

Illinois Aging Services Announces



Program Encouraging Active and Rewarding Lives for Seniors

An Evidence-Based Intervention for Depression in Older Adults

<http://depts.washington.edu/hprc/depression>

You Are invited to participate in

A free training for Aging Service Providers and Mental Health Providers Seeking an effective program treating depression in their clients.

This 2 Day training with CEs available will be held

June 29-30, 2016

in

Springfield, IL

For More Information, Contact:

Sheila M. Greuel, MA, Master Trainer

217 725-6081



CATCH-ON is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U1QHP28715. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

Background Information:

Rush University is partnering with IAS to assist with delivering the education portion of the GWEP-I (Geriatric Workforce Enhancement Program-Illinois) Catch-On grant. A portion of this program involves providing three PEARLS trainings in Illinois during FY 2016-2018. ECIAAA (East Central Illinois Area Agency on Aging) has partnered with Covenant Transitions, a Geriatric Consulting Organization to provide the trainings necessary to fulfill IAS Contractual obligations with Rush University. Covenant Transitions' Director, Sheila Greuel, MA is a PEARLS Counselor, skilled trainer and presenter in evidence based programs such as PEARLS, Healthy IDEAS, Savvy Caregiver and more.

Ms. Greuel will co-present the PEARLS trainings with Charlotte Kauffman, MA, LCPC in Springfield, June 29-30, 2016, Peoria November 17-18, 2016 and in Mount Vernon dates TBA in April 2018.

PEARLS is:

- Evidence based intervention for older adults.
- Can be provided by any trained PEARLS counselor with a Bachelor's in a Human Services related field.
- Uses Problem Solving Technique, Pleasant, Physical and Social events scheduling to improve the client's overall mood and functionality.
- The initial screening process is completed during a brief phone conversation and in person screening which may or may not be part of the first PEARLS session.
- Eight sessions conducted over a 19-week span.
- Follow-up telephone calls are made once a month for 3-4 months to ensure the client is maintaining recovery.



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Other things to know:

- The program depending on the qualifications of the PEARLS counselor may be billed to Insurance, Medicare, or Medicaid if the agency is an authorized provider.
- A Conference Call will be held on May 20, 2016 at 10 AM for more information on the Springfield training. The call will be designed for the Agency Leadership, data management and potential PEARLS counselors to help you know if PEARLS is a good fit for your agency.
- A \$500 stipend will be given to the first 10 agencies that are interested in implementing the program to register for the training to be held in Springfield.

Please do not hesitate to call Sheila Greuel, MA for questions or concerns regarding this unique and affordable opportunity for your agency.

*******Note: In order to participate in the information conference call on Friday May 20th for the Springfield training, you must notify Sheila Greuel by **Friday May 6th 5 PM** with your email if you are interested in participating in the call.**

This is necessary to make the arrangements for the call. You will receive an email from the East Central Illinois Area Agency on Aging providing you with the necessary call in and pass code numbers. Note this will be a toll call for your agency.

Please call or email Sheila Greuel with questions at 217 725-6081 or smgreuel@covenanttransitions.com



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PEARLS Training

June 29-30, 2016

Area Agency on Aging of Lincoln Land

Montvale Drive Springfield, IL

Registration

NAME _____

Agency _____

Address _____ City _____

Zip _____ Email _____

Continuing Education Units Are Available for Most Professionals

The cost of CEUS is \$15 per person due at time of Registration.

Please indicate: **Do you need CEUS? Y N**

Registrations for the training are due no later than

Friday June 3, 2016.

Space is limited to 20 individuals.

A \$500 stipend if available to the first 10 agencies that register for this training.

Return registration forms & CEU payments to:

Sheila Greuel, MA 2921 Walnut Ave Mattoon, IL 61938



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