fintech-over-50-designing-for-low-to-moderate-income-older-adults/>
- AgeGuide: The Ins and Outs of Telehealth
<https://www.ageguide.org/the-ins-and-outs-of-telehealth/>

COVID-19 Research

- Duke University: <https://guides.mclibrary.duke.edu/covid19>

- COVID-19 Insights Initiative:
<https://www.norc.org/About/Departments/Pages/COVID19.aspx>
- Here's How COVID-19 Compares to Past Outbreaks
<https://www.healthline.com/health-news/how-deadly-is-the-coronavirus-compared-to-past-outbreaks>
- Intercollegiate Biomathematics Alliance COVID-19 Research Archives:
<https://lettersinbiomath.journals.publicknowledgeproject.org/index.php/lib/issue/view/23>

Podcasts

- Intersectionality Matters with Kimberle Crenshaw: Age Against the Machine: The Fatal Intersection of Racism & Ageism In the Time of Coronavirus
<https://soundcloud.com/intersectionality-matters/10-age-against-the-machine-the-fatal-intersection-of-racism-ageism-in-the-time-of-coronavirus>

Webinars

- Webinar: Social Isolation and Loneliness Among Older Americans during COVID-19:
<https://www.ncoa.org/resources/webinar-social-isolation-and-loneliness-among-older-americans-during-covid-19-evidence-policy-and-advocacy/>
- Virtual Learning Hour Special Series: Centering Equity in the Response to COVID-19:
<http://www.ihl.org/resources/Pages/AudioandVideo/Centering-Equity-in-the-Response-to-COVID-19.aspx>
- Virtual Learning Hour Special Series: COVID-19: The Other Side of the Curve:
<http://www.ihl.org/resources/Pages/AudioandVideo/COVID-19-the-Other-Side-of-the-Curve.aspx>

- University of Illinois Extension Webinar Series: Developing Broadband Leadership Part 2: <https://www.youtube.com/watch?v=-66hsOd33ek&feature=youtu.be>