

# MEALS ON WHEELS AMERICA

*Formerly the Meals On Wheels Association of America*

Meals on Wheels America is the oldest and largest national organization supporting the more than 5,000 community-based senior nutrition programs across the country that are dedicated to addressing senior hunger and isolation. This network exists in virtually every community in America and, along with more than two million volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity. By providing funding, leadership, education and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time.

## OUR VISION

An America in which all seniors live nourished lives with independence and dignity.



## OUR MISSION

To empower local community programs to improve the health and quality of life of the seniors they serve so that no one is left hungry or isolated.

